

CV of SAMSON MUINDE MUTINDA December, 2021	
Contacts	Date of Birth: May 9, 1982 Sex: Male Civil Status: Married Address: P.O. Box 30197 – 00100, Nairobi, Kenya Cell Phone: +254 (0) 725 725 263 Email: muindesam@uonbi.ac.ke / muindesam@gmail.com
Career Objective	To be focused, effective, action-oriented and resourceful in pursuit of distinct targets and objectives. I strongly believe in respect for the competence and professionalism that exists throughout organizations and/or institutions; and developing solutions which are understandable, motivating and beneficial to the organization and/or institutions.
Languages	English, Kiswahili.
Nationality	Kenyan.
Qualifications	<ul style="list-style-type: none"> • Master of Science in Clinical Psychology (University of Nairobi; 2009 – 2012). • Bachelor of Arts Psychology (Daystar University; 2001 – 2006). • Kenya Certificate of Secondary Education (Kitondo School; 1996 – 1999). • Kenya Certificate of Primary Education (Tulya Primary School; 1987 – 1995).
Professional Experience	
From – to:	November 2015 – To Date
Employer:	University of Nairobi
Position/Title:	Assistant Dean of Students
Location:	<ul style="list-style-type: none"> • Faculty of Education (November 2015 – June 2021) • Mombasa Campus (July 2021 – August 2021) • Faculty of Arts (August 2021 – To Date)
Responsibilities:	<p>Key Responsibility Assisting the university’s Dean of Students in administration of students’ welfare services</p> <p>Duties</p> <ul style="list-style-type: none"> • Representing the Dean of students at Faculty level. • Attending students’ disciplinary committee proceedings. • Coordinating and implementing students’ programmes and activities at Faculty level. • Facilitating support services and equipment for students with disabilities. • Providing advocacy and liaison with all management including Directors, Student Leaders, Deans of Faculty, Deans of schools among others and follow up as appropriate. • Providing guidance and counselling support services to students

	<p>to enhance their emotional, behavioural, psychological and spiritual wellbeing.</p> <ul style="list-style-type: none"> • Conducting surveys and analysing data on issues affecting students' life in campus. • Supervising students' welfare programmes at Faculty level. • Coordinating needy students work study programmes. • Interviewing students for available bursaries, scholarships etc. • Signing and recommending students for loans and bursaries e.g. HELB. • Writing recommendation letters to students for internships and job placements. • Referring students for appropriate services for instance rehabilitation, counselling, medical, financial support etc. • Organizing and facilitating students' leadership workshops and trainings. • Equipping students with life skills through initiating mentorship programmes and trainings. • Facilitating registration, supervision and regulation of student professional Associations. • Planning and participating in college/campus special events e.g. admission and orientation of new students, graduation etc. • Developing work plans for students activities. • Preparing and implementing budgets for planned activities as well as accounting for funds disbursed. • Preparing and submitting monthly, quarterly and annual reports on activities undertaken to relevant authorities.
<p>From – to:</p> <p>Employer:</p> <p>Position/Title:</p> <p>Location:</p> <p>Responsibilities:</p>	<p>September 2014 – July 2015</p> <p>Kenya Medical Training College (KMTC)</p> <p>Part-time Lecturer; Department of Clinical Medicine: Mental Health and Psychiatry.</p> <p>Kenya Medical Training College, Mathari, Nairobi.</p> <ul style="list-style-type: none"> • Facilitated in the following modules: Counselling; Professionalism and Ethics in Psychiatry; Communication; Psychopathology of Mental Illness; Classification of Dental disorders; Psychiatric Clerkship; Human Growth and Development; Human Behaviour; Personality Development; Psychological and Social Therapeutic Management Approaches of Psychiatric Disorders; Community Mental Health & Psychiatry. • Developed and implemented lesson plans. • Set examinations and graded students as per the laid down criteria. • Supervised student's research projects.

