

## **CURRICULUM VITAE**



### **Personal Details**

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Nationality : Kenyan by birth  
Language: : English, Kiswahili

### **Objectives**

To train and produce holistic graduates health care professionals in nursing sciences for national and global health care provision.

To conduct quality health care research in nursing and related areas that would help change policies in Government, hospitals and institutions.

### **Academic background**

2011: PGDRM (Post Graduate Diploma in Research Methodology) student: University of Nairobi, institute of Tropical (UNITID): ongoing.

2010: PhD (Doctor of Philosophy) Degree student: University of Nairobi. Thesis "Determining the influence of preoperative nursing assessment on patients' surgical outcomes and anxiety in selected hospitals in Nairobi, Kenya". Thesis completed, awaiting defense.

2005-2007: M.Sc. (Medical -Surgical Nursing) Degree: University of Nairobi.

1998-2002: B.Sc. (Nursing) Degree: University of Nairobi

1996-1997: RPoN (Registered Perioperative Nursing) Higher Diploma: Kenyatta National Hospital.

1988-1993: RCHN (Registered Community Health Nursing) Diploma: Kenya Medical Training College, Nairobi.

1983-1986: KCE (Kenya Certificate of Education), Huruma Girls High School.

1976-1982: CPE (Certificate of Primary Education), Rabai Road, Primary School.

### **Professional experience**

2012 to date: Clinical nurse specialist (medical surgical nursing) and lecturer, School of Nursing Sciences, University of Nairobi.

2010-1992: Practiced Nursing at Kenyatta National Hospital in the following Capacities:-

2005 - 2010: Senior nursing officer in charge of perioperative nursing training.

2004- 2003: Coordinating staff training, preceptor mentorship for non- Kenyan trained nurses, clinical rotation for student nurses and nurse interns.

2002 -1998: BSc Nursing training: University of Nairobi

1997: Clinical Instructor in Operating Theatres

1996: Higher diploma training in perioperative nursing

1995- 1994: Midwifery, nursing patients with obstetrics and gynecology conditions

1993-92: Nursing Patients with Medical conditions

### **Special experiences**

2009 17<sup>th</sup> – 23<sup>rd</sup> May: Delivered emergency and critical care nursing to Schang'wan petrol tank explosion tragedy casualties in Molo, Kenya at Nakuru Provincial Hospital in the company of Kenya Red Cross, visiting surgeons from German and India, and Plastic and Reconstruction Surgeons from KNH.

2009 Conducted an induction course for perioperative nursing training at Mater Misericordiae Hospital Kenya operating theatres, Medical Training College, school of nursing (2008) and Nairobi Hospital School of nursing (2006)

2008 Participated in the preparation of local nurses for CGFNS and NCLEX examination for global market at the International College of professionals (ICP), Nairobi.

Perioperative Nursing Training Curriculum review (Kenya Medical Training College (KMTC) Nairobi.

Developed curriculum for Theatre Sterile Service Assistants Training, KNH.

2005- 2003: Part time flight medical crew in emergency air evacuation at Intensive Care Air Ambulance, Wilson Airport.

2002- 1995: Part time nursing of critically ill patients at Kenyatta National Hospital, critical care and high dependency units.

### **Professional responsibilities**

Course coordinator of MScN part II critical care nursing, School of Nursing Sciences, UoN.

Course coordinator of BscN III medical –surgical class, School of Nursing Sciences, UoN.

Faculty In- charge of Multidisciplinary Skills Laboratory for College of Health Sciences, UoN

Member of college of Health sciences exhibition committee

Member of college of Customer Care Satisfaction Committee

Member of board of examiners, Nursing Council of Kenya.

Medical surgical Nursing & perioperative Nursing Consultancies

Clinical Nurse Consultant

### **Courses / training / workshops attended**

2014: 28<sup>th</sup> – 31<sup>st</sup> July, Sentrim Elementaita Lodge, Multidisciplinary Skills lab clinical procedure workshop

2013: July 26<sup>th</sup> MEPI skills lab strategic plan workshop

2012: September 26<sup>th</sup> -28<sup>th</sup>, Maanzoni, Hotel, Machakos: developed training guide for anesthetic Nursing course.

2012: October 22<sup>nd</sup>, Nursing Council Plaza: review BScN upgrading curriculum for Pwani University.

- 2012: Module writer for RN – BSc Nursing upgrading, UoN, Nursing Council of Kenya, and African Medical and Research Foundation AMREF, Egerton University
- 2011: Implementation Science Workshop- curriculum for fellowship in research development; , Merica hotel, Nakuru.
- Anti-plagiarism workshop at Kenya institute of Education, Nairobi.
- 2009: Occupational Safety and Health Environment (OSHE), KNH
- Quality Management Systems ISO 9001- 2008, Kenya Bureau of Standards (KEBS), Nairobi, Kenya.
- Basic and advanced life support; KNH
- 2008: Perioperative workshop, National Nurses Association of Kenya, Nairobi
- 2007: Perioperative workshop, National Nurses Association of Kenya, Nairobi
- 2007: Arthroscopy workshop; Karl Storz, Nairobi Hospital
- 2007: Customer Care, KNH
- 2006: Basic PC and Internet Course, Ministry of Informatics of Czech Republic in collaboration with W.H.O, Aga Khan University Hospital
- 2005: Endoscopic surgery; Karl Storz, KNH
- 2004: Continuous Professional Development seminar. PSI & National Nurses Association of Kenya, Nairobi
- 2003: Training of Trainers course, KNH
- 2003: Perioperative Educational Programme, Aga Khan University Hospital.
- 2002: Workshop on ventilation by Intensivists, Gertrude Gardens Children’s Hospital, Nairobi.
- 2002: HIV/AIDS awareness course, KNH
- 1998: 3<sup>rd</sup> Society of Anesthesiologist Annual Scientific Conference, Nairobi Hospital

### **Papers presented at conferences**

- 2010: “Infection prevention and control practices in theatre,” National Nurses association of

Kenya, Infection prevention and control Chapter Annual Scientific Conference, NHIF building, Nairobi.

