

**DR ANNE-BEATRICE KIHARA  
CURRICULUM VITAE**

**PERSONAL DETAILS**

**Date of Birth:** 16<sup>th</sup> July 1964

**Marital status:** Widowed

**Permanent address:** P.O. Box 66607-00800 Nairobi

**Telephone number:** +25420726360

**Mobile contact:** +254722414468

**E-mail address:** [ruby\\_medical@yahoo.com](mailto:ruby_medical@yahoo.com)

**Fax Number:** +25420343037

**Religion:** Christian

**Nationality:** Kenyan

**Languages:** English, Swahili, French, Kikuyu

# **CURRICULUM VITAE**

**DR ANNE-BEATRICE KIHARA**

Dr Anne-Beatrice Kihara  
Department of Obstetrics and Gynecology  
School of Medicine  
College of Health Sciences  
P.O Box 19676-00202  
Telephone: 02726360  
Nairobi

Permanent Address  
P.O Box 66607-00800 Nairobi  
Cell Phone: 0722 414 468  
Email: [ruby\\_medical@yahoo.com](mailto:ruby_medical@yahoo.com)

Dr Anne-Beatrice Kihara  
P.O Box 66607-00800 Nairobi  
Cell Phone: 0722 414 468  
Email: [ruby\\_medical@yahoo.com](mailto:ruby_medical@yahoo.com)

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## PERSONAL DETAILS

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**Nationality:** Kenya  
**Religion:** Christian  
**Languages:** English, Swahili, French, Kikuyu

## EDUCATION BACKGROUND

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**2013-2014:** Mediciens Sans Frontieres -Luxembourg and International Union against tuberculosis and lung disease, France: Improving health systems through research  
International collaboration led by World Health Organization

**Research capacity building for policy and practice :Operational research course Module 1, 2 and 3**

**2010:** Fellowship in Canada  
**Certified in research capacity for maternal, neonatal and child health**

**1999:** University of Nairobi, Kenya  
**Masters in Obstetrics and Gynaecology (MMED)**

**1990:** University of Nairobi, Kenya  
**Bachelor of Medicine, Bachelor of Surgery (MBChB)**

**1982:** Limuru Girls High School  
**Kenya Advanced Certificate of Education - 2Principals, 2Subsidiaries**

**1980:** Limuru Girls High School  
**Kenya Certificate of Education - 1<sup>st</sup> Division**

**1976:** Westlands Primary School  
**Certificate of Primary Education - 32 points**

## WORK EXPERIENCE

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**August 2013-todate:** Senior Lecturer, University of Nairobi College of Health Sciences,  
Department of Obstetrics and Gynaecology

**2005 -2013 August:** Lecturer, University of Nairobi College of Health Sciences,  
Department of Obstetrics and Gynaecology

***Responsibilities***

1. Pedagogical teaching of the Undergraduate and Postgraduate students.
2. Knowledge and skills imparting during the ward rounds, various clinics and theatre sessions for undergraduate and postgraduate students
3. Head of the Masters part One program coordination for the past four years
4. Participating in the conducting and supervision of continuous assessment examinations for the postgraduate students
5. Supervision of the Postgraduate students in their thesis
6. Supervision of exchange students from Canada through the CAREG Collaboration
7. Training of Dons, postgraduates, and other complementary health service providers at Kenyatta National Hospital and Kenya Medical training School  
Reproductive health library utilization
8. Provision of mentorship to Undergraduate and postgraduate students.
9. IT Champion in the Department for the past three years
10. Member of the subcommittee for entertainment, bereavement and environmental issues in the department
11. Conducting research and projects within the Department.
12. Consultancy services in Reproductive Health trainings, workshops and Community based Education forums.
13. Participating in tele-media forums and written articles in national newspapers on Sexual and Reproductive Health and rights.
14. Project officer in Centre for HIV Prevention and research (CHIVPR)
15. Project officer with Gender based violence and rehabilitation Centre – Kenyatta National Hospital
16. Project officer with Sexual reproductive , child and adolescent research program in collaboration with KEMRI, USAID, UN, NASCOP, NACC, and Interuniversities: Moi, Kenyatta and Aga Khan

