

Prof. Mary Wangari Kuria

Personal Information:

Phone: 0722 755 681 (Mobile) 0792223344(Office)
Address: P.O. Box 74846[00200] Nairobi
Email Address: jeraphamedicalclinic@gmail.com
Nationality: Kenyan
Marital Status: Married
Date of Birth: 1960

Academic Background

2007-2010: Doctor of Philosophy (Ph.D.) in Psychiatry at The University of Nairobi
1990- 1993: Master of Medicine in Psychiatry (University of Nairobi).
1989- 1990: Medical officer, Nyeri Provincial hospital (Kenya)
1988- 1989: 1 year internship, Nyeri Provincial general hospital. (Kenya)
1984-1988: Bachelor of Medicine and Surgery (MB.Ch.B) (University of Nairobi)

Clinical Practice

I have been in clinical practice as a part time Specialist Psychiatrist since 1994. I manage patients with all types of mental health problems, including mood disorders, schizophrenia, ADHD and substance use disorders. I have admission rights in all major hospitals in Nairobi

Current Appointment

2012 To date: Associate professor and Chairman, Department of Psychiatry and Senior Lecturer University of Nairobi, Bachelor of medicine & surgery [1988], Master of Psychiatry [1993] PhD in Psychiatry [2010], University of Nairobi
Responsibilities: Administrative duties, clinical services, Student and staff supervision, research and teaching Psychiatry, Behavioral Sciences and Psychology (masters and postgraduate students)

Past Appointments

1993: Lecturer, department of Psychiatry University of Nairobi
Responsibilities: Research, Teaching Psychiatry, Behavioral Sciences, clinical Psychology and providing clinical services to patients in the teaching hospitals.

Administrative Experience

2012 To date: Various administrative duties, University of Nairobi
2012 To date: Chairman

of the Department of Psychiatry, University of Nairobi
Member of the Senate, University of Nairobi
2012- 2013: Acting Dean, Faculty of Medicine
2012 To date: Senate Representative

Professional Experience and Career:

2014: Associate Professor in Psychiatry
2011 to date: Senior lecturer in the Department of Psychiatry, University of Nairobi
1994 to 2010: Lecturer in the Department of Psychiatry, University of Nairobi
1996: Specialist recognition as consultant Psychiatrist
1990- 1993 Ministry of Health sponsored for postgraduate course in Master of Psychiatry at University of Nairobi
1989: Internship Nyeri Provincial general hospital
1982- 1983: Untrained teacher at Kagada high school

Professional Responsibilities

2010 to date: Mentorship and counseling services to University of Nairobi students' referred to me by the Dean School of Medicine due to substance use disorders and psychosocial problems
2006 to date: Coordinator of undergraduate final year program (Bachelor of Medicine and Surgery).
2003 to date: Coordinator of Psychopathology course unit 901 in Master of Science degree in Clinical Psychology, Department of Psychiatry.-Involved in program development, implementation and coordination.
1994 to date: Teaching behavioral sciences, psychology and psychiatry to diploma, undergraduate and master's students at the University of Nairobi
2011-2012: Chaired the National Agency for the Campaign Against Drug Abuse (NACADA) committee developing the" training curriculum for health workers in the NACADA
2010: Member of the organizing committee for the Psycho trauma conference held at the Catholic University.
2006-2008: University of Nairobi representative in the World Mental Health Day Committee (Ministry of Health)

- 2004-2010: Consultant with National Agency for the Campaign against Drug Abuse
- 2002- 2006: Coordinator of Master of Medicine degree program in Psychiatry

Positions of Honors

- 2012 to date: Member, The National Steering Committee on Special Needs Offenders
- 2012 to date: Chaired appointment a number committees meetings as a representative of the Principal College of health sciences.
- Dec 2012: Acting dean School of Medicine
- 2004-2012: Consultant with National Agency for the Campaign Against Drug Abuse
- 2011: Acting chairman Department of Psychiatry University of Nairobi
- 2011: Chaired the National Agency for the Campaign Against Drug Abuse (NACADA) committee that developed a training curriculum in substance use disorders for the Kenyan health workers
- 2010-2011: Parent Teachers Association class representative, Sunshine School
- 2010: Conferred with PhD in Psychiatry
- 2006-2008: University of Nairobi representative in the World Mental Health Day Committee (Ministry of Health)
- 2004-2007: Deputy Secretary, Kenya Psychiatric Association

Clinical Practice

I have been in clinical practice as a Specialist Psychiatrist since 1994.