2009: “Relationship between preoperative patient education by perioperative nurses and postoperative anxiety”, KNH & University of Nairobi; College of Health Sciences Annual Scientific Conference, UoN lecturer theatres.

“Concepts Essential for Safe Surgery”, National Nurses association of Kenya (NNAK), Theatre Chapter Annual Scientific Conference, White sands Hotel, Mombasa

2008: “Preparation of operative room for surgery”, NNAK, Theatre Chapter Annual Scientific Conference, Nurses’ Complex, KNH.

2007: “Relationship between preoperative patient education by perioperative nurses and postoperative anxiety” NNAK, Theatre Chapter Annual Scientific Conference, School of monetary studies, Nairobi.

### **Chapters in Books**

2014: Skills lab Clinical procedure Manual Development (ongoing)

2009: Participated in the reviewed the current nursing Council of Kenya Manual of Clinical Procedures.

### **Postgraduate Dissertation Supervised**

2014: “An assessment of the management of clinical alarms in the nursing care of critically ill patients at the critical care unit, Kenyatta National Hospital” Lucy W. Menganyi: H56/80942/2011

2013: “Challenges facing care takers of HIV infected children attending pediatric patient support centre clinic in Kisii level 5 Hospital” Stellamaris K. Kio: H56/64263/2010

2013: “Factors that influence outcome of trauma brain patients’ at Kenyatta national Hospital” Joan M. Shishoka: H56/68924/2011

2012: “Patients’ satisfaction regarding nursing care delivery in the general surgical wards at Kenyatta National Hospital” Elwin Shawa UoN: H56/65303/2010

2012: “Factors influencing use of the nursing process in Naivasha District Hospital” Linet Mangare, UoN: H56/64255/2010

2011: Factors influencing application of evidence based practice among nurses working in Kenyatta National Hospital, Nairobi” Talaso Dulacha Barako UoN: H56/68924/2011

## **Publications**

Kuria M.W, **Omondi L A**, Olando Y, Makenyengo M, Bukusi D. "Is Sexual Abuse a Part of War? A 4-Year Retrospective Study on Cases of Sexual Abuse at the Kenyatta National Hospital, Kenya." *Journal of Public Health in Africa*. 2013; 4(e5):24-26.

**Omondi L.A**, "Relationship between Preoperative patient education by perioperative nurses and postoperative anxiety in surgical patients at KNH", dissertation for the award of MSc. Degree in medical surgical Nursing. Kenya Nursing Journal Vo.38 No 2 December 2009, ISSN 0301-0333

**Omondi. LA**, "Enhanced Communication the Road Map to Achieve Our Vision to be a world Class Hospital" reviewed by KNH editorial Board and published in KNH News line (Vol. 3 Issue No.01 30<sup>th</sup> December, 2009).

Barako T. Dr. Chege M, Dr. Wakasiaka and **Omondi L.A** Factors influencing application of evidence based practice among nurses working in Kenyatta National Hospital, Nairobi" African Journal of Midwifery and women's health April 2012.

## **Ongoing Researches**

A survey on surgical blood order and utilization in femoral fracture surgeries at KNH orthopedic theatres **Omondi L.A**

## **Professional Membership**

Registered with the Nursing Council of Kenya

Member, National Nurses Association of Kenya - Affiliated to the International Council of Nurses (ICN)

## **Community services**

Has participated in the following charitable events as follows;

2011: Involved in organization and participation of free medical camp at Nairobi Calvary Temple, Buruburu, Nairobi.

2010: Involved in organization and participation of free medical camp at Nairobi Calvary Temple, Buruburu, Nairobi.

2009: Visited Huruma home for destitute in Ngong and donated clothes and food in conjunction with Cadbury Kenya limited during the Nurses week

2008: Participated in outreach clinic at Kibera, Katwekera Slum in Kenya organized by the Ear Nose and Throat specialists at KNH

2007: Operation Ear drop KNH, Theatres

Operation Smile KNH, Theatres

### **Social responsibility**

Participated in teaching public on self breast examinations among other health related issues according to public request during the UON open day 2014

Delivers scriptural sermons and preaching to Medical school and School of nursing Christian students' fellowship when called upon.

Participates in medical camps at the local church

Provide health education and professional advice on health related issues in the community and local churches on request

Facilitated HIV awareness training at SOS community in Buruburu (2007)

Provides mentorship to undergraduate and postgraduate students.

### **Referees:**

Dr. Grace Omoni

Senior Lecturer and the Director, School of Nursing Sciences, University of Nairobi

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Dr. Anne Idalo

Senior Lecturer, Thematic Unit of Pharmacology & Therapeutics

Department of Pharmacology, University of Nairobi,

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Dr. John Anzese Aswani (Obstetrician & Gynaecologist)

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