**1999 – 2004:** Obstetrician Gynecologist, P.C.E.A Kikuyu Mission Hospital

**Sep. 1994 – July 1999:** Postgraduate student, Masters in Obstetrics/ Gynecology,  
University of Nairobi Department of Obstetrics and

**Sep. 1993 – Aug.1994:** Medical Officer In Charge of Maternity Department, Kerogoya  
District Hospital; Central Province, Kenya

**July 1993 – Sep. 1993:** Relieving Duties as Head of Maternity Department, Ol- Kalaou  
District Hospital, Rift Valley Province, Kenya

**June 1991 - July 1993:** Medical Officer Obstetrics and Gynecology Unit, Nyeri Provincial General Hospital

**Aug. 1990 - May 1991:** Medical Officer Internship, Nyeri Provincial General Hospital

**1989:** Research assistant, control of meningitis outbreak in Nairobi, Kibera, Centers of Disease Control, Atlanta and Department of Pediatrics and Community Health, University of Nairobi

**1982 – 1984:** Clerk, salaries, General Post Office

**1984:** Pre- University training, Awarded the Cane of Honor for best recruit, National Youth Service

## **TEACHING EXPERIENCE**

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Total number of 11 students supervised since appointment in the Department of Obstetrics and Gynecology

## **SUPERVISION OF POSTGRADUATE STUDENTS**

### ***Completed supervision, Master of Medicine in Obstetrics and Gynecology:***

- 1) Dr Juma Bernard Oduor ( M.Med Obs / Gyn 2014)**  
Pregnancy outcomes following placement of cervical cerclage at Kenyatta National Hospital from 2010 to 2013.  
Co- investigator – Dr Kudoyi
- 2) Dr Wanjiku Ndungu ( M.Med Obs Gyn 2015)**  
Factors associated with early sexual debut among adolescents in Dagoretti District  
Co –investigator Prof Kiarie
- 3)**
- 4) Dr Baleith Khamis Balleith (M.Med Obs/Gynae 2013)**  
Intraoperative placement of intrauterine contraceptive device at elective caesarian section and its outcome at Kenyatta National Hospital: Descriptive cohort study  
Co – investigator: Dr Ong'ech
- 5) Dr Robert Mionki Muchena (M.Med Obs/Gynae 2012)**  
Factors influencing early diagnosis of cervical cancer: A cross sectional comparative study  
*Co-supervisor: Prof. Koigi Kamau*
- 6) Dr Kikwai Willey Kibet (M.Med Obs/Gynae 2011)**  
Fetal outcomes among pregnant women presenting with reduced fetal movements at Kenyatta National Hospital: A cross sectional study

*Co-supervisor: Dr Guyo J*

- 7) Dr. Martin Macharia** (M.Med Obs/Gynae 2011)  
Antibiotic prophylaxis in elective caesarian section: Single dose compared to multiple dose antibiotics: A randomized clinical trial  
*Co-supervisor : Prof. Bukusi E*
- 8) Dr Guled Ismael Yusuf** (M.Med Obs/Gynae 2009)  
Episiotomy trend in the era of HIV/AIDS: a descriptive study  
Co supervisor: Dr Kimani N.M
- 9) Dr Nshizirungu Jean Jacques** (M.Med Obs/Gynae 2009)  
A correlation of ultrasound and surgical findings in suspected ectopic pregnancy at Kenyatta National Hospital: A descriptive study  
Co- supervisor: Dr Kimani N.M
- 10)Dr Maureen Mutua** (M.Med Obs/Gynae 2008)  
Randomised control trial on intra-operative and early postoperative outcomes on patients with closure or non- closure of peritoneum at caesarian delivery at the Kenyatta National Hospital  
*Co-supervisor: Prof. Oyieke J.B.*
- 11) Dr Geoffrey K. Koba** (M.Med Obs/Gynae 2007)  
Prevalence and characteristics of near miss maternal morbidity at Provincial General Hospital, Nyeri  
*Co-investigator: Prof. Oyieke J.B.*
- 12)Dr Eunice Muthini Njeru** (M.Med Obs/Gynae 2007)  
Urinary tract infections among antenatal mothers seen at Mater Hospital  
*Co-investigator: Dr Kudoyi*

