

CURRICULUM VITAE

PERSONAL DETAILS

Name **Dr. Lucas Githinji Mwaura**

Academic Degrees

1. **Baccalaureate Degree in Theology**
2. **Master of Arts (MA)**
3. **Doctor of Philosophy (Ph.D)**

Date of Birth **19th September, 1954**

Gender **Male**

Marital Status **Single**

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Nationality **Kenyan**

ACADEMIC QUALIFICATIONS

Period of Study	Institution	Course of Study	Qualification & Year of Graduation
1994-1997	Duquesne University Pittsburgh, PA USA	Doctor of Philosophy (PhD.) in Personality Formation	PhD. May, 1997
1992-1993	Duquesne University Pittsburgh, PA USA	Masters of Arts in Counselling Psychology/Formative Spirituality	M.A. In Psychology 1994
1988-1989	Institute of St. Anselm, Malgate, Kent. Britain	Higher Diploma in Guidance and Counselling	Higher Diploma, June 1989
1977-1981	St. Thomas Aquinas Senior Seminary, Nairobi, Kenya	Theology and Religious Studies	B.A. (Baccalaureate Degree, (Upper II Honors) Rome, Italy. May, 1982
1974-1975	St. Augustine Philosophicum, Mabanga, Bungoma, Kenya	Philosophy and Religious Studies	Diploma in Philosophy, 1975
1970-1973	Queen of Apostles Junior Seminary	Secondary Education	Kenya Certificate of Education
1963-1969	Muthiga Primary School	Primary Education	Kenya Certificate of Education

KEY COMPETENCIES

- ✓ Competence in Counselling Psychology Teaching and Research, Organisational Behavioural Development obtained through Intensive Training and Research
- ✓ Teaching of Undergraduate and Postgraduate students acquired through experience of teaching at the University of Nairobi, Duquesne University, Pittsburgh, PA USA
- ✓ Staff Training and workshop Facilitation Skills acquired through intensive training and in my role as a facilitator and organiser as a Catholic Missionary in Southern and Central African Regions (1981-1988) and as an Educationist, as well as facilitating in seminars and workshops nationally.
- ✓ Coordination of programmes at National level acquired through expertise and working as a Consultancy within the Church Education and Chaplaincy Sectors.

- ✓ Competence in Research writing and Training including Proposal and Thesis Writing and Supervision of Projects and Thesis acquired in supervision of students at Masters and Ph.D levels.
- ✓ Proficiency in computers, research design and analysis acquired through training and training others in research, data collection and analysis
- ✓ Proficiency English Language and Report Writing
- ✓ Highly developed Interpersonal, Communication and Analytical Skills
- ✓ Highly specialized skills in: Counselling Psychology; Educational Management; Development Programme and Facilitation of Training Skills
- ✓ Self driven to accomplish task with minimum or no supervision and by way of specialised skills as member of a team acquired through participation in Educational Seminars.

HIGHER EDUCATION, TRAINING AND CONSULTANCY

- Member: Faculty Research, Seminars and Publications Committee, Faculty of Arts, University of Nairobi, promoting research and scholarship in the Faculty.
- Member: Post Graduate Committee, Department of Psychology
- Member: Course Programme Committee for Post Graduate and Undergraduate Studies
- Module Writing: University of Nairobi, Long Distance Learning: Adjustment Psychology, Abnormal Psychology, Behavior Modification and Forensic Psychology.
- Designed: University of Nairobi Course Programme in Forensic Psychology
- Developed: Students Manual for Counselling and Psychotherapy, University of Nairobi
- Development: Participated in Counselling Skills for Terminally Ill groups and the significance of Anti – Retroviral Therapy and HIV and AIDS

RESEARCH UNDERTAKINGS

Year	Title of Research	Award / Publication
1989	Counselling in Practice, Emotional Overload	To be Published as: Parenting: Effects of Anger in Relationships (<i>In Process</i>)
2007-2010	Professional Counselling Services in Traditional Societies in Kenya	To be Published as: Rehabilitation of Offenders and Prevention of Recidivism (<i>In Process</i>)
2005-2010	The Psychology of Gender and Human Sexuality	To be Published as: Intimacy and Sanctity of Sexuality (<i>In Process</i>)
2010-11	Sexual Violence Against Girls' in Schools: Strategies and Challenges Towards Safer Schools	Centre for Rights Education and Awareness (CREAW)
2008-2012	Counselling Kenyan Seminaries	Published: Counselling in the Seminaries: A Handbook for Spiritual Mentors For Seminarians (<i>In Process</i>)
2009-2012	Violence in Schools: Teacher and School Preparedness.	To be Published: Strategies in Behavior Modification
2008-2012	The Non-Medical Use and Abuse of Prescription Drugs	Official report: The Abuse of Prescription Drugs (<i>In Process</i>)

Official Report Editoring

Review and Assessment of Course Programmes	Counselling Psychology Programme (Diploma Course)	Kenya Institute of Higher Education, Nairobi
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NATIONAL SEMINARS AND CONFERENCES

Seminar Date	Seminar / Conference	Focus of Seminar	Venue
2011	Interrogation and Criminal Profiling	Police Reforms	Utali Hotel
2012	Alliance Francais	Accent Reduction Program.	Nairobi
2012	Internal Security	P.A.R.T.	Kabete Police St.
2012	Kenya Association of Professional Counsellors (KAPC)	Counselling	Nairobi, Kenya
2012	Foundations of Behavior	Task Force, Min. of H.A	Off. VP.

WORK EXPERIENCE

Period	Designation	Station	Responsibility
May 2006 to Present	Lecturer	University of Nairobi, Faculty of Arts, Dept. of Psychology	<ul style="list-style-type: none"> - Lecturing Students, setting, moderating and marking exams for Undergraduate students in Psychology and Counselling - Supervising Counselling Projects and Practicum's for Undergraduate and Diploma students - Development of Master of Counselling Psychology Course - Supervising Masters and Member of the Postgraduate Faculty Study Committee.
2008 to Present	Catholic Chaplaincy, Upper Kabete Campus(Guidance and Counselling for Students)		
2000-2005	Part time Lecturer	Duquesne University, Pittsburgh, PA USA	<ul style="list-style-type: none"> - Lecturing to students, setting, moderating and marking exams for both undergraduate and post graduate students in Psychology and Linguistics(Swahili)
May - August 2011	Lecturer	University of Nairobi.	<ul style="list-style-type: none"> - Lecturing to students, setting, moderating and marking exams for Masters students (Sociology Dept. and Social Work) - Supervising Masters in Arts Student (Completed supervising one (1). Dept. of History and Archeology.

PROFESSIONAL TRAINING

Year	Training Institution	Course of Study
2012	University of Nairobi	Research and Grant Proposal Writing
2011	Ministry of Home Affairs, Department of Prisons: Ruiru Prison Training College.	Psychosocial Response to Recidivism in Kenya Society
2010	Resurrection Garden, Karen, Nairobi.	Trainer of Trainers on Significance of Pastoral Counselling and Chaplaincy
2009	Kenya Red Cross	Crisis Mental Health and Trauma Management for Counsellors