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PROFESSOR ADAM A M

F R C P [EDINBURGH]

CURRICULUM VITAE

1 JUNE 2007

Professor Adam M. Adam
 F R C P [EDINBURGH]
 5TH May 1952

PLACE OF BIRTH

Mombasa, Kenya.

SEX

Male

MARITAL STATUS

Married with five children

NATIONALITY

Kenyan

I. EDUCATION:

Jan. 1967-Dec. 1970

Khamis secondary school
 Graduated with eight Ordinary Levels, University of Cambridge School Certificate Examination

English Language	Distinction One
Mathematics	Distinction One
Physics/Chemistry	Distinction One
Biology	Distinction One
Religious Knowledge	Distinction One
Health Science	Distinction One
Geography	Distinction One

Jan. 1971-Jan. 1973

Strathmore College
 Graduated with University of London Advanced Level GCE A Levels;

Biology	Grade A
Physics	Grade A
Chemistry	Grade A
Kiswahili	Grade A

July 1973-July 1978

Faculty of Medicine, University of Nairobi
 Medical School Grades

Anatomy	Distinction
Biochemistry	Distinction
Physiology	Distinction
Behaviour Sciences	Distinction
Pharmacology	Distinction
Community Health	Distinction
Medicine	High Credit
Paediatrics	Credit

Graduated in July 1987 with Bachelor of Medicine And Bachelor of Surgery.

Nov.1981-Jan. 1982

Diploma in Fertility Regulation. Royal Postgraduate Medical School, Hammersmith Hospital, University Of London.



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May 1982 ó June 1983

Attended advanced medicine course, Hammersmith Hospital, London, Royal Postgraduate Medical School, University of London.

October 1983

Attended advanced medicine course at Whittington Hospital, London, North Middlesex Hospital and Guys Hospital, London.

Oct. 1986 ó Oct. 1987

Passed the final examination of the Membership Of the Royal Colleges of Physicians of the United Kingdom and elected M. R. C. P. [U. K.]

April 1987

Postgraduate fellow in Clinical Neurology at Guys Hospital Medical School, London. sponsored by The Royal College of Physicians of London.

Attended advanced course in Clinical Neurology University of Edinburgh. U. K.

April 1989

Attended refresher course in clinical neurology At the Royal College of Physicians of Edinburgh Organized by the University of Edinburgh.

July 1994

Acquired the Fellowship of the Royal College of Physicians at Edinburgh ó F. R. C. P.[Edinburgh].

Aug. 1995

Attachment at the Ultrasonic Angiology Unit At Guys Hospital, London. under DR T S Padayachee, for carotid and transcranial colour Doppler.

Sept. 1997 ó Nov.1997

Attended advanced Clinical Neurophysiology Tutelage of a substitute of single fibre Electromyography under Dr Peter Payan at Guys Hospital Medical School, London.

II. CLINICAL EXPERIENCE

Aug. 1978 ó July 1979

Completed internship in General Medicine and General Surgery. Kenyatta National Teaching Hospital.

Aug. 1979 ó Feb. 1980

Rotating senior house officer in Peadiatrics, Neonatology, Obstetrics and Gynaecology, Kakamega General Hospital.



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Feb. 1982 ó Oct. 1983

Senior House Officer in General Medicine
Kenyatta National Hospital.

Nov. 1983 ó Sept. 1986

Hon. Senior House Officer in General Medicine
At Guys Hospital, London.

Oct. 1986 ó Oct. 1987

Consultant Physician and Neurologist, Kenyatta
National Teaching Hospital.

Nov. 1987 to present

Clinical fellow in Neurology at Guys Hospital,
London.

Consultant Neurologist and Physician, Kenyatta
National Hospital. Head of Neurology services
And Neurology clinic. Kenyatta National Teaching
Hospital.

III. TEACHING EXPERIENCE.

March 1980 ó Sept 1981

Teaching of bedside medicine to undergraduate
Medical students.
Classroom teaching of clinical pharmacology to
Third and fifth year medical students.

Nov. 1983 to the present

Bedside and classroom teaching of clinical
Neurology to postgraduate Master of Medicine
Candidates and post-MMED. Fellows interested in
Neurology.

Classroom and bedside teaching of neurology and
Medicine to medical, dental, pharmacy, BSC nurses
And clinical officers.

