

CURRICULUM VITAE

Name : Mbaabu Murithi
Date of birth : 23rd September 1968
Nationality : Kenyan
Gender : Male
National ID. NO. : 7719552
Marital status : married with three children
Religion : Catholic
Address : P.O. Box 30197(NRB) or 63675 Murithi (NRB)
Telephone/Cell phone : 2710895/0722 775 829

SCHOOLS ATTENDED

1972 -1978 : Certificate of Primary Education, Kiune primary school, Kenya
1979 -1982 : Kenya Certificate of Education, Miruriri High School, Kenya
1983-1984 : Kenya Advanced Certificate of Education, Kanyakine High school Kenya
1stSept. 1986 : Joined Kenyatta University, for a Bachelor of Education degree course.
7th Dec. 1989 : Graduated with an Upper Second Class Honors with Bachelor of Education degree in Physical Education and Sports.
6th -11th Sept. 1992 : Attended and passed an examination course on 'O' level examiners.
11th -16th Sept.1992 : Attended and passed the Primary Teachers' Examination Examiners course at Nairobi School (PTE).
11th Jan.1993 : Master of Education at Kenyatta University in Department of Physical Education, Sports and Games.
2006-2007 : Undertook a course on Fitness and Nutrition, in the institution of Education Direct, Scraton, USA.
Current : PhD Research Proposal: *An investigation into factors influencing participation of Kenyans in fitness programmes: a case of Nairobi, County.*

COURSES ATTENDED

- March 1998 : Attended and passed examination in First Aid with St John's ambulance Association
- 14th Dec. 1998 : participated and obtained bronze medal; Personal Survival Awards Scheme with Amateur Swimming Association of Kenya.
- 11th – 15th Nov.1991 : Participated and passed sports leaders Diploma course of Olympic Solidarity Itinerant Administration School, Nairobi, Kenya.
- 1st May, 1987 : Participated and passed Outward bound Course, Naivasha.
- 29thMarch –3rdApril 1990 : Attended and passed Training course for Scout Leaders in Embu, Kenya.
- 7th – 9th Oct.1994 : Attended and passed Baseball and Softball coaching clinic at Kericho Teachers' Training College.
- 20th -21th July, 1994 : Appointed by the Kenya Teachers' College Sports Association as the Track judge in the National College Athletics championships at Mosoriot Teachers' College and Machakos Teachers College respectively.
- 7th -11th Dec.1994 : Obtained both Elementary me and II Life Saving Certificates with amateur Swimming Association of Kenya.
- 5th – 10th Oct. 1995 : Attended and passed the Kenya Hockey Refereeing Course. Obtained a refereeing and Umpiring/Officiating Certificate.
- 6th – 11th May.1996 : Participated and passed an Athletic Officiating and Judging course at the Kenya Science Teachers' College.
- 12th – 13th May 1996 : Attended and participated in the First Kenya Conference on Health, Physical Education Recreation and Dance KAPHER – S.D. at Kenyatta University.
- 2nd – 3rd May 1997 : Participated in the 2nd Kenya Conference on Health Physical Education Recreation and Dance – KAPHER at Egerton.
- 7th -12th June 1997 : Attended and passed Aerobics and Fitness Instructor's course at Kenyatta University.

- 18th – 20th May 1999 : Attended and passed in the First Kenyan Sports Symposium at the Kibwezi Dry land Institute (UoN)
- was Secretary General to the Proceedings
- 18th – 22nd Dec 2000 : Attended and participated in the Games Tutorial Staff's conference workshop at Naivasha
- Co-edited and compiled and proceedings.
- 17th – 20th Sep.2001 : Attended and participated in the Games Tutorial Staffs conference at Naivasha.
- Appointed Secretary General to the Proceedings.
 - Co-edited and compiled the proceedings.
- 2002 – Present : Organized and participated in numerous Games Tutorial staff workshop on programming and planning at the Varsity Sports fixtures annual programmes cum-budgets.
- Ocober ,2002 : Attended a local handball clinic on coaching and management course, Nairobi Kenya.
- September,2003 : participated in the International Icestock course on Administration, management and teaching of Icestock sport. obtained a Diploma certificate.
- August, 2004 : Co-presented the proposed sport course at the Faculty Board, College of Agriculture and Vet Sciences.
- March, 2005 : Organized and participated in the workshop on the proposed curriculum for Physical Education and sport to be mounted at the College of Education and External Studies.
- July, 2007 : Participated and passed the Arts Athletics Academy coaches clinic o Sport nutrition and hydration for performance.
- February, 2007 : Attended and Participated the Implementation of ISO 9001:2008 course.
- March, 2007 : Attended and participated in the implementation of of ISO 9001:2008 course.
- Sept - Dec 2005 : Attended Training Programme on financial management and Human Resource Management for Deans and Directors.
- March 2007 : Attended an International Athletics Symposium