	<ul style="list-style-type: none"> • Attended to students' affairs and accordingly provided guidance and when necessary.
From – to:	December 2008 – December 2014
Employer:	LVCT Health
Position/Title:	Clinical Psychologist/Program Officer – Trainer
Location:	LVCT Health Headquarters (Hurlingham, Nairobi)
Responsibilities:	<p><u>Responsibilities as a Clinical Psychologist</u></p> <ul style="list-style-type: none"> • Conducted the assessment of psychiatric morbidity by use of various standardized tools/instruments among patients living with HIV/AIDS at LVCT Care Division. • Developed and implemented individual treatment plans, specifying type, frequency, intensity, and duration of therapy and discussed the treatment of problems with clients. • Liaised with the care team to develop and implement prevention and treatment programs and determining the best course of treatment for patients living with HIV/AIDS. • Evaluated the effectiveness of counseling or treatments, and the accuracy and completeness of diagnoses, and modified plans and diagnoses as necessary. • Referred clients appropriately, followed up referral uptake and maintained accurate records of clients served by recording relevant information and interventions accorded. • Provided mentorship to Training, Care and Post Rape Care staff/site trauma counsellors through Continuous Medical Education sessions. • Generated evidence on mental health and HIV to informed policy and programming at LVCT Health. <p><u>Responsibilities as a Trainer</u></p> <ul style="list-style-type: none"> • Facilitated in the Diploma Course i.e. Diploma in Counseling: HIV Testing and Counseling in Community and Clinical Settings in the following units: <ul style="list-style-type: none"> ➤ Communication Skills ➤ Life Skills ➤ Introduction to Psychology ➤ Study Skills ➤ Counseling Skills ➤ Counseling Theories ➤ Ethical and Legal Issues in Counseling ➤ Group Counseling Theories ➤ Abnormal Psychology ➤ Psychological Testing and Assessment ➤ Counseling Research Project ➤ Research Project Methods

	<ul style="list-style-type: none"> ➤ Care and Treatment of HIV/AIDS ➤ Theory and Practice of HIV/AIDS ➤ Psychosocial and Contextual Issues and HIV/AIDS <ul style="list-style-type: none"> • Facilitated in various short Certificate courses, namely: National HIV Testing and Counseling, Training of trainers, Counselor support supervision, Trauma counseling following Sexual Violence, Gender and gender based violence and HIV & Peer education. • Participated in recruitment and interview of students. • Attended faculty and examination committee meetings. • Set examinations and graded students as per the criteria. • Supervised students' research projects. • Attended to students' affairs and accordingly provided guidance and when necessary. • Compiled timely reports for trainings delivered. • Reviewed and developed various curricula, lesson plans, tools, standard operating procedures and protocols. • Developed concept papers, abstracts and proposals to relevant agencies when necessary.
<p>From – to:</p> <p>Employer:</p> <p>Position/Title:</p> <p>Location:</p> <p>Responsibilities:</p>	<p>January 2008 – December 2008</p> <p>LVCT Health</p> <p>Program Assistant – Youth Division</p> <p>LVCT Health Headquarters (Hurlingham, Nairobi)</p> <ul style="list-style-type: none"> • Supported direct service delivery (Information, Counseling and Referral). • Managed the LVCT Health Youth Program's Integrated Digital Platform • namely; Bulk Short Message Service, Facebook, Email and Twitter through dissemination of correct, factual and non-judgmental Sexual and Reproductive Health information to the youth across Kenya. • Compiled human interest stories for publication. • Data management – Data entry real time, processing, analysis and interpretation. • Provided online monitoring and evaluation support functions for the • Program and ensured appropriate reporting of program activities. • Developed concept papers & abstracts to various agencies based on • Information gathered. • Developed monthly, quarterly, biannual and annual program reports. • Designed and development of content for various Information,

	<p>Education and Communication (IEC) materials.</p> <ul style="list-style-type: none"> • Spearheaded networking and partnership development with like-minded youth organizations. • Explored opportunities for innovation and sustainability.
<p>From – to:</p> <p>Employer:</p> <p>Position/Title:</p> <p>Location:</p> <p>Responsibilities:</p>	<p>January 2006 – April 2006</p> <p>Chiromo Lane Medical Centre</p> <p>Psychologist</p> <p>Chiromo Lane Medical Centre, Chiromo Road, Westlands, Nairobi</p> <ul style="list-style-type: none"> • Conducted assessment and diagnosis of ailments in patients. • Provided individualized psychotherapy. • Conducted group therapy facilitation. • Conducted occupational therapy. • Facilitated appropriate referrals and follow ups. • Ensured proper documentation.
<p>From – to:</p> <p>Employer:</p> <p>Position/Title:</p> <p>Location:</p> <p>Responsibilities:</p>	<p>July 2005 – December 2005</p> <p>United Nations High Commissioner for Refugees (UNHCR)</p> <p>Intern (Community Services)</p> <p>United Nations High Commissioner for Refugees office in Nairobi</p> <ul style="list-style-type: none"> • Reception of refugees visiting the office. • Provided psychotherapy to vulnerable refugees approaching the office and referred them to appropriate services. • Conducted home visits. • Prepared notes and reports for individual case files. • Monitored unaccompanied asylum-seeker children. • Conducted outreaches to non-governmental agencies assisting refugees in Nairobi. • Assisted in any other assigned duties.
Consultancies	
<ul style="list-style-type: none"> • December 2013: Developed, documented and implemented appropriate therapeutic treatments/interventions for the Fountain of Hope Drug & Substance Abuse Rehabilitation Centre, Kikuyu, Kenya. • June 2014: Repertoire at Kenya Community Based Health Financing Association (KCBHFA) Writer’s Workshop - Building a Coherent Sustainable Community Based Health Financing in Kenya. • November 2014: Developed Curriculum on Key Populations with a focus on Sex Workers for Keeping Alive Societies Hope (KASH), Kenya. • January 2015: Consulted for the Discovery Learning Alliance (DLA) as an Enumerator for the midline evaluation of the “Discovery/Nawiri” educational project. • May 2015: Participated in planning and organising the 2015 “Maisha HIV and AIDS Research Conference” – National AIDS Control Council (NACC). 	