***Completed supervision, from other institutions***

- 13) Issack Mudoga-** Clinical officer anesthetist, 2011  
Adaptation and utilization of ICT in health systems in Kiambu West  
Co – supervisor: Monica Nthumbi - Great Lakes University
- 14) Sr. Grace Njoki Ngige-** Head Nurse Ruby Medical Centre, 2010  
Neonatal sepsis among women of poor economic status in Kikuyu District  
Co- Supervisor: Mr Ndukanio- Kenya Medical training College, Muranga

***Ongoing supervision, Master of Medicine in Obstetrics and Gynecology:***

The following postgraduate students are currently under my supervision:

1. Dr David Murigi
2. Dr Sitati

3. Dr Salwa
- 4.

### **UNDERGRADUATE TEACHING**

Participate in the provision of didactic lectures, tutorials and clinical teachings in the ward and clinics running reproductive health services. Engage in the seminar sessions that are provided on topic aspects such as Comprehensive abortion care, partograph, HIV/AIDS. Continuous evaluation of students is conducted with use of continuous assessment tests and log book entries. In the 11 week rotations I mentor 8-10 mentees per term and available for consultation with them throughout the year addressing academic and social issues. Participate in the setting of examination questions and OSCE questions, moderation, administration and marking. As part of the ICT team make entries of the terminal and final examination and deduce the final score awarded and remarks.

### **CLINICAL WORK**

At the teaching hospital (Kenyatta National Hospital)

- Management of obstetrics and gynecological emergencies
- Running of antenatal clinics
- Running of gynecological clinics
- Running of Colposcopy for diagnostic and therapeutic clinic, EUA/ Staging and Biopsy
- Elective surgical procedures in obstetrics and gynecology
- Supervising students during their Pumwani Maternity Hospital rotation

### **EXAMINERSHIP OF POSTGRADUATE AND UNDERGRADUATES IN THE DEPARTMENT**

Since engagement as a lecturer at the University Nairobi I have participated in the following:

- a. Setting of continuous assessment and evaluation of students in clinical rotations
- b. End of term and year setting, moderation, proof reading and administration of exams
- c. Distribution and marking of scripts post examination for terminal and end year exam
- d. Making computer entries of examination marks and facilitating the final outcome is ready for presentation at the Faculty Board Meetings
- e. Attendance and participation in Faculty Board meetings post examination of students

### **EXAMINATION OF THESES**

I have participated in the student proposal development, presentation and evaluation of thesis prior to presentation of the completed document to the Department. In the



Department sitting for final year examinations are done in February and August. Using a structured objective format I have participated in the marking, provision of remarks and ensuring they are addressed as a leverage criterion to enable them sit for their final M. Med Part Two examination.

## **DEPARTMENTAL APPOINTMENTS**

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- Coordinator of M.Med Obs/Gynae students Part I since 2006 to date
- ICT champion and departmental entering of students marks both for undergraduates and postgraduates from 2013-2014
- Curriculum review committee member for M.Med in Obstetrics and Gynecology and fellowship in Gynecologic Oncology
- Entertainment and welfare committee member

## **COLLABORATIVE ROLES**

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**Beyond Zero Initiative**, In collaboration with the Kenya Obstetrical and Gynecological Society a member of the National Steering Committee  
Have held meetings and participated in the beyond zero runs to raise funds, participated in the launch of the mobile clinic in Nyeri and contributed through the Society membership towards this initiative.

