

Manasi Kumar

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Education: University College London and University of Delhi

CPsychol, British Psychological Society, UK since 2011 Membership no. 216387

Sep 2005 –2009 **PhD in Psychology**

Department of Clinical Health Psychology, UCL, University of London
Thesis: Impact of disasters on children in adversities: Attachment interviews with child survivors of 2001-02 Gujarat earthquake and riots.

2002 -2003 **MSc in Theoretical Psychoanalytic Studies**
UCL, University of London

2001-2002 **MPhil in Clinical Psychology**
University of Delhi

1999-2001 **MA in Clinical Psychology**
University of Delhi
Specialization in: Clinical Social Psychology and Psychoanalysis.

1996-1999 **BA(H) in Psychology**
University of Delhi
Specialization in Abnormal and Counselling Psychology

Work Experience:

July 2011-ongoing Lecturer in Clinical Psychology, Department of Psychiatry, College of Health Sciences, University of Nairobi (the main focus of my teaching is

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on Psychotherapies, Child and adolescent psychopathology, Psychological trauma assessment and management modules offered in the MSc clinical psychology and undergraduate medicine (MBCHB) and postgraduate (M.Med.) programmes).

- Dec 2011- ongoing Honorary Research Fellow, Research Department of Clinical Health and Educational Psychology, University College London, UK
- Nov 2010-July 2011 Honorary Lecturer, Department of Psychiatry, University of Nairobi
- Sep 2009-Sep 2011 Associate Clinical Lecturer and Research Fellow, Research Institute of Psychology and Social Change, Manchester Metropolitan University
- Sep 2007-Sep 2008 Associate Lecturer, Research Methods course 'Critical Analysis' for Undergraduate Psychology at Birkbeck College, University of London
- July 2004-Sep.2005 Lecturer, Department of Psychology, Lady Shri Ram College, University of Delhi
- Oct. 2003-June 2004 Research Associate, Department of Psychology, University of Delhi, India for the Centre for Psychoanalytic Research and Therapy
- Aug. 2001-Jan. 2002 Trainee Clinical Psychologist and Psychotherapist at IHBAS (Delhi State govt. Psychiatric hospital)
- May 1999- Apr 2001 Counselling Psychologist in a Disability Rights NGO ASRA (Action for Self Reliance and Alternatives), New Delhi

Volunteer Work:

- Jan 2011-ongoing Co-ordinator of the Peer Support group of UNKLESA (working group with children and families of UN staff members)
- July 2011-ongoing Voluntary assistance to the UNDSS/UNDP Somalia stress counsellor Somalia for development of Peer-Support and Counselling Manual
- July 2004-Sept 2004 Worked with *Snehi*, an organization devoted for psychosocial support and mental health care to evolve a curriculum for a post-graduate course in Clinical Social Work.

Areas of Interest:

Outcome psychotherapy research, trauma research in psychology and psychoanalysis, qualitative research in psychology; clinical social work; psychosocial research with children in extreme trauma and poverty; disaster mental health; & applied developmental & social psychology; environmental psychology; psychological critique of economic valuation of ecosystem services

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Academic Activities:

Papers and Publications:

2013

Kumar, M. (2013). Poverty and psychoanalysis: Understanding the antipathy of psychoanalysis to the world of poverty. *International Journal of Applied Psychoanalytic Studies* (forthcoming, March 2013)

Kumar, M & Fonagy, P. (2013). Studying differential effects of exposure to social violence and natural disaster on mental health of children: 2001-2002 Gujarat earthquake and riots. *Journal of Traumatic Stress* (in press, June 2013)

Kumar, M. & Fonagy, P. (2013). Attachment trauma of child survivors of two disasters in Gujarat. *International Forum of Psychoanalysis* (in press, March 2013).

Kumar, M. & Fonagy, P. (2013). Evaluating the Cross-Cultural Sensitivity of SDQ: A comparative Analysis of SDQ results of 351 Gujarati children with the British normative sample. *International Psychiatry* (in press, March 2013).