Giving lectures, organising seminars, to general
Medical practitioners, postgraduate students and
Physicians in epilepsy and other neurology topics
In various venues outside the University of Nairobi.

IV ADMINISTRATIVE EXPERIENCE

Secretary to the combined postgraduate committee
Of the departments of medicine and paediatrics.



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Later chairman of the above committee.

Compiling and editing the Master of Medicine MCQ
And essay papers and selection of patients for the
Long and short cases with organization of the clinical
And other parts of part I and II of the above
Postgraduate examinations.

Organization of lecture programs for various
Disciplines in medicine.

Organization of clinical teaching rotations for
Undergraduate and postgraduate students and
Their progressive assessments.

Arrangements of revision programmes for the
Fifth year medical students and postgraduate
Candidates.

Organizer of international elective students.

Chairman and organizer of medical clinico-
Pathological grand rounds.
Chairman of textbook committee.

Chairman [acting] of department of medicine
On many occasions since November 1994

Chairman [acting] of department of medicine from
November 1999 to March 2000.

V CONTRIBUTION TO OTHER SPHERES OF UNIVERSITY LIFE

Sept. 1984 ó Oct. 1986.

Warden to Kenyatta Medical Students Hall
Of Residence.

VI ACADEMIC CAREER

1. March 1980 ó Tutorial fellow, Department of Medicine, University of Nairobi.
2. February 1984 ó Lecturer in Medicine , Department of Medicine, University of Nairobi.
3. February 1988 ó Senior Lecturer in medicine and neurology, Department of Medicine, University of Nairobi.
4. March 1995 ó Associate Professor of medicine and neurology, Department of Medicine. University of Nairobi.

VII ORIGINAL RESEARCH PAPERS PUBLISHED

1. A. M. ADAM, J Nganga and C Muthaura: The profile of N-acetylator status in healthy African volunteers. *E.A.M. J.* 58: 401-404, 1981.
2. A. M. ADAM. And H. J. Rogers: Gas-liquid chromatographic assay of aminogluthetimide And high-performance liquid chromatographic assay of its acetyl metabolite in biological Fluids. *Journal of Chromatography [Amsterdam]* 307: 129-135, 1984.
3. A. M. ADAM, H. J. Rogers, S. A. Amiel, and R. D. Rubens: The effect of acetylator phenotype On the disposition of aminogluthetimide . *British Journal of Clinical Pharmacology* 18:495-505, 1984.
 - This is the first paper ever to show that fast acetylation does not always facilitate elimination. With aminogluthetimide and other compounds it does the opposite, it retards the elimination of Certain compounds.
4. A. M. ADAM, I. D. Bradbrook, H. J. Rogers: The simultaneous assay of aminogluthetimide and Its acetyl metabolite by high performance liquid chromatography. *Journal of Cancer Chemotherapy and Pharmacology* . 15: 176-178, 1985.
 - This is the first high performance liquid chromatography assay of aminogluthetimide and its Acetyl metabolite.
5. A. M. ADAM, D. O. Orinda: Focal kinesigenic choreoathetosis preceding the development of Steele ó Richardson syndrome. *Journal of Neurology, Neurosurgery and Psychiatry.* 49: 957-959, 1986.
6. A. M. ADAM, S. M. Bhatt. and L. S. Otieno: Behcet's syndrome presenting with multiple Cerebral and brainstem infarcts in an African, a case report. *E. A. M. J.* 64: 558-560, 1987.
7. A. M. ADAM, R. C. Hughes, J. Payan, I. McColl: Peripheral neuropathy and hyperthamia *Lancet* I: 1270-1271, 1987.
8. A. M. ADAM: Skull radiographic measurements of normals and patients with basilar impression Use of Landzert's angle. *Surgical and Radiologic Anatomy.* Vol. 9 issue 3, 1987.

*This is the first experimental model of chronic inflammatory demyelinating polyneuropathy a disease of man.

10. A. M. ADAM. Multiple sclerosis and epidemic in Kenya. E. A. M. J. 66: 503-506, 1989.

*This disease was previously thought not to exist in the Tropics.