Skills and competences

I have the following skills and competencies:

Social skills: Ability to work along with the team, ability to solve problems and understanding ability.

Organizational skills: Leadership, management

Technical skills: Good command of research methods and tools

Computer skills: Good command of Microsoft Office tools (Word, Powerpoint, Excel and Access)

Publications:

1. Kibera A.N, **Kuria M.W**, Kokonya D.A . Alcohol Use Disorders among HIV and AIDS Patients at Kenyatta National Hospital (KNH) Comprehensive Care Centre, Nairobi, Kenya, international Journal of research and health sciences. ISSN 2456 vol. 2 (7),pp 21-30, 2017.
2. Falkenstrom, F., Gee M.G., **Kuria, M.W.**, Othieno, C.J., Kumar, M.(2017). Improving the effectiveness of psychotherapy in two public hospitals in Nairobi. BJP Psych. International volume 14 number 3 Aug, 2017
3. Omondi L.A, **Kuria M.W**, Wanzala P. Determining the influence of preoperative nursing Assessment on patients' surgical outcomes and anxiety at Kenyatta National Hospital, Kenya. International Journal of Research (IJR) e-ISSN: 2348-6848, Volume 2, (9), pp 65- 71, 2015
4. Omondi L.A, **Kuria M.W**, Wanzala P. Qualitative analysis of preoperative assessment practices in elective surgery at Kenyatta and Mater Hospitals in Kenya. International Journal of Research (IJR) e-ISSN: 2348-6848, p- ISSN: 2348-795X Volume 2, (9), pp 80- 85, 2015
5. Omondi L.A, **Kuria M.W**, Wanzala P. Validating preoperative assessment tool for per operative nursing. International Journal of Research (IJR) e-ISSN: 2348-6848, p- ISSN: 2348-795X Volume 2, (9), pp 86- 93, 2015
6. Maina R, obondo A, **Kuria M.W**, Donovan D.W. Substance use literacy: implications for HIV medication adherence and addiction severity among substance users. *African Journal of Drug & Alcohol Studies*, 14(2), 2015
7. Muhingi W.N, Mutavi T, Kokonya D, Simiyu N.V, Musungu B,
 - a. Obondo A, **Kuria M.W**. Social Networks and Students' Performance in Secondary Schools: Lessons from an Open Learning Centre, Kenya. Journal of Education and Practice ISSN : 2222-1735 Vol.6, .(21) PP 171-177, 2015
8. Kokonya D. A., **Kuria W.M**, Ong'echa F.A, Mburu, J.M, D. M. Ndetei, D.M. Complex Post Traumatic Stress Disorder (PTSD) in Defilement: Case Report
 - a. Open Journal of Psychiatry,4, 2014.
9. **Kuria M.W**, Omondi L,Olando Y, Makenyengo M, Bukusi D. Is sexual abuse a part of war? A 4-year retrospective study on cases of sexual abuse at the Kenyatta National Hospital." *Journal of Public Health in Africa*, 2013.
10. **Kuria M.W**. Factors associated with relapse and remission of alcohol dependent persons after community based treatment. *Open Journal of Psychiatry* ISSN 2161-7325, 2013.
11. **Kuria, M.** and Olando, Y. Cost Effectiveness of Community Based and Residential Based treatment of Alcohol Use Disorders: Findings of a study in Kenya *Greener Journal of Medical Sciences* ISSN: 2276-7797 Vol. 3 (2), pp. 071-078, February 2013.
12. **Kuria,MW**, Ndetei,DM. Obot, S. Khasakhala,LI. Bagaka,BM. Mbugua,MN. Kamau,J. The Association between Alcohol Dependence and Depression