Kumar, M. & Fonagy, P. (under revision). Is Inhibition a symptom or defence?: Understanding psychology of young Kutchi girls. *International Journal of Psychoanalysis*

2012

Kumar, M. (2012). The poverty in psychoanalysis: 'Poverty' of psychoanalysis? *Psychology & Developing Societies*. 24: 1-34

Kumar, M & Mills, C. (2012). Making psychology strange: Dislocations and Defamiliarizations in India. *Annual Review of Critical Psychology* (in press).

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2011

Kumar, M & Fonagy, P. (2011). Conceptualizing attachment trauma: Exploring emotional vulnerabilities among disaster affected children of Gujarat. *Psychological Studies* DOI: 10.1007/s12646-011-0114-x.

Kumar, M. (2011). Introduction. *Essential Writings of Sudhir Kakar*. Oxford University Press: New Delhi.

Kumar, M (2011). (Re)Locating the Feminist Standpoint in Practice of Psychology Today: A case of India chapter in the A. Rutherford et al. (eds.), *Handbook of International Feminisms*, International and Cultural Psychology, DOI 10.1007/978-1-4419-9869-9_9. (New York: Springer).

Kumar, M & Fonagy, P. (2011) Attachment and Social trauma in post-riots Gujarat (Commentary) in *Economic and Political Weekly* (in press)

Kumar, M. (2011). Girls are to be seen, not to be heard' Linking child attachment, gender, poverty: Understanding social trauma of Kutchi girls in post earthquake Gujarat. *International Journal of Applied Psychoanalytic Studies* (under revision).

Kumar, M. & Fonagy, P. (2011). Evaluating the Cross-Cultural Sensitivity of SDQ: A comparative Analysis of SDQ results of 351 Gujarati children with the British normative sample. *Paediatrics* (under consideration).

2010

Kumar, M (2010). Politics of Exclusion and Social Marginalization of Muslims in India: Case Study of Gujarat in the Special Issue in *Journal of Applied Psychoanalytic Studies* on Islam and Muslims, Vol. 7 (3): 209-218.

Brondizio, ES, Gatzweiler, F, **Kumar, M** & C. Zografos. (2010) 'Socio-cultural context of ecosystem and biodiversity valuation' in P.Kumar Ed. *The Economics of Environment and Biodiversity: Ecological and Economic Foundations*. Earthscan.

2009

Kumar, M. (2009). Recasting the primal scene of seduction: Envisioning a potential encounter of otherness in Jean Laplanche and Sudhir Kakar' in *Psychoanalytic Review*, Vol 96 (3): 485-513 (June 2009).

Mishra, G & **Kumar, M.** (2009) Psychology in India: A Retrospect and Prospect: Concluding commentary. Written for *ICSSR commissioned Review of Psychology Series*, ICSSR/ Pearson Publications.

Kumar, M & Burman, E.(eds) (2009) 'Critical and Subaltern Approaches: (How) Can the Millennium Human Development Goals Be Achieved? Double issue, *Journal of Health Management*, . Online version available: <http://jhm.sagepub.com/current.dtl>.

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2008

Kumar, M & Kumar, P. (2008) Valuation of Eco-system services: A psycho-cultural perspective. *Ecological Economics*, Vol. 64, 4 (1):808-819.

Akhtar, S & **Kumar, M.** (2008) Destiny and Nationalism: Mohammed Ali Jinnah' in 'The Crescent and the Couch: Crosscurrents between Islam and Psychoanalysis', The Other Books,(ed) Salman Akhtar, pp.79-102.

2007

Kumar, M. (2007) A journey into the bleeding city: Following the footprints of the rubble of riot and violence of earthquake in Gujarat, India *Psychology and Developing Societies*,19(1): 1-36.

Kumar, M. (2007) Masud Khan: The Myth and Reality' (2004) authored by Roger Willoughby, *Psychoanalytic Quarterly*, LXXVI 3: 997-1008.