- **May 2015:** Trained Training of Trainers (TOT) student Peer Educators on Alcohol and Drug Abuse (ADA) for the UoN – University Health Services.
- **June 2015:** Trained Training of Trainers (TOT) Staff Counsellors on Alcohol and Drug Abuse (ADA) for the UoN – University Health Services.
- **June 2015:** Participated in the planning of International Day against Drugs and Illicit Trafficking - UoN – University Health Services.
- **July 2015:** Contracted by Africa International University (AIU) to develop content on Abnormal Psychology Module for the Open Distance e-Learning (ODEL) platform.
- **August 2015:** Contracted by UNICEF & NASCOP Kenya to implement the Adolescent Package of Care (APOC) among Health care workers in across Kenya.

Achievements

- **May 2008:** Developed and implemented Curriculum on Key Populations for LVCT Health among Health care workers in across Kenya.
- **July 2008:** Part and parcel of the team behind LVCT Health’s Youth Program’s Integrated Digital Platform; and Monitoring & Evaluation through online shared resources.
- **January 2009 – May 2014:** Member of the Technical Working Group driving Mental Health agenda and Rehabilitation at the state Department of Health through the Division of Community Health Services in liaison with other relevant stake holders.
- **January 2009 – May 2014:** Supervised fourteen research projects for Diploma students at LVCT Training Institute.
- **March 2009:** Pioneered the integration of assessment and management psychiatric morbidity in LVCT Health’s Care Division service delivery and programming.
- **October 2012:** Reviewed and developed Child HIV Testing & Counselling Curriculum for the Government of Malawi.
- **January 2013 – December 2014:** Member of the Technical Working Group spearheading the development of Standards for Tier One (Community Level) the State Department of Health through the Division of Community Health Services in liaison with other relevant stake holders.
- **February 2013 – April 2013:** Developed and implemented Therapeutic Support Group Framework for LVCT Health among Health care workers in across Kenya.
- **September 2014 – July 2015:** Supervised seven research projects for Diploma students at Kenya Medical Training College.
- **January 2016 – 2019:** Board Chairman, Tulya Primary School, Makueni County.
- **May 2019:** Appointed to a special ad hoc committee on alcohol and drug abuse by the DVC Students Affairs, University of Nairobi.
- **May 2020 – July 2020:** Supported the implementation of the UNESCO/UNITWIN Elimika Wajibika Programme at the Faculty of Education during the COVID-19 Pandemic period.
- **September 2021- December 2021):** Supported the implementation of the UNESCO O3 Plus (Our Rights, Our Lives, Our Future) Reproductive Health Programme for Young People in 10 campuses of the University of Nairobi.

Other Skills

- **Communication skills** - Fluent in English & Swahili.
- **Technical skills**
 - Computer competencies: Fluent user of MS Office; Statistical Package for the Social Sciences (SPSS); and EPI Info.
 - Holder of a Kenyan drivers Licence: Category/Class E Vehicle.

- **Social skills**

- *Team Work:* In my Fourteen year's professional experience, I have learned to be an active team player. I have gained skills of being able to assume multiple roles, stepping up to do whatever it takes to get the job done on time.
- *Community Leadership:* I have gained valuable skills and knowledge to work towards innovative community development strategies to empower young people in educational and religious institutions. This has made me realize that everything I do reflects the purpose and goals of the people am serving or the organization, hence being perceived as a role model.

