

CURRICULUM VITAE

PETER MUNGAI NGUGI

MB.CHB., M.MED.(Surg.), Cert. Urol (RCS), FCS (ECSA)

Associate Professor Department of surgery university of Nairobi

And

Uonsultant surgeon and Urologist Kenyatta National Hospital

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Peter Mungai Ngugi

PERSONAL DETAILS

NAME: Peter Mungai Ngugi

AGE: 51 years

DATE OF BIRTH: 30th January 1960

MARITAL STATUS: Married with four children

NATIONALITY: Kenyan

LANGUAGES: ENGLISH, KISWAHILI,
CURRENT ACADEMIC POSITION: ASSOCIATE PROFESSOR
DEPARTMENT OF SURGERY UNIVERSITY OF NAIROBI AND
CONSULTANT SURGEON AND UROLOGIST KENYATTA NATIONAL
HOSPITAL ACADEMIC DEPARTMENT OF SURGERY, COLLEGE OF
HEALTH SCIENCES UNIVERSITY OF NAIROBI

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Peter Mungai Ngugi

ACADEMIC QUALIFICATIONS

FOUNDER FELLOW, COLLEGE
OF SURGEONS OF EAST & 2003
CENTRAL AFRICA

CERTIFICATE IN UROLOGY
ROYAL COLLEGE OF
SURGEONS OF ENGLAND: Obtained in July 1996

MASTER OF MEDICINE
IN SURGERY: University of Nairobi 1991

BACHELOR OF MEDICINE
& BACHELOR OF SURGERY: University of Nairobi 1985

EAST AFRICAN ADVANCED
CERTIFICATE OF
EDUCATION: Njiri's High School 1978
Three principles & one
subsidiary pass

EAST AFRICAN
CERTIFICATE OF
EDUCATION: Parklands Secondary School 1976.
Division 1

CERTIFICATE OF
PRIMARY EDUCATION: Siron Primary School 1972

PROFESSIONAL REGISTRATION

REGISTRATION MEDICAL PRACTITIONERS & DENTISTS BOARD AS A
MEDICAL PRACTITIONER-----15TH JUNE 1987

REGISTRATION MEDICAL PRACTITIONERS & DENTISTS BOARD AS
AS GENERAL SURGEON-----4th November 1994

REGISTRATION MEDICAL PRACTITIONERS & DENTISTS BOARD AS
UROLOGIST-----11th April 2008

Peter Mungai Ngugi

ACADEMIC AND PROFESSIONAL SURGICAL CAREER
WORKING EXPERIENCE IN KENYA

HOUSE OFFICER: This was done at the provincial general hospital Nakuru. It involved 3 months rotations in general surgery, pediatrics Medicine and Obstetrics and Gynaecology.

MEDICAL OFFICER: I was medical officer in the department of surgery at the Rift valley Provincial general hospital from August 1986 to July 1988.

MEDICAL OFFICER provincial general hospital
Nakuru. August 1986
september1988

SENIOR MEDICAL OFFICER IN SURGERY: I was a senior medical officer in surgery at Kenyatta National Hospital between 1988 and 1991 my training period in surgery. This was done as follows:

CASUALTY DEPARTMENT: October 1988 to July 1989

DEPARTMENT OF ENT: August 1988 to July 1989.

DEPARTMENT OF GENERAL SURGERY: October 1989 to March 1990.

DEPARTMENT OF ORTHOPAEDIC SURGERY: April 1990 to December 1990.

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DEPARTMENT OF
PAEDIATRIC SURGERY: October 1990 to Dec 1990

DEPARTMENT OF
CARDIOTHORACIC
SURGERY: Jan 1991 to March 1991.

DEPARTMENT OF
NEUROSURGERY: April 1991 to July 1991.