2006

Kumar, M (2006) Rethinking Psychology in India: Debating Pasts and Futures' in the *Annual Review of Critical Psychology*, 2006: Vol. 5. Full paper available for free access at: www.discourseunit.com/arcp/5.htm

2005

Kumar, M. (2005) Lost Field and Abandoned Notes: Remnants of an Encounter with Preeti', *Journal of Psychological Foundations* (published by Psychological Foundations Trust, New Delhi) VII (I):23-29.

Kumar, M. (2005) In a Bid to Restate the Culture-Psyche Problematic: Revisiting Kakar's "The Essential Writings of Sudhir Kakar", *Psychoanalytic Quarterly*, LXXIV:561-587.

Kumar, M. (2005) Freud and Narcissism: Developing Links for Inclusion of the Object, *International Forum of Psychoanalysis*, 2 (14): 86-93.

2004

Kumar, M. (2004) Getting Close to the Real: Indian Cultural Psyche through Sudhir Kakar's lenses, *ICSSR Indian Psychological Abstracts and Reviews* 11(2), July-December 2004, pp.1-25.

Kumar, M. (2004). Sanitizing the Discourses on Insanity: Review of Tehelka News story "The Price of Insanity" published in the December 2004 edition of *The Journal* (Journal of Psychological Foundations, India).

Research Awards, Funding and Other Funds-Raising

2012

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MEPI NIMH linked grant \$ 700,000 ‘ Mental Health Research Training for Improved Health Outcomes in Kenya’ in association with the School of Public Health University of Washington and Department of Psychiatry, University of Nairobi (co-PI)

2010-2011

- Received RCUK fellowship to participate in the Asian Development Bank sponsored conference on ‘*Environments of the poor*’ at Taj Palace Hotel, New Delhi from 23-25th November, 2010.
- Received follow-up grant to develop a proposal on Psychology of Climate change from UKERI India Office

2009

- Awarded *UCL Graduate School Conference Fund* to present paper ‘Poverty in Psychoanalysis: Poverty of Psychoanalysis’ at the Annual Meeting of the American Psychoanalytic Association at New York in Jan 2009.

2008

- Awarded Witkin Okonji Travel Bursary for participation at the *IACCP* conference, 27-31st July, 2008 in Bremen, Germany.

2007/08

- Awarded *UCL Graduate School Research Fund* (£1000 towards field research in Gujarat).

2007

- Grant given by *Charity Concern for Mental Health* (London, UK) to conduct two capacity building programmes on trauma assessment and intervention with children (PACT) in Gujarat (India) (an award of £8000 given).
- Grant from *Vikram Sarabhai Foundation* (India) towards organization of PACT programme workshop in New Delhi (an award of 80,000 rupees given).
- Grant from the *Inlaks Foundation* (India) towards organization of PACT programme workshop in Ahmedabad (an award of 1, 00,000 rupees given).

2006

- Awarded *UCL Graduate School Research Fund* (towards field research in Gujarat).

2005-08

- Recipient of the *Dorothy Hodgkin’s Postgraduate Award* (2005) to pursue Doctoral research in the Department of Psychology at University College London, UK.

2004/2005

- Received IDRC’s (*International Development and Research Council*, Canada) travel fellowship to present paper “Valuation of Ecosystem Services: A psychological perspective” at *International Society for Ecological Economics* Conference 2004 in Canada.

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- Awarded Research Stipendship for one year (Dec.2004-Dec.2005) as a part of SARAI's programme on *Research on the City* to work on the paper "Mapping the Agape: Following the footprints of the rubble of riot and violence of earthquake".

2002

- Recipient of *Inlaks Foundation Fellowship* in 2002 to pursue M.Sc. in Theoretical Psychoanalytic Studies at UCL, UK.