Currently collaborating with Rotarians in an initiative to support maternal and child health

**Medecins Sans Frontieres - Luxembourg/ The International Union Against Tuberculosis and Lung Disease, France**, London School of Hygiene and Tropical Medicine, London, United Kingdom, School of Population Health, The University of Auckland, New Zealand, World Health Organisation and other collaborative partners  
**Research capacity building for policy and practice:**through training in Operational research Module One, two and three

### **Outcome:**

Submission of manuscript: **Antenatal care and pregnancy outcomes of women in a safe motherhood health voucher system in rural Kenya: 2007-2013**

**PRIME K** Aim 2: Partnership for innovative Medical education in Kenya

### **Outcome:**

Mutidisciplinary approach to decentralised medical education at the School of Medicine as part of the strategic plan within the context of sustained quality education and limited resources.

**Canada – Africa Research Exchange Grants ( CAREG)- Ushirikiano:**

Building research capacity to improve maternal and child health outcomes in Kenya and Canada

Undertook a fellowship training for three months October to December 2010 with an interdisciplinary approach to MNCH with the core areas being:

**Activities to improve research capacity by provision of training and skills** in epidemiology, biostatistics, research design, ethics, health policy and planning, core concepts in public health and cross cultural perspective in health

**Activities to improve knowledge translation and exchange:** Participation in journal clubs, colloquia, academic days, grand rounds, ethics review boards and standards, simulation laboratories, teaching improvement courses, introduction to Manitoba MCH, Centre for health Policy, Centre for Global Public Health and Northern medical Unit

**Outcomes to date:**

- a. Interdisciplinary Symposium held at the School of Medicine, College of Health Sciences in January 2011
- b. Meeting held in 2012 training in Implementation Science and put into context of the Muskoka Project currently being undertaken in Coast Province
- c. Pilot project : Dr Lisa Avery , Dr Mary- Anne Crocket, **Dr Kihara A.B.**, Dr Murila Florence, Dr Peter Njoroge: **Maternal and neonatal outcomes at Kenyatta National Hospital** currently in the data analysis phase
- d. Collaborative faculty member visitation to Kenya – Dr Andrew Kotaska for two month in the Department of Obstetrics and Gynecology providing teaching of postgraduates in the areas of Maternal and Newborn health; donated and provided point of care ultrasonography in the labor ward at Kenyatta National Hospital and in colposcopy. He also provided equipping and training in colposcopy at Naivasha District Hospital.
- e. There has been an exchange program of students and staff with three students having benefited from rotating in the Department of Obstetrics and Gynecology in Kenya from Canada and one Lecturer from the Department attending one month observership at the Cancer Centre -Manitoba to enhance the subspecialty of Oncology.

**Reproductive Health Library/ Focused antenatal care Project** in the Department of Obstetrics and Gynecology as a Co – investigator

**Outcomes:**

- a. Training of trainer Dons in Reproductive Health Library
- b. Training of post graduates in the use of Reproductive Health Library
- c. Training of Consultants from four selected Provincial sites
- d. Training of auxillary personnel ( clinical officers and mid wives in Reproductive health library
- e. Generation of the focused antenatal card for utilization at Kenyatta National Hospital

**Centre for HIV Prevention and research (CHIVPR)** in the School of Public Health involved as a co- investigator since 2011 in the most at risk population study (MARPS) in Central and Eastern Kenya assessing socio- behavioral and bio- medical issues

**Outcomes:**

- a. Developing a MSc training program in HIV prevention, treatment and care amongst vulnerable and marginalized groups
- b. International and regional Men having sex with men (MSM) and commercial sex workers workshop held at Mayfair Hotel (2011)
- c. Stigma Index Survey Report" done by Kenya Voluntary Women Rehabilitation Centre (K-VOWRC).
- d. Presentation in "Approaches to Reproductive Health and HIV services to minors" seen in refugee camps March 2011
- e. Training and certification by DePaul University in Program Evaluation March 2011

**Exploring the role of health service providers in the elimination of non-consensual sterilization in women living with HIV** a collaboration with African Gender and Media Initiative and Kenya Obstetrics and Gynecology Society

**Outcome:**

- a. An interagency statement on eliminating forced, coercive and otherwise involuntary sterilization with acknowledgement of technical contribution made
- b. Advocacy using the Media channels to sensitize and eliminate this vice

