

Dr. Kaaria Mwirigi Mburu

Prosthodontist

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PERSONAL PROFILE

I have over twelve years' experience in clinical and administration facets in both Public and Private Dental sectors . I have also been a Tutorial Fellow in Kenya's leading University for the past eight years within which I have trained many dentists, supervised research papers and also published in journals. Continuous professional development through reading, seminars and handling sensitive cases has been my culture.

HIGHLIGHT OF CORE SKILLS AND ATTRIBUTES

Development and delivery of lectures to Undergraduate and Postgraduate students.

Physical and Digital presentation capabilities using latest technology.

Strategic management of institutional operations.

Proven Innovativeness and adaptability in times of change and crisis.

Natural leader.

Meticulous

CAREER HISTORY

Lecturer ; The University of Nairobi, 2013 to Date.

Achievements:

- Preparing and delivering lectures and clinical supervision to undergraduate and postgraduate students.
- Supervision and mentorship of students.
- Led a funds drive for procurement and administration of PPEs and laundry to facilitate continuity of learning amid the covid -19 pandemic at the University of Nairobi.

Resident Dentist; The Karen Hospital, October 2011 to September 2013.

Achievements:

- Provided specialized Dental services to high profile and demanding clientele while meeting set target of daily patients.
- Trained over 20 students on attachment during my tenure at the facility
- Supervised a team of 10 staff within the Dental suite and prepared timely performance reports monthly.
- Conducted Internal Audits of ISO 9001:2008 Quality Management System (QMS)
- Actively conducted presentations to corporate bodies resulting in strong industry linkages for the facility.

Dental Officer; Ministry of Health, January 2009 to September 2011

Achievements:

- Served in 3 regions, Nairobi's Kenyatta Hospital, Kapenguria District Hospital and Meru Level 5 Hospitals.
- Optimized the facilities available to provide quality oral healthcare to the patients.
- Demonstrated adaptability to hardship areas through excellent performance in every station.

ACADEMIC BACKGROUND

- **Master of Dental Surgery in Prosthodontics**, The University of Nairobi 2017.
- **Bachelor of Dental Surgery**, The University of Nairobi 2008.
- **Kenya Certificate of Secondary Education**, Lenana School 2002.

PUBLICATIONS

1. Nyongesa BS, Mwirigi K, Edalia LG, Kisumbi B, Dienya T. Posttreatment endodontic disease among patients seeking treatment at a referral dental hospital in Kenya. *Endodontology* 2020; 32:8-13
2. Kaaria M. Nyaga J. M. Rehabilitation with maxillary obturator prosthesis following bilateral total maxillectomy for adenoidcystic carcinoma; A Case Report. *Journal of the Kenya Dental Association* 2019; 2 : 731-735.

3. Kaaria M, Kisumbi B.K, Nyaga J.M,Macigo. FG. Residual Methyl Methacrylate monomer levels in heat activated acrylic denture base resins processed using improvised techniques.Journal of the Kenya Dental Association.2018;9:642-647
 4. Kaaria.M. Gakonyo. M.J. Oral Rehabilitation of an Elderly patient using conventional and contemporary approaches: Case Report.Journal of the Kenya Dental Association.2017;8:594-599.
 5. Kaaria M. Wagaiyu E.G, Mua B.N. Periodontal Treatment Needs of Psychiatric inpatients in Mathari Mental Hospital. Journal of the Kenya Dental Association 2010; 4:103-107.
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STUDENT SUPERVISION(Ongoing)

1. Sundra Chelsea Atitwa. Knowledge, perception and competencies of The University of Nairobi Dental School Students in Dental Informatics.
 2. Dr. Benson Njuguna: Oral Health related quality of life of patients with acquired maxillary defects following prosthetic rehabilitation at two referral institutions in Nairobi over a 5 year period.
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TRAINING AND PROFESSIONAL DEVELOPMENT

11th March 2021: Implants in the aesthetic zone.

8th September 2020: The Paradigm Shift of Endodontic Diagnosis and Pharmacological Regimen.

7th August 2020: Management of Tooth Avulsion.

5th August 2020: Intra-oral scanners - The business case for your practice .

1st August 2020: Modern biomaterials for the management of dentine hypersensitivity.

28th July 2020: Livia MD: Improve your practice management and insurance billing.

24th July 2020: Filling Root Canals with nerves.

18th July 2020: Local chemotherapeutics in oral care and periodontal therapy- is there anything new.

13th July 2020: Shattering the Periodontal Myth.

29th June 2020: 30 Years of GBR in Implant Dentistry: Development, progress and state-of-the-art.

20th June 2020: Direct Bonding in orthodontics.

20th June 2020: Occlusion in Implant Prosthodontics.

19th June 2020: Dental Insurance and your practice.

28th May 2020: Principles of anterior esthetics.

26th May 2020: Covid 19 and Dentistry: Returning to practice.

21st May 2020: Infant Oral Mutilation-A Public Health Issue in Kenya.

20th May 2020: Bacterial infections in the head and neck region.

20th May 2020: Maxillofacial Prosthetics II: Prosthetic solutions for simple and complex extra oral defects.

12th May 2020: Maxillofacial Prosthetics I: Treatment approach to Maxillofacial defects.

CONFERENCES ATTENDED

- 17th- 19th October 2019: Kenya Dental Association Scientific Conference & Exhibition held at Lake Naivasha Resort.
- 8th – 10th November 2018: Kenya Dental Association Scientific Conference & Exhibition held at Pride Inn Beach Resort, Mombasa.
- 1st – 3rd March 2018: Kenya Dental Association Scientific conference & Exhibition held at the Windsor Hotel, Nairobi.
- 15th-16th July 2017: Megagen International Conference held at Kempinski Villa Rosa, Nairobi.
- 19th-22nd October 2016: Kenya Dental Association Scientific conference & Exhibition held at Pride Inn Beach Resort, Mombasa
- 19th-21st November 2015: Kenya Dental Association/IADR Scientific Conference & Exhibition held at Boma Inn Hotel, Eldoret.
- 30th- 1st November 2014: Kenya Dental Association Scientific Conference & Exhibition held at Sarova Panafric Hotel, Nairobi.
- 17th-19th October 2013: Kenya Dental Association Scientific Conference & Exhibition held at Mombasa Continental Resort, Mombasa.
- 28th-29th June 2012: Dental Symposium on Pain Control, Aga Khan University Hospital.

COMMUNITY SERVICE

Dental outreaches and camps nationwide

Mentorship of students.

MEMBERSHIP

- Member International Team for Implantology (ITI) 2018.
 - Member International College of Prosthodontists (ICP).
 - Member of Kenya Dental Association.
 - Registered by the Kenya Medical Practitioners and Council as a Specialist Prosthodontist.
 - University of Nairobi Alumni Bronze Member
 - Academic coordinator Nairobi ITI study club
 - Small group leader at Mamlaka Hill Chapel
 - Treasurer at Top shares Investment Club.
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REFEREES

Dr. B.K.KISUMBI

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School of Dental sciences, University of Nairobi.

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Dr. J.M. NYAGA

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