- International Scholarly Research Network ISRN Psychiatry Volume, Article ID 482802, 2012.
13. **Kuria, M.** and Olando, Y. Alcohol dependence: Does the composition of the available beverages promote it? *Open Journal of Psychiatry*, **2**, 301-304. 2012.
 14. Ungaya Likata, **Kuria M. W**, Olando Y. Owiti F. Sexual Dysfunction among Patients with Diabetes Mellitus. *Greener Journal of Medical Sciences* ISSN: 2276-7797 Vol. 2 (6), pp. 138-145, 2012.
 15. Kamau J. W, **Kuria, M. W.** Mathai M, Kangethe R, Atwoli L. Psychiatric morbidity among HIV infected children and adolescents aged between 6 to 18 years attending a comprehensive care clinic for HIV/ AIDS in a resource poor urban Kenyan community, *AIDS Care journal* ID 644234, (September)2011.
 16. Mbugua M.N **Kuria MW**, Ndetei DM "The Prevalence of Depression among Family Caregivers of Children with Intellectual Disability in a Rural Setting in Kenya," *International Journal of Family Medicine*, vol. 2011, ID 534513, (July) 2011.
 17. Ndetei DM, Khasakhala L, **Kuria M**, Mutiso V, Ongecha FA, Kokonya D, The Prevalence of Mental Disorders in Adults in Different Level General Medical Facilities in Kenya: A Cross-Sectional Study. *Annals of General Psychiatry* 8:1, 2009.
 - a. Available online at <http://www.annals-general-psychiatry.com/content/8/1/1>
 18. Ndetei DM, Khasakhala LI, Ongecha-Owuor FA, **Kuria MW**, Mutiso V, Kokonya DA. Prevalence of Substance Abuse Among Patients in General Medical Facilities in Kenya. *Journal of Substance Abuse*, 30 (1), 182-190, 2009.
 19. The educational environment of undergraduate students at the College of Health Sciences, University of Nairobi, Kenya. David M Ndetei, Lincoln I Khasakhala, Victoria Mutiso, Mary Kuria, Francisca Ongecha-Owuor, Donald A Kokonya Medical Teacher; 31(9):873, 2009.
 20. Thuo J, Ndetei DM, Maru H, **Kuria M.** The Prevalence of Personality Disorders in a Kenyan Inpatient Sample. *Journal of Personality Disorders*; 22 (2): 217-220, 2008.
 21. Ndetei DM, **Kuria MW**, Khasakhala L, Maru HM, Mutiso V, Mwangi J. Substance Abuse and Psychiatric Co-morbidities: A Case Study of Patients at Mathari Psychiatric Hospital, Nairobi, Kenya. *African Journal of Drug and Alcohol Studies*; 7 (1): 53-58, 2008.
 22. Ndetei DM, Khasakhala LI, Ongecha FA, **Kuria M**, Mutiso V, Syanda J, Kokonya DA. Attitudes Toward Psychiatry: A survey of medical students at the University of Nairobi, Kenya. *Academic Psychiatry*; 32:154-159, 2008.
 23. Ndetei DM, Khasakhala L, Ongecha FA, Kokonya D, Mutiso V, **Kuria M**, Odhiambo G, Akanga S. A Study of Drug Use in Five Urban Centres in Kenya. *African Journal of Drug and Alcohol Studies*; 7 (1): 17-26, 2008.

24. Mareko GM, Othieno CJ, **Kuria MW**, Kiarie JN, Ndetei DM. Body Dysmorphic Disorder: a case report. *East African Medical Journal*; 84 (9): 363-6, 2007.
25. Ndetei DM, Ongecha FA, Mutiso V, **Kuria M**, Khasakhala LI, Kokonya DA. The challenges of human resources in mental health in Kenya. *South Afr Psychiatry Rev*; 10:33-6, 2007.
26. **Kuria M**, Drug abuse in urban as compared to rural secondary school students. *East Africa journal*; Vol.73.5, 1996.