**Sexual Reproductive adolescent and child health Program( SRACHRP) of KEMRI, USAID, UN, NASS, NASCOP and Interuniversity Collaboration since 2012**

**Outcome:**

- a. Developing a proposal on the " free maternity services" in Kenya
- b. Healthy Mums, Health Babies: Health systems research and financing Vision 2030 as the flagship project

**SIRCLE : Participation in the project on Quality of Comprehensive Obstetric Level IV Health facilities in various Hospitals in Kenya** in collaboration with Welcome Trust, KEMRI and Ministry of Medical Services, Kenya

**Outcome:**

- a. Publication of report with acknowledgement of technical contribution
- b. Preliminary Dissemination report conducted with Ministry of health with other stakeholders

**Output Based Aid Project (OBA) in Provision of Safe Motherhood and addressing gender based violence, Kiambu West** In collaboration with Ministry of Planning, Ministry of Health and Germany- Kftw since 2007 to date –

**Outcome:**

- a. operational research proposal addressing safe motherhood utilizing the health voucher system
- b. In the third phase of the project with quarterly reports made to the Ministry of planning

**QAP Collaborative Maternal Health evaluation in Kenya ECSAOG/ MOH-** in Kisii, Meru and Mombasa, 2006

**Outcome:**

Presentation made at a Regional Annual Scientific Conference in Arusha, Tanzania

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**TRAINING EXPERIENCE**

**2014-2013**

- Technical working group review of standards and guidelines for reducing maternal morbidity and mortality from unsafe abortion in Kenya at Simba Lodge Hotel, Naivasha on 22<sup>nd</sup> to 23<sup>rd</sup> November 2013
- Workshop on Centre of excellence in Maternal, neonatal and child health on 25-26<sup>TH</sup> October 2013 , Maazoni Lodge
- Luxembourg MSF/UNION / WHO Course in Operational research module one and two 8<sup>th</sup> July to 20<sup>th</sup> July 2013
  - a. Module 1: Operational research and protocol development
  - b. Module2: Efficient , quality assured data capture and analysis
  - c. Module 3: Writing a scientific paper
- Nutrition Conference Naiberi camp and resort, Eldoret made a presentation on early versus delayed cord clamping in HIV negative mothers for enhancing iron stores in the infant period 5<sup>th</sup> to 7<sup>th</sup> June 2013
- Workshop for decentralized training – Partnership for Innovative Medical education in Kenya 3<sup>rd</sup> to 5<sup>th</sup> April, Morendat Hotel , Naivasha (PRIME- K)
- Launch of Mediprist ( Safe Medical abortion ) by Marie Stopes Kenya, Panafric Hotel 18<sup>th</sup> April 2013

**2012**

- Office Hysteroscopy – Aga Khan University Teaching Hospital / Asterix
- Attended capacity building collaboration for training and research in cancer in partnership with the Ohio State University and SUNY Upstate Medical University: Developing research capacity for AIDS malignancy in Kenya (NCI- 1D43 CA153707) – UON, KEMRI , KNH 11<sup>th</sup> October 2012
- Attended the Gender Mainstreaming in development and strategies: Rationale, concepts and approaches 26<sup>th</sup> – 27<sup>th</sup> April 2012, Safari park Hotel- Envirofit and UON
- Training attended on Mirena Insertion at the University of Nairobi Obs/ Gyn department 6<sup>th</sup> March 2012

## **2011**

- Attended a workshop on “Evaluation of programs/ projects- CHIVPR in collaboration with DePaul University- Department of Public Health (March)
- Attended a workshop on strategies for MEPI Project, University of Nairobi – College of Health Sciences
- Attended the Kenya Obstetrics and Gynecology Conference, February at Merica Hotel, Nakuru
- VAST Workshop addressing the International plight of men having sex with men and commercial sex workers organized by University of Manitoba/ CHIVPR and collaborative partners, May Fair Hotel