11. A. M. ADAM. Co-author in Multi Center trial of azathioprine in Multiple sclerosis. Lancet. I: 179-183, 1988.

12. R. W. Vaughan, A. M. ADAM, et. al. Major histocompatibility complex class I and II Polymorphism in chronic idiopathic demyelinating polyradiculoneuropathy. Journal of Neuroimmunology. 27: 149-153, 1990.

13. A. M. ADAM, Neurological manifestations of Acquired Immunodeficiency Syndrome in a Large teaching hospital in Africa. Advances in Neurology. J. S. Chopra et al editors, Amsterdam Elsevier science publishers, 1999

14. A. M. ADAM. Unusual form of motor neuron disease in Kenya. E. A.M. J. 69: 55 ó 57, 1992.

*This is the first paper to show the unusual age distribution of this disease in Africa as is seen in Europe and America.

15. A. M. ADAM, Subacute demyelinating polyneuropathy in twelve Human Immunodeficiency Virus seropositive patients in Nairobi, Kenya. African Journal of Neurosciences. 1: 92-92, 1993.

16. A. M. ADAM, Progressive multi-system degeneration : Report of five cases. Health Line 1: 82 ó 83, 1997.

17. A M ADAM, Hyperuricaemia as a cause of benign positional vertigo: European Journal of Neurology. 6: s85. 1999.

18. A M ADAM; HYPERURICAEMIA AS A CAUSE OF BENIGN POSITIONAL VERTIGO. J I M A 32: 51-53, 2000.

19. A M ADAM; Unusual cause of severe muscle stiffness: Historical aspects of genetics. The Nairobi Hospital Proceedings. IV: 142-145. 2000.

20. A M ADAM; Benign Positional Vertigo as a clinical manifestation of Hyperuricaemia- a RECENT DISCOVERY Journal of Neurological Sciences 187: s222. 2001.

- Creutzfeldt-Jakob disease in Kenya. Tropical Medicine and International Health. 10: 710-712, 2005.
- 22 A. M. ADAM, Akuku O, Neurogenic Hyperpyrexia In Creutzfeldt-Jacob Disease, Journal of Neurological Sciences 238:s503. 2005.

VIII ORIGINAL CUTTING EDGE DISCOVERY

PLATFORM PRESENTATION AT THE XVII WORLD CONGRESS NEUROLOGY LONDON 2001 AND EUROPEAN NEUROLOGICAL SOCIETIES CONGRESS LISBON, PORTUGAL 1999. VERTIGO ASSOCIATED WITH HIGH URIC ACID.

1. A M ADAM; Benign positional vertigo and hyperuricaemia East African Medical Journal 82:376-378, 2005.

IN PREPARATION

25. A. M. ADAM, Painful neuropathy in HIV patients; a new therapy.
26. A. M. ADAM. Neuroleptic malignant syndrome an unusual cause.
27. A. M. ADAM. Pachydermoperiostosis a report of six patients.
28. A. M. ADAM. A new treatment for writer's cramp.
29. A. M. ADAM. Acute intermittent porphyria presenting with hyperventilation and proximal peripheral neuropathy in an African girl.
30. A. M. ADAM. Pseudoxanthoma elasticum in a Sickler [HbSS].

IX REVIEW PAPERS PUBLISHED

1. A. M. ADAM, Advances in the management of Parkinson's disease: E. A. M. J. 62: 143 ó 146, 1985.
2. A. M. ADAM, Editorial, current concepts in motor neuron disease. E. A. M. J. 69: 53 ó 54, 1992.
3. A. M. ADAM, Practical treatment of epilepsy. K. A. P. N. 1: 8 ó 9, 1996.
4. A M ADAM, Cryptococcal meningitis in HIV patients, African Journal of Hospital Medicine, 14: 77-82, 2000.

X RESEARCH IN PROGRESS

1. The aetiology of Jacksonian epilepsy at Kenyatta National Hospital.

Barre Syndrome at Kenyatta Hospital.

3. The neurophysiological features of carpal tunnel syndrome in Kenya.
4. H. T. L. V. ó I antibodies in Tropical Spastic Paraplegia in Kenya.
5. Relationship between benign paroxysmal positional vertigo and hyperuricaemic states.

XI TEXTBOOK PUBLISHED

TEXTBOOK OF PROBLEM ORIENTED GENERAL AND TROPICAL NEUROLOGY

ISBN Number 9966-762-00-0, Ama PUBLISHERS. 2005.