Book chapters

1. David Basangwa, David M. Ndetei, **Mary Kuria**, Francisca Ongecha-Owuor, Abdulreshid Abdullahi, John Mburu, Benson Gakinya Alcohol and other Substance Related Disorders Chapter 35, pg228-253. In: *The African Textbook of Clinical Psychiatry and Mental Health 2007*. ISBN-10:9966-874-71-2, ISBN-13: 978-9966-874-71-9.
2. **Kuria M.W.** Psychiatry Assessment Chapter 1, pg 1-4. In: *Aid to Undergraduate Psychiatry 2014*. ISBN-978-9966-070-80-7.
3. **Kuria M.W.** Anxiety Disorder Chapter 2, pg 5-10. In: *Aid to Undergraduate Psychiatry 2014*. ISBN-978-9966-070-80-7.
4. **Kuria M.W.** Somatoform Disorders Chapter 3, pg 11-12. In: *Aid to Undergraduate Psychiatry 2014*. ISBN-978-9966-070-80-7.
5. **Kuria M.W.** Mood Disorders Chapter 4, pg 13-16. In: *Aid to Undergraduate Psychiatry 2014*. ISBN-978-9966-070-80-7.
6. **Kuria M.W.** Sleep Disorders Chapter 5, pg 17-24. In: *Aid to Undergraduate Psychiatry 2014*. ISBN-978-9966-070-80-7.
7. **Kuria M.W.** Substance Use Disorders Chapter 6, pg 25-32. In: *Aid to Undergraduate Psychiatry 2014*. ISBN-978-9966-070-80-7.
8. **Kuria M.W.** Psychotic Disorders Chapter 7, pg 33-38. In: *Aid to Undergraduate Psychiatry 2014*. ISBN-978-9966-070-80-7.
9. **Kuria M.W.** Psychiatric Emergencies Chapter 8, pg 39-44. In: *Aid to Undergraduate Psychiatry 2014*. ISBN-978-9966-070-80-7.
10. **Kuria M.W.** Dissociative Disorders Chapter 9, pg 45-48. In: *Aid to Undergraduate Psychiatry 2014*. ISBN-978-9966-070-80-7.
11. **Kuria M.W.** Personality Disorders Chapter 10, pg 49-50 In: *Aid to Undergraduate Psychiatry 2014*. ISBN-978-9966-070-80-7.
12. **Kuria M.W.** Sexual and Gender Identity Disorders Chapter 11, pg 51-56. In: *Aid to Undergraduate Psychiatry 2014*. ISBN-978-9966-070-80-7.
13. **Kuria M.W.** Disorders of Eating Chapter 12, pg 57-60. In: *Aid to Undergraduate Psychiatry 2014*. ISBN-978-9966-070-80-7.
14. **Kuria M.W.** Factitious Disorders Chapter 13, pg 61-62. In: *Aid to Undergraduate Psychiatry 2014*. ISBN-978-9966-070-80-7.

15. **Kuria M.W.** Adjustment Disorders Chapter 14, pg 63-64. In: Aid to Undergraduate Psychiatry 2014. ISBN-978-9966-070-80-7.
16. **Kuria M.W.** Disorders of Infancy, Childhood and Adolescence Chapter 15, pg 65-68. In: Aid to Undergraduate Psychiatry 2014. ISBN-978-9966-070-80-7.
17. **Kuria M.W.** Psychiatry of the Elderly Chapter 16, pg 69-72. In: Aid to Undergraduate Psychiatry 2014. ISBN-978-9966-070-80-7.
18. **Kuria M.W.** Neuropsychiatric Aspects of Human Immunodeficiency Virus and Acquired Immune Deficiency Syndrome Chapter 17, pg 73-74. In: Aid to Undergraduate Psychiatry 2014. ISBN-978-9966-070-80-7.
19. **Kuria M.W.** Treatments in Psychiatry Chapter 18, pg 75-80. In: Aid to Undergraduate Psychiatry 2014. ISBN-978-9966-070-80-7.
20. **Kuria M.W.** Ethics in Psychiatry Chapter 19, pg 81-82. In: Aid to Undergraduate Psychiatry 2014. ISBN-978-9966-070-80-7.

Book

Kuria M.W. '*Aid to Undergraduate Psychiatry*, 1st Edition; KU Press,' 2014.

Research

Both my Masters Dissertation and PhD thesis were on the subject of substance use disorders. I have supervised a total of 37 masters' dissertation and I 'm currently supervising 4 PhD masters students for their thesis. Currently I have 22 publications including 1 book. I have also been involved in research projects as list below:

Research Support

Co-investigator:

1. MEPI Linked award on Mental Health Research Training for Improved Health Outcomes in Kenya(2012-2014)
2. NIRP funded comparative research on drug Abuse among the Bedouins in Israel and Maasai in Kenya (1995- 1997)

Collaborative Research projects

Collaborative researcher at the Ben-Gurion University, Israel in 1995- 1997 on a study titled "Drug Abuse among the Bedouins in Israel and Maasai in Kenya. (A comparative study)

Ongoing research

Aims lead MEPI linked Mental Health award in Kenya- NIH RESEARCH PROJECT- a collaborative research between the University of Nairobi (Kenya) and the University of Washington (USA)

Courses / Training/ Attended

- 2012: Training of trainers' course in strategic leadership and management organized by MSH at crown hotel, Nairobi
- 2009: National Institute of Health (NIH) training course on 'protecting human research participants' (certificate number: 290222)
- 2009: "updates of Neuro- Psychiatry" e- training at John Hopkins University of Medicine
- 1995: 'Training of Trainers' course organized by John Hopkins foundation – Out span hotel, Nyeri
- 1989: Mini-laparotomy course organized by the department of Obstetrics and gynecology in collaboration with the Johns Hopkins programme for international education in gynecology and Obstetrics