- December, 2009 : participated in KUSA 2nd Inter Universities Sports Championship
- March, 2007 : Attended training for Health and Safety
- November, 2005 : Attended Seminar Management Development Programme
- September, 2006 : Attended a Seminar on Ticket Pricing in Team Sports.
- May, 2009 : Attended Special Olympic Basic Volunteer Training Course.
- October, 2010 : Attended the 17th CAA African Seminar Athletics Championships
- November,2010 : Attended the Q – pulse introduction course.
- August,2011 : Attended Life Saving Refresher Course Special Olympic
- July,2014 : Attended and participated ISO 9001: 2008 Lead Auditors Course.

WORK AND PROFESSIONAL EXPERIENCE

- 2009 : Appointed manager of combined Kenya Universities Team manager For World University Games, Belgrade, Serbia.
- 2009 : Chairman, Board of Governors Miruriri Secondary School, Meru.
- 2008 : Team manager of National Cross Country team in Edinburgh, Scotland
- 2007 : Host Kenya Universities Sports Association (KUSA), Athletics Championships at University of Nairobi.
- 2007 : Team manager, combined Universities Athletes National team to World University Games in Bangkok, Thailand.
- 2007 : Teaching practice supervisor of Meru University students
- 2007 : 35th I.A.A.F World cross country championship official at Mombasa, Kenya
- 2007 : participant at the University of Nairobi’s senior management Rapid Results Initiative, Taifa Hall, University of Nairobi.
- 2007 : participant in the ISO 9001; 2000 seminar on Quality Management Systems; Implementation of ISO 9001; 2000
- 2006 : official national cross country championships; Ngong race course.
- 2006 : Head of delegation, University of Nairobi contingent for EastAfrica University Games Championships

- 2005 : Head of delegation, university of Nairobi contingent for East African Universities sports Championships at Kenyatta University
- 2006 : Head of delegation university of Nairobi contingent for east Africa Universities sports, Championships Kigali, Rwanda
- 2006 : Participant and contributor in the exercising for health and putting Kenya in the Guinness book of world Records exercise.
- 2006 : Director Annual KUSA Athletics Championships at Moi International Sports center, Kasarani.
- 2006 : Head of delegation, university of Nairobi contingent during East African university Games, Egerton University.
- 2005 : participated in the 6th African Association for Health, Physical Education, Recreation and Game (AFAHER-SD) Conference
- 2006 : Team manager, combined Kenya universities team for National cross Country.
- 2006 : Facilitator, university of Nairobi sports captains' workshop at Stem Hotel, Nakuru
- 2005 : Facilitator, University of Nairobi sports captains' workshop at Machakos.
- 2004 : Director and Facilitator captain sports symposium.
- 2004 : Team Manager international half marathon championships in New Delhi, India
- 2004 : Technical committee member 2004 East Africa university games
- 2004 : Head of delegation of Nairobi university contingent for the Kenya University sport Association (KUSA) games held at Egerton University
- 2003 : Team Manager combined Kenya universities team for National trials.
- 2003 : Director and facilitator, captain sports symposium university of Nairobi
- 2003 : Coach /team manager, University of Nairobi team during the Kenya Inter -University cross country
- 2003 : Coordinator and team manager, university of Nairobi contingents during East Africa university Games, Dar-es-salaam.

- 2007 : Team manager, university of Nairobi contingents during East Africa University games, Makerere
- 2002-2008 : Secretary General, Athletics Kenya universities province
- 1999 : Members of technical committee for the East Africa university games
- 1999 : Official cross country track and field events for national university games.
- 1996-2002 : Member, Nairobi District Amateurs Athletics Association.

PROFESSIONAL DEVELOPMENT AND ACHIEVEMENT

- 2009 : Special Olympics Kenya, orientation course for volunteers.
- 2007 : International Amateur Athletics federation (IAF) 2007-Pre world cross country conference
- 2007 : International Amateur Athletics Federation (IAAF) symposium
- 2005 : participated in the Africa Association for Health Physical, Recreation Sports and Dance (AFAHPERSD)
- 2005 : Organized and participated in the work shop on proposed curriculum for physical education and sport to be mounted at the college of Education and external studies, university of Nairobi.
- 2005 : Participated in the International Icestock course on administration, Management and teaching of Icestock sport.