X II CONTRIBUTION TO A TEXTBOOK.

1. NEURO-AIDS

ADVACES IN NEUROLOGY

1999 pp 203.

Elsevier science publishers. Amsterdam.

XIII CONFERENCES ATTENDED AND PAPERS READ

1. Sixth World Congress of Clinical Pharmacology: öEffect of acetylator phenotype on the Disposition of aminoglutethimide.ö June 1985. London.
2. 31st Annual Scientific Conference of the Association of Physicians of East and Central Africa 4 ó 8th June 1984. Mombasa.
3. Presented a paper: ö Multiple Sclerosis an Epidemic in Kenya ö at the annual scientific Conference of the association of Physicians of East and Central Africa. 22 ó 26th August 1988. Harare, Zimbabwe.
4. Advances in neurology conference organized by Prof. C. Warlow. April 1989. Edinburgh. U.K.
5. Presented a paper: öChronic relapsing neuropathy induced in Lewis rats ö at the International Brain Research Organization. First held at Nairobi, Kenya. April 1988.
6. Presented a paper: öNeurological manifestations of AIDS at Kenyatta Hospitalö at the 14th World Congress of Neurologyö October 1989. New Delhi, India.
7. Presented a paper: öUnusual form of motor neuron disease in Kenyaö at the annual conference Of the Association of Physicians of East and Central Afica. August 1990. Nairobi.
8. Attended the VI World Congress of Clinical Neurophysiology June 1992, Jerusalem, Israel.
6. Presented a paper: öFive cases of Jakob Creutzfeldt Disease in Kenya.ö At the III Aga Khan Medical Conference. October 1992. Nairobi.

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7. Presented a paper: "Behçet's syndrome with neurological manifestations." At the first annual Scientific conference of the Kenya Association of Dermatologists. November 1988. Nairobi.
8. Presented a paper: "Subacute demyelinating polyradiculoneuropathy in twelve HIV sero-Positive patients in Nairobi." At the first SONA international neuroscience conference. March 1993. Nairobi.
9. Presented a paper: "Painful neuropathy in HIV sero-positive patients: its response to a short Course of oral prednisolone." Meeting of the European Federation of Neurological Societies. December 1993. Berlin. Germany.
10. Presented a paper: "Unusual presentation of hypocalcaemia in alcoholics." September, 1996. Göttingen. Germany.
11. Presented a paper: "Shy Drager Syndrome: a report of five cases in Nairobi" at the Kenya Association of Physicians conference. March 1995. Nairobi.
12. Presented a paper: "Diabetic neuropathy peripheral and autonomic." Kenya Association of Physicians conference. March, 1997. Nairobi.
13. Presented a paper: "History of fertility science." K. O. G. S. Conference. April 1997. Nairobi.
14. Presented a paper: "Economic aspects of epilepsy." At the Kenya Society for Epilepsy April 1997. Nairobi.
15. Attended the annual meeting of the American Association of Electrodiagnostic Medicine September 1997. San Diego. California. U S A.
- 22 Presented a paper , " Hyperuricaemia as a cause of vertigo. " at the Forth European Federation of Neurological Societies Congress in September 1999 in Lisbon, Portugal.
- 23 Presented a paper , " Unusual Neurological Disorders. " at a Neurology Symposium by the Aga Khan Hospital and National Hospital of Neurology and Neurosurgery, London , 21st October 1999.
- 24 Presented a paper, " Cerebral Malaria and Meningitis. " at General Medicine Symposium ON 3RD February 2000 at Aga Khan Hospital, Nairobi.
- 25 Presented a paper "Hyperuricaemia as a cause of benign positional vertigo at the 7th Aga Khan Hospital Medical Conference 21st September 2000, Nairobi, Kenya.
- 26 Presented a paper "A New Cause of Vertigo" at the 5th Annual Scientific Conference of the Kenya Association of Physicians 29th September 2000, Nairobi, Kenya.
- 27 Platform presentation of a new discovery in medicine, a new cause of benign positional vertigo, at the prestigious XVII WORLD CONGRESS OF NEUROLOGY 17-22 JUNE 2001 LONDON, UK.
- 28 Visiting clinical fellow at Imperial College, London and Charring Cross Hospital, Neuro-Otology and Balance laboratory. 7th October 2003 to 2nd November 2003.
- 29 Platform presentation. Aga Khan University 9th International Scientific Conference, September 2004, Creutzfeldt-Jacob Disease in Kenya.

analysis. CME presentation at Hotel Intercontinental

- 31 Presented a paper ; Neurogenic Hyperpyrexia in Creutzfeldt-Jacob Disease. XVIII WORLD CONGRESS OF NEUROLOGY, NOVEMBER 2005, SYDNEY, AUSTRALIA.