## **2010**

- Under the Canada- African Research Exchange Grants (CAREG) “Ushirikiano” Project attended Fellowship training at the University of Manitoba, Winnipeg for building Research capacity to improve Maternal and Child Health outcomes in Kenya and Canada between September 22<sup>nd</sup> 2010 to December 18<sup>th</sup> 2010
  - Attended CCHCSP Maternal and child Health Symposium 15<sup>th</sup> to 17<sup>th</sup> October 2010
  - Attended Community Health Colloquiums and Grand rounds/CME in Obstetrics, Pediatrics and Infectious Diseases
  - Faculty development sessions and certified in the following areas:
    - Active learning strategies in the classroom 13<sup>th</sup> October 2010
    - Giving feedback 25<sup>th</sup> October 2010
    - The scholarship of effective lecturing 29<sup>th</sup> October 2010
    - Educational scholarship 8<sup>th</sup> November 2010
    - Continuous medical education in dental health – “What is new in orthodontics?” held on 18<sup>th</sup> November 2010
    - Evaluating learning in a clinical set up 24<sup>th</sup> November 2010
    - Getting started for curriculum development on simulation 8<sup>th</sup> December 2010
    - Research Ethics Education course conducted on –line
- Trained as a TOT (trainer of trainers) in WHO Reproductive Health Library at the University of Nairobi Obstetrics and Gynecology Department on 30<sup>th</sup> June 2010
- Attended a continuous medical training on “endometriosis” and “infertility” held at Serena Hotel facilitated by Prof. Koigi Kamau and Dr. Wanjala in August 2010

## **2009:**

- GOWE – Women Entrepreneurs - Expand your business Workshop at Silver Springs, Nairobi, (April )
- ECSAOGS Workshop at White sands Hotel Mombasa, Hosted by KOGS( February 2009)

## **2008:**

- Pedagogical skills training Workshop for College of Health Sciences staff, University of Nairobi, 2008

**2006 :**

- Clinical training skills Course JHPIEGO, Windsor Hotel Nairobi, 2006

**2004:**

- PMTCT training Course, Isaac Walton Embu; University of Nairobi / NASCOP

***In-service training and courses attended from internship to 2003:***

- Training on Prevention of Mother to Child transmission of HIV/AIDS NASCOP/MOH (December 2003)
- Point of care Ultrasound and its utilization in Obstetrics and Gynecology, University of Nairobi – Radiology Department , PCEA Kikuyu Hospital (2003)
- Laparoscopic Course for Diagnostic and therapeutic purposes in Gynecology University of Nairobi – surgical Department, PCEA Kikuyu Mission Hospital (2002)
- Norplant training at the University of Nairobi / Family Planning Sector- Kenyatta National Hospital
- PPIUD at Nyeri Provincial General Hospital Maternity Unit- pilot project by Ministry of Health Genital tract infection in relation to Family Planning at Kenyatta National Hospital under the National STD Committee University of Nairobi / JHPIEGO( March 1992)
- Reproductive Health Update course at Machakos Hospital under Department of Obs/ Gyn / Kenyatta National Hospital and JHPIEGO (January 1992)
- Minilaparotomy training at Nyeri Provincial General Hospital under University of Nairobi / JHPIEGO (1990)
- 1984: Obtained basic computer skills working at the General Post Office salaries Department

## **PUBLICATIONS**

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***Refereed journal articles***

1. K.Kinuthia, **Anne – Beatrice Kihara**, R J Kosgei, A N Bosire. **Case report: Uterine rupture in a primigravida with mullerian anomaly at 27 weeks gestation.** East African Medical Journal 92(4): 2015
2. **A.B. Kihara**, A.D. Harries, K. Bissell, W. Kizito, R. Van Den Berg, S. Mueke, A. Mwangi, J.C. Sitenei, D. Gathara, R.J Kosgei , J. Kiarie, P. Gichangi. **Antenatal care and pregnancy outcomes in a safe motherhood health voucher system in rural Kenya, 2007-2013** Public Health Action 2015;5(1): 23-29