Membership in Professional Bodies:

- Member of the British Psychological Society's *Clinical and Counselling Psychology Divisions* (since 2011)
- Member of the *Kenya Psychiatric and Psychology Associations* (2011- ongoing).
- Member of the Trauma Research Network (*International Network for Interdisciplinary Research about the Impact of Traumatic Experience on the Life of Individuals and Society*), organized by Hamburg Institute for Social Research, Hamburg, Germany since 2004.
- Affiliate research student member of the American Psychoanalytic Association (APsAA) (2008-2010).
- Member of the *Transcultural Psychiatry Group* based in the McGill University, Montreal, Canada.
- Member of the *International Society for Traumatic Stress Studies (ISTSS)* 2006-2011).
- Member of the *International Association of Cross-Cultural Psychology (IACCP)* 2006-2010).
- Member of the *International Society for Theoretical Psychology (ISTP)*, 2008-2011
- Qualified National Eligibility Test (NET) for lecturer ship in Psychology of University Grants Commission's (UGC), Government of India in December 2000.

Other Academic and Research Engagements

- Reviewer for the Journals *Psychological Studies* (Springer, Delhi), *Annual Review of Critical Psychology* and *Theory & Psychology*, *Feminism & Psychology*, *Disasters*, *Feminist Review*, *Ecological Economics*, & reviewed books for *Psychoanalytic Quarterly* in 2005, 2007, 2009, 2011, 2012 and *Psychoanalytic Review*, 2010, 2011, 2012.
- Editorial board member of Sage India journal, *Journal of Health Management*.

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Workshops Organized:

- Conceptualized and coordinated capacity building programmes with SEWA, Ahmedabad (21-25th November 2007) and Centre for Psychoanalytic Studies, University of Delhi (17-21st December 2007) on 'Trauma assessment and intervention with children and adolescents' (PACT) funded by Vikram Sarabhai Foundation & Inlaks Foundation, New Delhi.

Recent Seminars and Conferences:

2012

- Presented papers on 'Attachment trauma in children' and 'Poverty and Psychoanalysis' at the 30th International Congress of Psychology at Cape Town from 22-27th July 2012
- Invited lecture given at UN-Joint Medical Programme on Depression and its Management in UN Gigiri campus on 10th October 2012

2011

- Conceptualizing attachment trauma of children exposed to disasters at the 4th Peter C. Alderman conference on Psychotrauma organized by the African Mental Health Foundation in Nairobi from 11-15th July, 2011, Nairobi, Kenya
- Presented paper 'Examining the circle of attachment trauma, shame and marginalization: The unheard voices of young Kutchi girls' *Centre for Social Research (ZEF) conference on 'Poverty and Marginality'* from 19-22nd June 2011 at Bonn, Germany.
- Locating children in their own stories: Exploring the child attachment interview. Talk delivered at the Annual meeting of counselors and psychotherapists in Kenya at the Tumaini Counselling Centre in Nairobi on 27th April, 2011.

2009

- Presented a paper 'Poverty and Psychoanalysis: Poverty of Psychoanalysis?' at the Annual Winter Meeting of the American Psychoanalytic Association at Waldorf Astoria Hotel, New York from 14-19th Jan. 09.
- Organized and chaired a panel on 'Rethinking values, needs and faith: Braiding psychoanalysis and social action' at the Rethinking religion in India II: Rethinking secularism conference organized by University of Ghent and Kuvempu University at New Delhi from 13-15th Jan 09.

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- Presented paper 'Valuation of Ecosystem services: A psychocultural perspective' at the 10th Global Development Network (GDN) conference on Natural resources and development as part of the medals competition at the Arab Social and Economic Fund, Kuwait city from 1-6th Feb. 2009.