PRESENTATIONS IN WORKSHOPS, CONFERENCES AND SEMINARS

- 2014: Presented a paper "Challenges in treatment of alcohol dependence, relapse prevention and dealing with relapses" on 31st August in a Kenyan-Norwegian CBT conference held in Nairobi.
- 2014; Presented a paper 'Alcohol use in Kenya: challenges and opportunities' at Traveler's Beach Hotel, Nairobi.
- 2014: Organized a workshop for department of Psychiatry faculty and converted behavioural sciences course into E- content
- 2014: Presented a paper 'Review of Existing Curricula in ADA, at KEPHIS, Nairobi
- 2014: Presented a paper 'MSM/WSW and HIV at the KNH/UON organized " Mental Health for a Healthy Nation symposium
- 2014: Presented a paper 'Stress Management" at the GECK women's conference in Nakuru
- 2014: Presented a paper 'Qualities of a Good Leader' at NCT leaders Meeting
- 2013: Presented a paper' towards reviewing our training: need for curriculum review at Lamada hotel Nairobi
- 2013: organized a Curriculum review stakeholders workshop to review the MMed Psychiatry and Msc. Clinical psychology curricula from 15-18th January 2013 Great Rift Valley lodge.
- 2013: Facilitated a NACADA organized validation workshop for National Standards for Treatment and rehabilitation of persons with Substance Use Disorders from 26th February– 1st March at KEPHIS Nairobi.
- 2013: Facilitated a NACADA organized Validation workshop for the "Addiction Rehabilitation Facilities Licensing Regulations 2013
- 2013: Facilitated a NACADA organized Validation workshop for the "Kenya Licensing council certification policy and procedure manual for addiction professionals
- 2013: Facilitated a NACADA organized Validation workshop for the" NACADAA accreditation for training institutions

- 2013: Facilitated a NACADA organized Validation workshop for the National Drug Control Policy
- 2012: Presented a paper in-Report Of The National Alcohol And Drug Abuse Conference 2012 Held At the Kenya Institute of Administration January 25th-27th 2012 Theme: “Towards A Society Free From Alcohol And Drug Abuse
- 2012: Presented a paper on ‘overview of alcohol and substance abuse in Kenya at the UN workshop on prevention and management of alcohol and drug use at the workplace.
- 2010: Presented a paper on “alcohol dependence; treatment options” at the Young Psychiatrist Association on 29th September at the Serena Hotel.
- 2009: Co Presented paper on Female Genital Mutilation and the role of Medical Professions at the Kenya Psychiatric Association annual conference in Mombasa.
- 2004: Participated in Health and Social-Economic effects of tobacco topic and facilitated in training of trainers (TOT) workshop for personnel from Kenya Medical Training College from 23rd to 29th May 2004 at Senate Hotel, Juja-Thika District.
- 2004: Presented a paper on ‘Smoking Cessations: Behavioral and clinical pharmacological approaches’ at a Tobacco stakeholder’s forum and held on 2nd December 2004 in KICC Amphitheatre, Nairobi.
- 2004: Presented a paper “Changing patterns in drug abuse in Kenya” in World Psychiatric Association Regional conference held in Nairobi, Kenya.
- 2002: Participated in formulating school-based drugs prevention Program in the UNDCP Youth and Expert Group Meeting on school-based drug Abuse Prevention from 2nd – 5th September 2002 held in Vienna, Austria.
- 2002: Developed course content for MSc.. clinical psychology (HPS 901)

CONFERENCES, SYMPOSIUM AND SEMINARS ATTENDED

- 2014: Symposium on “Treatment of schizophrenia”, Mauritius in September.
- 2013: Symposium on “Treatment of bipolar mood disorder, Malaysia
- 2013: MEPI annual symposium, Kampala, Uganda
- 2012: 19th International Christian Medical Conference from 25th – 26th May 2012 at Safari park Hotel.
- 2011: “Responsible Conduct of Research Course” conference from 26-27th April conducted by the university of Nairobi and Washington University.
- 2011: 1st International Scientific Conference from 15th - 17th June 2011 held at the University of Nairobi.
- 2011: Africa Association of Psychiatrists and allied professions (AAPAP)/Kenya Psychiatric association (KPA) Conference, Nairobi from 25th to 27th August 2011 in Red Court Hotel, Nairobi.
- 2009: Drug and Substance Abuse and Infectious diseases conference from July 29th - 31st 2009 at Panari Hotel.
- 2005: Attended the World Psychiatric Association Regional Conference from 4th – 8th January 2005 in Corridor Springs Hotel, Arusha.
- 2006: Attended University of Nairobi Department of Psychiatry, AAPAP and KPA 17th August 2006 at Panafric Hotel Nairobi.