SENIOR REGISTRAR IN
GENERAL SURGERY &
UROLOGY AT KENYATTA
NATIONAL HOSPITAL &
LECTURER IN THE
DEPARTMENT OF GENERAL
SURGERY UNIVERSITY OF
NAIROBI: Kenyatta National Hospital
October 1991 to January 1994.

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WORKING EXPERIENCE IN THE UNITED KINGDOM.

SENIOR HOUSEOFFICER IN UROLOGY: Brighton general, The Royal Sussex County & The Royal Alexandra Hospital from Jan 1995 to Oct 1995.

REGISTRAR IN UROLOGY:

Brighton general, The Royal Sussex county & The Royal Alexandra Hospitals from Oct 1995 to June 1996.

During the training posts in Brighton I was a Higher surgical urology trainee on the South East Thames rotation attached to the university college of London Middlesex hospital. In the Brighton hospitals I worked under Mr. N. W. Harrison FRCS, Chairman BAUS UROLINK, and lecturer University college of London, Mr. M. S Fletcher FRCS consultant urologist and lecturer King's college, Mr. P. J. Thomas FRCS (UROL) a consultant urologist and I also worked under Mike Bewick a kidney transplant surgeon. I also had the opportunity to work with Richard Turner-Warrick a reknown reconstruction urologist.

Urology training involved doing 100 trans-urethral resections of the prostate under supervision before being allowed to work alone. It also involved training in urodynamics. Training in urethroplasty involved training in patch grafts anastomotic urethroplasty and replacement urethroplasty.

Peter Mungai Ngugi

WORKING BACK IN KENYA

CLINICAL RESPONSIBILITIES AT THE KENYATTA NATIONAL
HOSPITAL

(a)WORKING AS A CONSULTANT KENYATTA NATIONAL HOSITAL:

Worked as a lecturer in the department of surgery in the University of Nairobi and a consultant surgeon in Kenyatta National Hospital where I have been running a urology list every Monday and a urology clinic every Wednesday. I have been the team leader in the kidney transplant program from 1996 to date and we have conducted more than 100 kidney transplants. In the last eight months the program is able to perform a transplant every two weeks. The program organized a one week international workshop on kidney transplantation where the donor nephrectomies were done laparoscopically.

SENIOR LECTURER

In August 1997 I was promoted to a senior lecturer in the Department of surgery, a post I hold to date.

ASSOCIATE PROFESSOR department of surgery

In 2011 I Was promoted to associate Professor department of surgery

Peter Mungai Ngugi

PROPOSED INSTITUTE OF UROLOGY AND NEPHROLOGY OF THE UNIVERSITY OF NAIROBI

At my initiative the university of Nairobi and Kenyatta National hospital have now been selected by the Panafrican Urological Association the American urological association, the European board of urology and the societe internationale d'urologie to host the regional training center for urology and nephrology.

This will be the Nairobi university institute of urology and nephrology that we seek to develop. The institute will be housed at the college of health sciences and will be a center of excellence in the region.

The curricula for this institute will initially include a fellowship in urology, a fellowship in nephrology and a masters of nursing in urology and nephrology

The documents for the proposed institute and the curricula are now to be discussed at the college academic board of the college of health sciences.

Peter Mungai Ngugi

2.TEACHING EXPERIENCE

I have in charge of the lecture schedule for the 3rd and fifth year medical students from 2001 date.

I was in charge of the 5th year end of term examinations from 2000 to 2007.

I was in charge of the post-graduate lecture schedule from 2001 to date

I have been in charge of the postgraduate clinical rotations for the last 10 years

I have been giving undergraduate lectures and tutorials for the last 20 years. I have been conducting teaching ward rounds and teaching while operating in theatres

Peter Mungai Ngugi

ADMINISTRATIVE CAREER AT THE UNIVERSITY OF NAIROBI

1. CHAIRMAN DIVISION OF SURGERY KENYATTA NATIONAL HOSPITAL

I have been chairman division of surgery Kenyatta national hospital from 2004 coordinating and harmonizing the departments of surgery in KNH and university of Nairobi. In that capacity I have been in charge of the postgraduate rotations for surgery and neurosurgical students. In the same breadth I have been in charring disciplinary comitees involving members of staff from both university and Kenyatta National hospital staff.