SPECIFIC ACHIEVEMENT AT UNIVERSITY OF NAIROBI

- 1996 -1998 : Assistant games tutor, Faculty of Commerce; established a rugby pitch at the lower Kabete campus. Initiated the students sportsCouncil and the on –going annual Inter –Banks soccer co-orporate league
- 1998-2000 : Assistant Games Tutor, College of Agriculture and Vetinary sciences established Netball and handball pitches, the Soweto football pitch and a badminton court, established a link between the college sports captain and the management of the VET lab golf club.
- 2001-2003 : Games Tutor at both the College of Biological and Physical Sciences and the College of Architecture and Engineering. In of charge of administration and management of central sports Facilities,

swimming pools, central stores and the attendant casual workers.
Secretary to Departmental staff meeting in charge of purchases and Procurement of sports equipment and kits.

The university of Nairobi representative in Kenya Universities Sports Association (KUSA). Games Tutor in charge of all the University league teams (basketball –terrorists, the mean machine and the hockey)

2004-to date : Director of Sports and Games, University of Nairobi

- initiated and supervised the renovation of the university main swimming pool
- annual sport captains’ training and workshop seminars
- supervise the casual workers attached to central sport facilities
- initiated the annual athletics championships hosted by university of Nairobi
- Initiated annual volleyball championships hosted by university of Nairobi.
- Initiated annual Table tennis and Rugby championships hosted by university of Nairobi annually.
- Co-ordination and supervision of all the sports programmes of the university of Nairobi campuses/Colleges.
- Participated in recruitment three additional Games Tutors and two life guards in Department.
- Contributed immensely in the designing of the physical education and sport syllabus.
- Contributed greatly in the designing of the Diploma in coaching and management syllabus
- Initiated and hosted the first Kenyan universities DAAD foot ball championship at university of Nairobi
- Established a code of conduct policy document for University of Nairobi sports students
- Established a policy for award of scholarships to outstanding athletes.
- Participated in the department of Sports and Games’ Performance Contract writing report of 2001/2008 with impressive results.
- Member of University of Nairobi Accreditation Committee

SPECIAL SKILLS AND ABILITIES IN SPORTS MANAGEMENT

- Sound academic and professional training (health, physical education and recreation.
- Innovative and resourceful in sports programmes.
- Excellent communication skills and good public relations.
- Able to work and meet deadlines
- Forthright administration of both financial and human resource
- Proven inter personal skills
- Skilled in supervision, management, monitoring and evaluation of sports programmes.
- Skilled in students handling and mobilization
- Excellent administration and coordination skills, cultivating teamwork among colleagues
- Computer literate
- Respect for diversity

CONTRIBUTION AND PROGRESS IN RESEARCH

1. Traditional Games and Sports of the Ameru Community in the Colonial period.
2. And investigation into Psychosocial Factors Affecting Kenyan Women athletes in track events in International competitions. M.Ed thesis.
3. Approaches to teaching of Physical Education for “Handicapped” at Diploma level.
4. Marginalization of Kenyan Women in Athletics: A case study in Kenya.
5. Quality Management and Administration of women teams: The way forward.
6. Promotion of women participation in Sports Teams’ Management.
7. Construction of Budgetary proposes for Universities Sports Fixtures programme: University of Nairobi case.
8. Role of sports and Games captains in the Implementation of Sports programmes and fixtures.
9. Implementation of Budgetary proposes for Sports and Games programmes: The way forward.
10. Sexual behavior patterns of University student athletes: Implications for sports managers.

ASSOCIATION AFFILIATION

1. A Member of the Kenya Association of physical and health Education Recreation sports and Dance.
2. A member of the Kenya Special Education on low vision therapy, Assistant and Early Childhood National Board.
3. Secretary General to the Icestock sport/ curling Association of Kenya
4. Secretary General of the Athletics Kenya – Universities province.
5. Executive member of Eastern Africa Sport Federation.
6. President of the Kenya Universities Sports Association (KUSA).

HOBBIES

1. Playing Sports and Games
2. Reading and Research
3. Swimming
4. Aerobics, fitness and wellness programmes
5. Travelling
6. Dancing
7. Hiking
8. Camping

REFEREES

1. Dr. Elijah Rintangu Gitonga
Senior Lecturer, Department of Recreation and Exercise Science
College of Education and External Studies,
Kenya University

2. Dr. Yasmin Goodwin
Chairman, Department of Physical Education and Sport
Kenya University.

3. Prof. Jane Gatumu
Lecturer, Department of Educational
Communication and Technology
University of Nairobi.