- 2007: Attended the World Psychiatric Association Regional Conference in Nairobi.
- 1999: Attended the World Psychiatric Association and the Kenya Psychiatric Association Regional Conference in Nairobi.
- 1996: Attended the All Africa Tobacco conference, Harare, Zimbabwe.

Workshops

- 2013: Attended Mental Health Grant Writing Workshop conducted by the University of Washington at UON at the College of Health Sciences (UON)
- 2013: Attended an international Symposium workshop in Malaysia from 4th to 8th September 2013.
- 2013: Attended a MSH organized training of trainers course in strategic leadership and management at crown hotel, Nairobi.
- 2012: Participated in Initiative on research and innovation Management (IRIM) Training workshop for Sub-Saharan Africa, Eastern Region on Research Administration and Grants Management from 9th -13th July 2012 at Silver Springs Hotel, Nairobi.
- 2010: Participated in Gender based violence management workshop on 4th to 9th January 2010.
- 2010: Attended the European Union Contact Point Network workshop for Young Africa Scientist on proposal writing.
- 2009: Attended a workshop on “Library Electronic Resources” from 16th to 17th June 2009 organized by the University of Nairobi Library.
- 1996: Attended a Research Designs Workshop for the Faculty of Medicine.
- 1995: Attended A Johns Hopkins Program for International Education in Reproductive Health Clinical Training Skills Workshop conducted from 13th -24th held in Nyeri.

Trainings

- 2012: Attended a MSH organized training of trainers course in strategic leadership and management at crown hotel, Nairobi.
- 2011: Attended training on “The intra-ACP academic mobility scheme” in 3-4th April
- 2010: Attended the European Union Contact Point Network for Young Africa Scientist on proposal writing.
- 2009: Completed the National Institute of Health (NIH) training course on ‘protecting human research participants’ (certificate number: 290222)
- 2009: Completed a John Hopkins University of Medicine e- training on “updates of Neuro-Psychiatry”
- 2009: Participated in training of pedagogy at central catering unit (CCU) organized by University of Nairobi
- 1989: Attended a Physician Mini-laparotomy course organized by the department of Obstetrics and gynecology in collaboration with the John Hopkins programme for international education in gynecology and Obstetrics.

Acknowledged:

1. Report on Rapid situation assessment of the status of drug and substance abuse in Kenya report ODCCP Studies on Drugs and ODCCP Study 2012

2. Report on drug situation assessment in Kenya by NACADA, 2012
3. ODCCP Study on drugs and crime. The Drug Nexus in Africa. Monograph, 1999

Examination

2005-2010: Chief Internal examiner for final (5th) year Bachelor of Medicine and Surgery, Department of Psychiatry examinations.

2004-2006: Chief internal examiner for Masters of Medicine in Psychiatry, University of Nairobi.

Postgraduate Dissertations Supervised

1. Dr Salwa Halthar. Depression in mothers of children aged 6-60 months with severe acute malnutrition admitted in kenyatta national hospital peadiatric wards. , 2016
2. Rachel Maina. Substance use literacy and adherence to medical treatment among adult substance users, 2015
3. Anne Kibera. Association Between Levels Of Alcohol Consumption And Depressive Disorders Among Comprehensive Care Clinic Clients, 2015
4. Rosemary Kiunyu. Alcohol and substance use among HIV infected youth aged between 15 -25 yrs old attending comprehensive care centre [CCC] at Mbagathi district hospital, 2015
5. Anne Gitere. Co morbid psychiatric disorders among staff using alcohol in the city council of Nairobi, 2015
6. Millicent Elizabeth Khaemba. Childhood experience of inter-parental violence as a risk factor for intimate partner violence – a study on women in resource-limited settings in Nairobi, 2015