3. HEAD OF UNIT WARD 5B

I was appointed head of unit ward 5b KNH in October 2009. This entails overseeing the functioning of the unit with six other consultants and organizing the teaching and clinical activities of the unit

4. I have acted as chairman of the department of surgery on a number occasions when the substantive chair was on leave.

Peter Mungai Ngugi

CONTINUING EDUCATION

MD in surgery

Currently finishing a proposal for an MD in medicine of the University of Nairobi on the role of PSA in the diagnosis of prostate cancer

Peter Mungai NGUGI
Dissertations supervised

1.Dr. Charles Mwangi Kingori		1999	Surgical complications of renal transplantation at Kenyatta National Hospital. A six-year retrospective study. 1992 - 1998 (P692/05/98)
2.Dr. Kassim Abdalla	H58/7741/96	1999	Use of clean intermittent catheterization in the management of urethral injuries
3.Dr. Samuel Njoroge K. Waweru	H58/7753/96	2000	Pelvi-ureteric junction obstruction
4.Dr. David Mbiuki Kilonzo	H58/7751/96	2000	A retrospective study of TURP at the Kenyatta National Hospital (June 1996 - June 2000) (P826/10/99)
5.Dr. Alexander Kenneth Mulamula	H58/7708/95	2001	Surgical complications in male circumcision(P841/11/99)
6.Dr. Githiaka Charles Waihenya	H58/7716/97	2001	Transitional cell carcinoma of the urinary bladder as seen at the Kenyatta National Hospital (1990 -1999)
7.Dr. Muhammed Salim	H58/7772/98	2002	Prevalence of urinary incontinence in adults at Kenyatta National Hospital: A one year study. (P942/11/2000)
8.David Kimutai Koech	H58/7768/98	2002	Gallstones as seen in Kenyatta National Hospital 1989 - 1999 (P895/07/2000)

9.Dr. James Adung'o R. Ikol	H58/7742/98	2002	Terrorist bomb blast in Nairobi – August 1998. An analysis of soft tissue and other injuries sustained and their management (P929/10/2000)
10.Dr. Gibson G. Musila	H58/7370/99	2003	A five year retrospective study on pattern of intestinal obstruction in adults as seen at the Kenyatta National Hospital: (January 1996 – December 2001). (P31/4/2002)
11.Dr. Ajak Bullen Alier	H58/7770/98	2004	Genitourinary tuberculosis incidence in KNH during this HIV era
12.Dr. N.K. Keiza	H58/7290/00	2006	Evaluation of the frequentlyperformed urological procedures and how they are coded at Kenyatta National Hospital from 15th July 2004 to 15th January 2005(P34/3/2004)
13.Dr. Morris N. Wakwabubi	H58/7369/01	2006	Undetected carcinoma of the prostate at the KNH
14.Dr. Kalande Mukolwe	H58/7363/01	2006	Comparison of retro-pubic and trans-vesicle prostatectomy
15.Dr. Peter W. Saula	H58/7421/02	2006	Open prostatectomy and blood transfusion at Kenyatta National Hospital. (P16/2/2004)

16.Dr.Raymond Otieno Simba	H58/7298/00	2006	A prospective study on the cystoscopic findings in the initial evaluation of gross haematuria at Kenyatta National Hospital (KNH(P45/03/2005))
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ONGOING DISSERTATIONS

EFFECTIVENESS OF DIETHYLSTILBOESTROL VERSUS
ORCHIDECTOMY IN THE MANAGEMENT OF METASTATIC CANCER
OF THE PROSTATE- A RANDOMIZED TRIAL

