



CURRICULUM VITAE : Dr. Nyawira Gitahi-Kamau

PERSONAL DETAILS

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Nationality: Kenyan

Profession: Medical Doctor -Public health specialist

CAREER OBJECTIVE AND PROFILE

To contribute to achievements towards optimum paediatric HIV prevention and treatment through use of clinical practices, evidence based interventions, research and behaviour change. All with the primary aim of achieving elimination of mother to child transmission and markedly reducing morbidity and mortality attributed HIV.

A hardworking individual who is able to work independently and as part of a multidisciplinary team ; including those with complex dimensions achieve any desired organizational goal .

EDUCATION - PROFESSIONAL

2010 Jan-current Moi university- Masters in public health- Specialization in epidemiology and health policy Successfully completed all course work. Awaiting defense of thesis

2001 – 2006 University of Nairobi -Bachelor of Medicine and Surgery

TRAININGS: - OTHER

2012 June – Training on new guidelines in Adult and Paediatric Tuberculosis and National Guidelines- University of Nairobi

Training on treatment guideline changes, current epidemiology, advances in IPT in Tuberculosis as well as International standards Tuberculosis management in adults and children.

2012 May- Continuous quality improvement course- University of Maryland

Intensive training on systems improvement with emphasis in programmatic and clinical set ups to ensure best health practices, customer satisfaction and attainment of National guideline indicators and goals.

2011- HIV, Tuberculosis and Sexually Transmitted Disease Management-University of Washington: Intensive training on up to date management of HIV and STI management with reference to CDC guidelines and WHO guidelines on best clinical practices.

Sept2009 Good clinical Practice certification – CITI Group –affiliation with University of Washington

Sep 2009 Human research subjects certification – CITI Group –affiliation with University of Washington

Sept 2008 HIV Management Certificate

Training in voluntary counseling and testing, antiretroviral therapy, treatment of opportunistic disease, Prevention of mother to child transmission.

Sept 2006 – May 2007

Basic Life support course
Advanced Trauma Life Support

Other courses done by E-learning

Monitoring and Evaluation and Health systems

Antimicrobial resistance management

EXPERIENCE

Nov 2011-July 2012: Partnership for Advanced Care and treatment –Centres of Excellence (PACT-CoE)

(University of Nairobi /University of Maryland partnership)-A PEPFAR initiative funded by CDC:

Designation: PROJECT DOCTOR / TECHNICAL ADVISOR AND QUALITY IMPROVEMENT SPECIALIST.

Responsibilities:

- Overall responsibility of coordinating the various teams in the programme ; HIV testing counseling teams, laboratory and health systems strengthening , PMTCT, HIV Care and treatment and monitoring and evaluation teams to achieve the programmes objectives of creating centres of excellence in HIV management at both Kenyatta and Pumwani referral hospitals.

Specific Responsibilities.

- Involved in PMTCT and HIV exposed infants follow up at Kenyatta National hospital ante-natal clinic Kenyatta National hospital ante-natal clinic.
- Part of implementation team of option B plus as PMTCT strategy
- Involved in PMTCT and HIV exposed infants follow up at Pumwani Maternity hospital.
- Involved in paediatric HIV management to clinical staff in Kenyatta National Hospital Comprehensive care center Key role in ensuring optimum linkage of care from HIV testing and counseling and accessibility of care and treatment using hospital and community based strategies
- Mentorship of clinical and data staff on monitoring of HIV care indicators(Both Nascop and PEPFAR)
- Coordinating of the preparation evaluation of quarterly ,semi-annual and annual reports to donors
- Mentorship of clinical staff and data team on harmonization of programme data with continuous improvement activities.
- Coordinating of ministry of health and programme activities
- Provision of specialist palliative care and ART at KNH Comprehensive care centre
- Lead in technical working group overseeing strengthening of strategic information at KNH and Pumwani sites
- Lead in team overseeing implementation of electronic medical records and data abstraction at Kenyatta National Hospital and Pumwani maternity hospital.
- Involved in drafting of grant /forward proposals for ongoing and proposed programmes.
- Proposal writing for Implementation science grants
- Presentation of abstracts and posters of ongoing activities and research.
- Presentation of implementation achievements made on evidence based interventions at the centers of excellence at conferences and symposiums

April 2009- Oct 2011:

International Center For Research Pre-exposure Prophylaxis study funded by Bill and Melinda Gates Foundation

Designation: Nairobi clinical trial site project manager

Working under supervision of Study coordinator

Responsibilities include:

- Directly involved in follow up of paediatric participants of study (infant born to individuals on Pre-exposure prophylaxis).
- Represent the programme in relevant stakeholder forums dealing with policy formulation and establishing partnerships with relevant stakeholders in the community and discordant couples programs in the target areas.
- Co-ordination with Ministry of Health and NASCOP on provision of health education delivery system and awareness campaigns on discordant couples and importance of counseling and testing
- Promotion of use of reproductive health services including contraception and antenatal care in community programmes and in discordant couples.
- Monitoring of research methodology and adjustments made where targets not reached to ensure efficiency and accuracy of data.
- Proposal writing for research priorities
- Management of adverse events and reporting to Ethics committee in KNH and Institutional regulatory committee.
- Co-ordinating special cervical cancer programmes and health education setups with Kenyatta national Hospital and university of Nairobi Obstetrics and Gynaecology department.
- Budgeting and costing for clinical trial requirements
- Co-ordination and communication with the ethics committees and other regulatory bodies such as pharmacy and poison board on issues concerned with protocol and required regulatory measures.
- Training of staff on new practice and guidelines in research protocol and management of HIV and
- Partnering with community based organisation and non-governmental organisations to enable successful recruitment into an interventional clinical trial.
- Co-ordination of Nairobi site operations with the international co-coordinating centre based in Washington through regular report writing conference calls and communication with regulatory bodies.
- Critical analyzing of data and reporting to co-ordination centre.
- In charge of quality control and monitoring and evaluation of clinical trial goals and achievements.
- Creation of community awareness campaigns targeting Antenatal clinics on prevention of mother to child transmission.

March 2008 to April 2009

Aga Khan Hospital Outreach department: Senior House Officer

Responsibilities included:

- Undertaking all clinical and non - clinical procedures in the outpatient clinic

- Responsible for the care and management of all patients attending the clinic by initiating diagnostic and therapeutic plans on all patients
- Provided pre and post HIV testing counseling and putting in place a follow-up procedure for management of opportunistic diseases.
- Attending and taking part in all the facility conferences and didactic sessions.
- Following the clinical centre guidelines, referring patients to specialists as required.
- Liaised with other medical colleagues regarding patient care.
- Worked as a team leader by supervising four medical officers on duty. As well as team of nursing, laboratory and pharmacy staff.
- Organising CME's especially on prevention of mother to child transmission and treatment of opportunistic diseases.

2007 to March 2008

Pumwani Maternity Hospital : Medical Officer

Responsibilities included:

- Involved in the new born unit in management of paediatric emergencies
- Management of exposed newborns by overseeing ARV recommended guideline regimen is followed
- Primarily involved in the primary care of obstetric patients from the Ante-Natal clinic
- Performed elective caesarean sections and was the primary physician during the immediate post-natal period
- Also involved in maternal health follow up in the antenatal clinics which involved prevention of mother to child transmission of HIV/AIDS

Jan – March 2008

TREAC AFRICA

Contributing in the design, development, implementation and evaluation of a community awareness campaigns including capacity building programmes targeting staff, volunteers and communities with capacity to provide community-based disease prevention and control programmes during the post election violence period.

Volunteer Medical Officer :- Tumaini children's home under health professionals St.Andrew's presbyterian church.

PROFESSIONAL MEMBERSHIP

- Registered under the Kenya Medical practitioners and Dentist Board. License No: - 006090
- Member of Kenya Medical Women Association
- Kenya medical association.

SKILLS AND ABILITIES

- Proficient in Microsoft Word, Power Point, Excel and access
- Excellent oral and written communication skills.
- Experienced in working under pressure in a team or independently.
- Basic proficiency with spss, excel and database management.
- Ability to work with a team achieve organisation goals while at the same time achieve high motivation in workers

RESEARCH

Determinants of HIV disease progression in discordant couples- awaiting publication (1st author)

Routine versus targeted viral load a justified cause- Ongoing (Third author)

Disclosure and adolescents – a determinant of clinical outcomes?- (1st author)

Evaluation of the implementation of electronic medical records as a quality improvement tool- Ongoing (1st author)

REFEREES :

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