7. Dr Ochieng Jackline. Prevalence Of Risky Sexual Behaviour Among Adolescents Attending Public Nairobi Secondary Schools, 2013.
8. Dr Gitau Catherine. Occupational Stress And Substance Use Among Prison Officers In Kamiti Prison, 2013.
9. Olando Yvonne. The Prevalence Of Relapse Among Persons Admitted In Kenya Rehabilitation Centres, 2013.
10. Sheila Gachanja. The Prevalence Of Cognitive Dysfunction Following Traumatic Brain Injury In Patients At Kenyatta National Hospital (University of Nairobi), 2013.
11. Hilen Njamba. Prevalence Of Substance Abuse Among Forensic Psychiatry Inpatients At Windhoek Central Hospital Forensic Unit, Namibia (University of Nairobi), 2013.
12. Windle Michael. Cataloging and data basing of completed unpublished postgraduate dissertations at the department of Psychiatry University of Nairobi fellowship project (School of Public Health, Department of Global Health University of Washington), 2013
13. Dr. Ongeru Linnet K. Personality disorders among substance abusers in drug rehabilitation centres in Kenya (University of Nairobi), 2012.
14. Dr Edgar Munga. Prevalence Of Depression Among Cardiac Patients At Kenyatta National Hospital (University of Nairobi), 2012.

15. Dr Wainaina. Personality and psychiatric morbidity Depression among children with HIV/AIDS (University of Nairobi), 2012.
16. Dorcus Murei. Anxiety And Depression In HIV Positive Mothers With Children Enrolled In An On-Going HIV Vaccine Trial: A Comparison Of Breast feeders With Formula Feeders (University of Nairobi), 2012.
17. Mercy Ileri. Prevalence Of Substance Use And Abuse Among Psychiatric Outpatients At Mathari Hospital (University of Nairobi), 2012.
18. Angelica Waigwa. Impact of alcohol abusers on quality of life among people living with HIV/AIDS (PLWHA) in Kibera Kenya. (University of Nairobi), 2011.
19. Dr Simenda. Prevalence of Psychiatric Co morbidity among adolescents attending clinics in Lusaka, Zambia (University of Nairobi), 2011.
20. Dr Georgina Kamunge. Stigmatization among mental health workers at Mathare mental hospital. (University of Nairobi), 2011.
21. Geoffrey Likata. Prevalence of sexual dysfunction, depression and anxiety among hypertensive and diabetic patients at KNH (University of Nairobi), 2011.
22. Dr Miriam Mureithi. Relapse rate among patients at Mathare Mental hospital drug rehabilitation centre. (Moi University), 2011.
23. Betty Bagaka. Psychosocial needs of alcohol dependent persons in Kangemi (University of Nairobi), 2010.
24. Dr. Praxeda James Swai. Psychiatric morbidity among adult cancer patients admitted at ocean road cancer institute, Dares salaam, Tanzania (University of Nairobi), 2010.
25. Dr Judy Kamau. Psychiatric morbidity among HIV infected children aged 6-18yrs, attending a CCC at a resource poor urban community center (University of Nairobi), 2010.
26. Dr Mercy Karanja. Psychiatric co morbidity among patients admitted in rehabilitation centers (University of Nairobi), 2010.
27. Dr Shadrack Ngamije. Prevalence of Post traumatic stress disorder among widow survivors of 1994 Rwandese genocide (University of Nairobi), 2009.
28. Micheline Kaigongi Ntarani. Prevalence of depression among T.B patients attending TB clinic at Mbagathi district Hospital Nairobi (University of Nairobi), 2008.
29. Dr Bunyasi. Prevalence of substance abuse among Forensic Psychiatry in patients at Mathari Hospital (University of Nairobi), 2008.
30. Margaret Mbugua. Prevalence of depression and burden on caregivers of siblings suffering from mental retardation in Gachie Catholic Parish in Kiambaa constituency (University of Nairobi), 2008.
31. Eunice Navagaka. Prevalence of Psychiatry Morbidity among Primary School teachers In Mogotio division, Baringo District (University of Nairobi), 2008.

32. Regina Ndiema. Prevalence of PTSD among Masai Girls who have undergone Female Genital Mutilation (FGM) (University of Nairobi), 2008.
33. Kimani Grace Wairimu. Pattern of drug abuse among patients admitted in Mathari Hospital Drug Rehabilitation Unit: A population survey (University of Nairobi), 2008.
34. John G. Nganga. Prevalence of Burnout syndrome and its health impact on accountants in University of Nairobi (University of Nairobi), 2007.
35. Dr. Irungu M. David. Prevalence and Patterns of Use of Alternative Therapies amongst outpatient clinic attendants in Mathari Hospital, (University of Nairobi), 2007.
36. Dr Mwenda. Prevalence of Cardiovascular Risk Factors among Mathari hospital in patients (University of Nairobi), 2007.
37. Dr. Simon K. Njuguna. Prevalence and Pattern of Violent Behavior among psychiatric patient admitted at Mathari Mental Hospital, Nairobi Kenya (University of Nairobi), 2005.