Dr. Vincent Ngira Omeddo

Peter Mungai NGUGI

SCIENTIFIC PUBLICATIONS

1. Urolithiasis in Nairobi, Kenya
Pm Ngugi , Magoha GA and Dan Kiptoon
EMJ accepted for publication Jan 2011
2. Cancer of the penis: Case report
Dan Kiptoon & Pm Ngugi
East Africa Medical Journal April 2009, vol 86 pages 196-2000
3. Urethral Stricture disease
Ngugi PM.
East Africa Medical Journal 2009 Jan;86(1):1-
4. Clean Intermittent catheterization in the management of urethral strictures.
Ngugi PM. Kassim A.
East Africa Med. Journal 2009 Nov;84(9):522-4.
PMID: 18303744 [PubMed – in process]
5. An update on the treatment of Advanced prostate cancer.
Ngugi PM.
East Africa Med. Journal 2007 Sep;84(9 Suppl):S36-9. Review.
PMID: 18154201 [PubMed – indexed for MEDLINE]
6. The management of early prostate cancer: a review.
Ngugi PM, Magoha GA.
East Africa Med. Journal 2007 Sep;84(9 Suppl):S24-30. Review.
7. Open simple prostatectomy and blood transfusion in Nairobi.
Ngugi PM. Saula PW.
East Africa Med. Journal 2007 Sep;84(9 Suppl):S12-23

8. Histology of specimens taken by prostatectomy and needle biopsy.
Ngugi PM. Byakika B.
East Africa Med. Journal 2007 Aug;84(8):363-6.

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9. Management of transitional cell carcinoma of the urinary bladder at Kenyatta National Hospital, Nairobi.
Waihenya CG. Mungai PN.
East African Med. Journal 2006 dec;83(12):679-83
10. Pattern of transitional cell carcinoma of the urinary bladder as seen at Kenyatta National Hospital, Nairobi.
Waihenya CG. Mungai PN.
East Africa Medical Journal 2004 Mar;81(3):114-9.
11. Audit of radical radiotherapy of early carcinoma of the prostate
NGUGI PM, HARRISON NW, FLETCHER MS, THOMAS PJT,
and Mostafid H.
A paper presented at the South East Thames regional urological audit meeting Sept 23rd 1996.
12. Ethical issues in the developing world
NW HARRISON, JL ESHELMAN & P M NGUGI
BRITISH JOURNAL OF UROLOGY vol. 76 suppl2-Nov 1995
13. Problems of indwelling Foley catheters.
K. NDIRANGU & P M NGUGI
East Afr Med J. 1994 Feb;71(2):132-4.

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CONFERENCES & WORKSHOPS ATTENDED

1. Annual conference meeting of the association of surgeons of East Africa December 1992. Diani Beach Hotel Mombasa Kenya.
2. Urology on my return home. A symposium on non-UK urological trainees. The institute of urology, university college of London The Middlesex Hospital London – 4th May 1995.
3. Prostate cancer: A day meeting of the Royal Society of Medicine. 25/5/95 Rhyl Wales.
4. Update on the treatment of prostate cancer. A Royal Society of Medicine (urology chapter) meeting London. 3rd-4th June 1995.
5. British Association Of Urological Surgeons Annual meeting Brighton 20th -22nd June 1995.
6. Pan-African Association of Urological Surgeons 2nd Biannual conference. Grand Regency Hotel Nairobi Kenya – 4th – 6th September 1995.
7. Reconstructive urology course -16th-17th May 1996, Institute of Urology, Middlesex Hospital University of London.