Other Short Training Courses Attended

- **November 2007 – February 2008:** Certificate in International Computer Driving Licence (ICDL) – Institute of Advanced Technology.
- **March 2008:** Certificate in Sensitization of HIV Testing & Counselling and Care Staff on the Health Needs of Most At Risk Populations/Key Populations in Kenya – LVCT Health.
- **June 2008:** Certificate in Quality Assurance for HIV/AIDS Programs – LVCT Health.
- **September 2008:** STAR Program NGO Communication Toolkit Training – Hivos/kpn.
- **February 2009 – March 2009:** National HIV Testing & Counselling Training – NASCOP.
- **September 2009:** Data Management for HIV & AIDS Programs – Trocaire & LVCT Health.
- **July 2011 – September 2011:** Trauma following Sexual Violence Counselling – LVCT Health.
- **June 2013 – September 2013:** Training of Trainers – LVCT Health.
- **November 2013:** Sister to Sister Training of Facilitators (EBI) – NASCOP & EGPAF.
- **July 2015:** Adolescent package of Care Sensitization – UNICEF & NASCOP
- **December 2015:** ISO 9001:2008 Re-certification Sensitization – UoN, Central Administration, Office of the Deputy Vice-Chancellor Administration & Finance.
- **January 2016:** Fire Safety and Security Sensitization - UoN Security Department in collaboration with the National Police Service, National Disaster Management Unit, Red Cross and Fire Brigade.
- **March 2016:** Disaster Response and Crisis Management – Red Cross.
- **May 2016:** Sensitization on Integrity and Security of Records – UoN ICT and Records Departments.
- **November 2016:** Mental Health Workshop at Baraton University organized by Kenya Universities Professional Counsellors Association (KUPCA).
- **November 2016:** Peer Educators Training Workshop – UoN Health Services.
- **January 2017:** Alcohol and Drug Abuse Prevention Workshop at Kenya Institute of Curriculum Development (KICD) – National Authority for the Campaign Against Alcohol and Drug Abuse.
- **February 2019:** 3rd Global Students Integrity Centre Annual East African Students Leaders Conference at Nelson Mandela African Institute of Science and Technology (NM-AIST), Arusha – Tanzania.
- **February 2020:** Anti-Plagiarism Training at Faculty of Education, UoN.

<ul style="list-style-type: none"> • April 2019 and October 2020: Appointed Returning Officer by the Independent Electoral Commission (IEC) to preside over the University of Nairobi Students Association (UNSA) General Elections. • November 2021: Mental Health Workshop at Laikipia University organized by Kenya Universities Professional Counsellors Association (KUPCA). 	
Registration with Professional Bodies	
<ul style="list-style-type: none"> • Kenya Psychological Association (KPA). • Kenya Universities Professional Counsellors Association (KUPCA). 	
Research Experience and Publications	
<ul style="list-style-type: none"> • Mutinda, S.M. (2012). <i>Prevalence of Secondary Traumatic Stress among Trauma Counsellors Attending to Survivors of Sexual Violence in Health Care Facilities in Kenya</i>. MSc. Thesis. • Mutinda, SM. et al. (2013). <i>Scaling Up Evidence Based Community Interventions for Mental, Neurological, and Substance Use Disorders In Kenya</i>. Baseline study. • Mutinda, S.M. (2013). <i>Prevalence of Anxiety and Depression Disorders among HIV Positive Patients Attending LVCT Care Clinic</i>. Baseline study. • Mutinda, SM. et al. (2021). <i>Determining the Relationship Between Psychological Issues Faced By University Students, their Coping Strategies and Parental Involvement in their Life While at the University</i>. Ongoing. 	
Referees	<ol style="list-style-type: none"> 1. Prof. Anna Muthoni Mathai Associate Professor University of Nairobi, Department of Psychiatry P.O. Box 30197 – 00100, Nairobi, Kenya. Email: muthonimathai@gmail.com Cell Phone: 0727329904 2. Mr. Johnson Ireri Kinyua Dean of Students University of Nairobi P.O. Box 30197 – 00100, Nairobi, Kenya. Email: jkinyua@uonbi.ac.ke Cell Phone: 0722134693 3. Dr. Catherine Amulundu Coordinator, Alcohol & Drug Abuse Prevention Program University of Nairobi P.O. Box 30197 – 00100, Nairobi, Kenya. Email: camulundu2011@gmail.com Cell Phone: 0721723514