Ph.D Student Supervision

1. Lilian Adhiambo Omondi : “Effectiveness of preoperative preparation of patient for surgical operation by preoperative nurses at Kenyatta National Hospital, Kenya” (School of Nursing , University of Nairobi).
2. Okoth Roselyne A: Effects Of Chronic Khat Use On Learning And Semantic Memory Among The Youth In Urban Settings In Kenya (Department of Psychiatry, University of Nairobi)
3. Esther Wanjiku Kariuki: Efficacy Of Psychosocial Intervention On Maternal Depression And Mother/Child Dyad In Kibera, Nairobi (Department of Psychiatry, University of Nairobi)
4. Karemera Drug and substance abuse among Rwandan youth: Prevalence, Etiological factors and Management (Department of Psychiatry, University of Nairobi)

Research Grants

Research Support

Co-investigator:

1. MEPI Linked award on Mental Health Research Training for Improved Health Outcomes in Kenya(2012-2015)
2. NIRP funded comparative research on drug Abuse among the Bedouins in Israel and Maasai in Kenya (1995- 1997)

Research Proposal Submitted

1. Integrating tobacco cessation trainings into existing Healthcare program (Collaborating Institution Ministry of Health, Kenya)
2. Assessing outcome of psychotherapies delivered at Kenyatta National Hospital: Towards an outcome-informed practice(Collaborating Institution University of Linköping, Sweden)

Research proposals under preparation for September 2014 Submission

1. Impact of alcohol consumption on the quality of life in people living with HIV (PLWHIV) and the effectiveness of psycho education. NIH application, (Collaborating Institution, University of Washington)
2. Characterization of alcohol use and alcohol use disorders in HIV positive MSM and FSW in Nairobi, Kenya. NIH application (Collaborating Institution, Moi University)
3. Use of social media in minimizing underage drinking, NIH application.

Peer Reviewer for Journals

I have reviewed Manuscripts for the following journals:

1. East Africa Medical Journal
2. African Journal of Drug & Alcohol Studies
3. International Neuropsychiatric Disease Journal

Social Responsibilities

1. 2013: Organized a medical camp in Eastlands, Nairobi.

2. 2010: Organized a medical camp for the residents of Kiambiu and City Carton slums (Eastland), Nairobi.
3. 2008: Organized and participated in a Medical Camp for the internally displaced in Nakuru in collaboration with The Kenya House of Prayer.
4. 2007: Organized and participated in a Medical Camp for the Orma Tribe (North Eastern) in collaboration with Nairobi Calvary Temple.
5. 2006: Organized and participated in a Medical Camp to Kapoeta (Southern Sudan) in collaboration with Jehova Jireh Ministry.
6. 2006: In charge of the medical team which attended mission to Kapoeta Sudan organized by The Kenya House of Prayers.

Public and lay education

1. Written several articles on print media regarding substance use disorders and mental health issues.
2. Provides education to school students on mental health issues on invitation.
3. Provides mentor ship to Sunshine secondary school students weekly for the last 2 years.
4. Gives education on mental health issues in churches and other forums on request.
5. I have participated in several media (Radio and TV) since 1994 on Mental Health Issues.

Professional Membership

1. Formerly Deputy Secretary for Kenya Psychiatry Association (KPA)
2. Kenya Medical Association
3. Kenya Hospital Association
4. Kenya Psychiatry Association (K.P.A)
5. University of Nairobi Alumni
6. Member of the technical team- NACADA Ad-hoc technical team NACAAD 2012 Report on Rapid situation assessment of the status of drug and substance abuse in Kenya

REFEREES:

Dr. Frank Njenga
Consultant Psychiatrist
Upper Hill Medical Centre
P.O Box 73749-00200 Nairobi
Telephone number: 0738 499124

Dr. Marx Okonji
Consultant Psychiatrist
Doctors Plaza, Nairobi Hospital
P.O Box 1501 – 00606
Nairobi
Telephone number 0733610977

Dr Pius Kigamwa
Consultant Psychiatrist & Senior Lecturer University of Nairobi
Doctors Plaza, Nairobi Hospital
P.O Box 19676 – 00200
Nairobi
Telephone number: 0724 541518, 020-3743012