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8. Annual conference of the British Association of Urological Surgeons meeting Edingborough – 24th -27th June 1996.
9. 1st Meeting of the African Association on Impotence Research Nairobi 1997
10. 3rd Pan-African Urological Association meeting at Kruger Park South Africa. August 1997
11. Urology workshop at the Kilimanjaro Christian Medical training centre, Moshi Tanzania 15th – 18th November 1997.
12. The Annual Conference of the British Association of Urological Surgeons in Harrogate, UK 25th -29th June 1998
13. Regional meeting on impotence research CAIRO EGYPT
14. 2nd Urology workshop at KCMC November 1999 Moshi Tanzania
15. Association of Surgeons of East Africa -Nairobi
16. The Annual Conference of the British Association of Urological Surgeons Birmingham United Kingdom. June 2000.
17. 25th Congress of the Societe International D'Urologie (SIU) Singapore, October 29th -2nd November 2000.
18. The British Association of Urological Surgeons Annual Conference – June 2001

19. The British Association of Urological Surgeons Annual Conference - June 2002
20. The British Association of Urological Surgeons Annual Conference - June 2003.
21. The British Association of Urological Surgeons Annual Conference - June 2004
22. 27th Congress of SIU 2004 - Hawaii November 2004
23. 5th biannual congress of African society of sexual & impotence research (ASSIR) chairman
24. The British Association of urological surgeons Annual Conference 2006 June
25. The British Association of urological surgeons Annual Conference 2007
26. Congress of the societe internationale d'urologie (SIU) cape town South Africa 2007
27. 26th The American urological association Annual general meeting Orlando Florida USA April 2008
28. The first Kenya association of urological surgeons Nairobi 28th February 2009
29. Surgical society of Kenya annual scientific conference Nakuru 26th-28th march 2009
30. The American Association of urological surgeons meeting Chicago USA 24th-30th April 2009
31. KAUS uretero-rensoscopy and laser lithotripsy workshop 29th-30th May 2009 Aga Khan Nairobi
32. Societe internationale Durologie biannual meeting Shangai china 1st- 5th November 2009
33. Workshop on renal transplantation Serena hotel 14th January 2010
34. Training course on renal transplantation Clinic de Barcelona hospital / Barcelona university 8th February to 12th February 2010.

Peter Mungai NGUGI

CURRENT RESEARCH

1. Anastomotic Urethroplasty in repair of traumatic urethral strictures at the Kenyatta National Hospital.
2. Use of double j stents in kidney transplantation.
3. Radical Prostatectomy for Prostate cancer in Nairobi.

UNDERGRADUATE TEACHING:

I have been teaching undergraduate students of medicine both 3rd and 5th years and dentists for the last 19 years. I have been making the lecture schedule for both 3rd and 5th year for the last 10 years.

POSTGRADUATE TEACHING

I have been teaching postgraduate students since 1991 have been in charge of the postgraduate lecture schedule from 2002 to date

OTHER ACTIVITIES

- Team leader of the Kidney transplant team in the Kenyatta National Hospital. Member Nairobi Hospital transplant team.
- Chairman division of Surgery Kenyatta National Hospital.
- Coordinator journal Club, department of Surgery.

MEMBERSHIP OF LEARNED PROFESSIONAL BODIES

- Member of the British Association of Urological Surgeons.
- Treasurer the Kenya Association of Urological Surgeons.
- Member of the Pan-African Association of Urological Surgeons.
- Member - Societe International D'urologie (SIU)
- Member American Urological Association
- Member Kenya medical association
- Deputy, Chairman KNH Ethical & Research Committee.
- Member Kenya surgical society
- Member Kenya society for hematology and oncology
- Member Kenya society of endoscopic specialties

Peter Mungai Ngugi

COMMUNITY ACTIVITIES

1. I am regularly involved in voluntary surgical outreach programs taking surgical services to the district and provincial hospitals organized by the surgical society of Kenya
2. I participate in educational TV programs to educate members of the public on health matters particularly in urology.

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Non medical ASSOCIATIONS

1. Karen club-member
2. Public service club

Referees:

1. Professor GAO Magoha Vice chancellor university of Nairobi
2. Professor J o Adwok Department of surgery university of Nairobi
3. Professor Seth Macligeyo Institute of post graduate studies university of Nairobi