2008

- Presented paper 'Girls are to be seen, not to be heard: Field notes from rural Gujarat' in the symposium 'Displacements of gender and childhood: the political economy of memory and belonging' at the BPS Annual Psychology of Women Conference on 'Rights and Change' at Windsor, UK from 16-18th July 2008.
- Presented paper 'Attachment and Social trauma of young survivors of Gujarat earthquake and riots' at the International Congress of Psychology (ICP) at Berlin, Germany from 20-25th July 2008. Chaired the session 'Psychology of Disasters' at the Congress.
- Presented paper 'Attachment and Social trauma of children in Gujarat' at the XIX International Conference of Cross-Cultural Psychology (IACCP) at Bremen, Germany from 27-31st July, 2008.
- Delivered a talk on 'Linking child attachment, disasters, and poverty: understanding attachment and social trauma of children in Gujarat' at the Department of Primary Care and Population Sciences, UCL, London on June 20th 2008.
- Delivered a talk on 'Poverty and Psychoanalysis: the Poverty of Psychoanalysis' at the Department of Psychology and Social Change, Manchester Metropolitan University, Manchester on June 11th 2008.

2007

- Presentation on 'Linking Child Attachment, Disasters, Traumatic Events and Poverty: Implications for Trauma Assessment and Intervention' to Indian Association of Family Therapists on 13th November 2007 at the Lady Irwin College, New Delhi.
- Participated and presented paper 'Attachment and Social trauma of Gujarati children' at the 13th Annual Research Training Programme organized by the International Psychoanalytic Association and Psychoanalysis Unit, UCL at UCL London from 2-10th August, 2007.
- Presented paper 'Psychoanalysis in India: Beginnings and Aporias' at the conference 'Ex-Cathedra- On the future development of psychoanalytic studies' held at the University of Kent on 21-22 July 2007.
- Presented a paper 'More poverty?, Less trauma?: Research findings from Child attachment interviews of Gujarati children' on July 2007 at The Center for Psychoanalysis and Philosophical Anthropology (CPPA) at the Catholic University of Leuven, Belgium.

2006

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- Presented paper ‘Attachment and Social trauma of earthquake and riots affected children in Gujarat (India) at the Workshop on developing conceptual dimensions of psychoanalytic study and research organized by the IPA Sub-Committee on Conceptual Research at the Sigmund Freud Institute held in Frankfurt from Oct. 31-Nov.3, 2006.
- Presented a paper on ‘Freud and Narcissism’ at the Centre for Psychoanalytic Research and Therapy at the University of Delhi, India on September 25th 2006.
- Presented paper ‘A Journey into the Bleeding City: Following the Footprints of the Rubble of Riot and Violence of Earthquake in Gujarat, India’ in the Third International Trauma Research Net Conference on ‘Trauma – Stigma and Distinction-Social Ambivalences in the Face of Extreme Suffering’ organized by Hamburg Foundation for the Advancement of Research and Culture from September 14-17, 2006 in St-Moritz-bad, Switzerland.
- Lectured on ‘Psychological Care and Assessment of Children’ to social workers and field workers of SEWA (Self Employed Women’s Association), Ahmedabad, Gujarat in March & April, 2006.

2005

- Presented paper ‘Mapping the agape: Following the footprints of the rubble of riot and violence of earthquake’ at SARAI (South Asia Resource Access on the Internet) on August 30-31st 2005 at the Centre for Studies of Developing Societies (CSDS), Delhi.

2004

- Presented paper ‘Lost field and Abandoned Notes: Remnants of an Encounter with Preeti’ in The Mental Health Training Programme for Tibetan Community Health Workers held on the November 27, 2004 in New Delhi organized by the Dalai Lama Foundation in collaboration with the Centre for Psychoanalytic Studies, University of Delhi.
- Participated in the 8th Biennial International Conference of the International Society for Ecological Economics at Montreal, Canada in July 2004. Contributed a paper titled ‘Valuation of Ecosystem Services: A Psychological Perspective’ for the conference.
- Presented paper titled ‘Some Considerations for Research on Children: Insights from Psychoanalysis’ in the symposium on Well-Being of the Child organized by Bharati College, University of Delhi in January 2004.

(Manasi Kumar)

Date: 12.01.13

Place: Nairobi