XIV JOINT PAPERS PRESENTED

1. H I V infection in acute medical admissions to Kenyatta Hospital. 1992 compared To 1988/1989. C. Gilks. A. M. ADAM, L. S. Otieno, et al presented by C. Gilks. IX International Conference on AIDS. June 1993, Berlin. Germany.
2. H I V associated chronic diarrhoeal disease. C. M. Wachari, J. Paul, C. Gilks, P. Simani. A. M. ADAM, et al read by C. M. Wachari. IX International Conference on AIDS. June 1993, Berlin. Germany.

XV POSTGRADUATE STUDENTS SUPERVISED

1. Thesis title; Subarachnoid haemorrhage at Kenyatta National Hospital. By Dr. F. Kimani.
2. Thesis title; Neurological manifestations of AIDS at Kenyatta Hospital, by Dr. Aggarwal.
3. Thesis title; Elisa screening test for H I V in urine compared to serum, by Dr. Rogena.
4. Thesis title; Prevalence of generalized convulsive status epilepticus in patients admitted to Kenyatta Hospital and short term outcomes Dr. George M Nyale 2006.
5. Thesis title; Fertility rate and prevalence outcomes of epileptic women at neurology clinic in Kenyatta National Hospital. Dr. Kariuki James Githinji. 2007.
6. Thesis title; Sensitivity patterns, serotypes of Cryptococcus neoformans and diagnostic value on India ink in patients with cryptococcal meningitis at Kenyatta National Hospital. Dr Mohamed Hussein Abdulsamad. 2007.

XVI AWARDS GIVEN

1. 1980 TO 1983 WHO research fellow at Guys Hospital, London.
2. 1986 TO 1987 Merck Sharp & Dohme international fellow in Clinical Neurology at Guys Hospital Medical School, London, Also attended professorial rounds [Prof. Gilliat and other sessions
At the National Hospital for Neurology and Neurosurgery, Queen's Square, London.
3. April 1989 Myre Sim Travelling fellow Royal College of Physicians Edinburgh, at University of Edinburgh, Edinburgh, United Kingdom.
4. September to November 1997 Michael Johnson fellow to Department of Clinical Neurophysiology at Guys Teaching Hospital and the Annual Meeting of the American Association of Electrodiagnostic Medicine at San Diego. California. U S A.

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1. Participation and Organization of examination, interviewing and selection of candidates for postgraduates Programs 1990-1993.
2. Departmental representative to the faculty postgraduate committee 1984-1986.
3. Representing the faculty of medicine in examining for accreditation and temporary registration Of doctors and specialists qualified from foreign universities for the Medical Practitioners and Dentists Board at the Ministry of Health 1992-1995.

XVIII INTERNATIONAL AND NATIONAL CONTRIBUTIONS

1. A new association discovered between vertigo and high uric acid.
3. Visiting Professor of Neurology, University of Khartoum, Sudan, December 2000.
3. World Health Organisation sponsored member of Polio Eradication Certification Council, Kenya

XIX EDITORIAL WORK

1. Editorial consultant , Medicom, The African Journal Of Hospital Medicine. January 2000 to the present.
2. Editorial member, Open Journal of Tropical Medicine.

XX LATEST ACHIEVEMENTS

Elected member of the American Academy of Neurology, January 2002 to the present.

XXI APPOINTMENT AS AN EXTERNAL EXAMINER IN MEDICINE FOR FOUR YEARS FROM 2005/2006 ACADEMIC YEAR AT MOI UNIVERSITY ELDORET, KENYA.

1. November 2005 External examiner in Clinical Medicine Fourth Year Students, MED 400.
2. December 2005 External Examiner in Clinical Medicine Final Year Students MED 600.
3. March 2006 External Examiner in Clinical Medicine, Master of Medicine.
4. June 2007 External Examiner in Clinical Medicine Master of Medicine,