3. J.K Sitenei, H. Kipruto, P.Borus, Kihara A.B. et al **Predictors of low body mass index among patients with smear positive pulmonary tuberculosis in Kenya** International Journal of Tropical Disease and Health 4(4):427-436, 2014
4. Kihara A, Kosgei RJ, Cheserem EJ, Mueke s, Owende P, Ojanga NM, Karanja JG. **The sting of death: a case report of breaking bad news with maternal death.** JOGECA 2013;25(1): 32-34
5. R. J. Kosgei, D. Szkwarko, S. Callens, P. Gichangi, M. Temmerman, A-B. Kihara, J. J. Sitienei, E. J. Cheserem, P. M. Ndavi, A. J. Reid, E. J. Carter: Screening for tuberculosis in pregnancy: do we need more than a symptom screen? Experience from western Kenya - Public Health Action, December 2013, 3(4), 294-8
6. Sitienei J Jackline, Kihara Anne- Beatrice, Kosgei Rose, Cheserem Eunice, Siika M Abraham, Nangami Mabel, Sylvester Kimayo, Maina Faith. Patients' views on the care they receive in Express care, a task shifting model in HIV care, at AMPATH Western, Kenya. JsirJournal 2013;Vol 2(2):243-251 (<http://www.jsirjournal.com>)
7. Kays Muruka, Mugo R. Nelly, Wanyoike Gichuhi, Kihara Anne-Beatrice, Cheserem J. Eunice, Kosgei J. Rose: **Same day colposcopic examination and loop electrosurgical excision procedure (LEEP) presents minimal overtreatment and averts delay in treatment of cervical intraepithelial neoplasia in Kenyatta National Hospital, Kenya**-Open Journal of Obstetrics and Gynaecology, 2013, 3. Published online May 2013 (<http://www.scirp.org/journal/ojog/>)
8. Kihara Anne – Beatrice, Kiarie Gladwell, Cheserem J. Eunice, Amin Medhat, Bashir Issak, Rogena Emily, Kosgei J. Rose: **Breast cancer in pregnancy; routine examination, diagnosis and management-** A case report- Case reports in clinical Medicine, 2013, Vol 2, No 2 published online May 2013 (<http://www.scirp.org/journal/crcm/>)
9. Eunice J. Cheserem, Anne-Beatrice Kihara, Rose J. Kosgei, David Gathara, Stephen Gichuhi: **Ovarian Cancer in Kenyatta National Hospital in Kenya: Characteristics and Management-** Open Journal of Obstetrics and Gynecology, 2013, 3, 165-171
10. Kihara A.B., Kosgei JR, Rogena, Amin M, Cheserem JE, Kiarie J: **Vulvo- perineal giant condylomata accuminata (Buschke Lowenstein Tumor) in HIV- infected woman: case report** JOGECA, 2012:24(2):52-54
11. J. Karanja, A. Mutungi, A. Kihara, P.Ndavi, K.Kamau, O.Ogutu, O. Gachuno, F.Odawa, **Introducing preservice training in comprehensive abortion care**

**(CAC) in a situation of restrictive law** - International Journal of Gynecology and Obstetrics 10752(2009) S93-S396: O446

### ***Refereed Book chapter***

1. Clinicians Guide to Quality Outpatient Diagnosis a manual for Eastern Africa  
Jane Y Carter with Joseph M N ole Kiu AMREF Nairobi, 2008 ISBN: 978-9966-874-90-0 Contributed Chapter 11: Complicated pregnancy pgs156-164

### ***Refereed Book***

1. Kenya National Commission on Human rights: Realising Sexual and Reproductive Health rights in Kenya: A myth or reality?  
A report of the public inquiry into the violations of Sexual and Reproductive Health rights in Kenya, KNHCR, April 2012 ISBN: 978-9966-7084-9-6
2. Robbed of Choice: Forced and Coerced Sterilization experiences of Women living with HIV in Kenya by African Gender and Media Initiative authored the forward. [\[PDF\]](#) Robbed of Choice - Kenya Legal & Ethical Issues Network on [kelinkkenya.org/wp-content/uploads/2010/10/Report-on...](http://kelinkkenya.org/wp-content/uploads/2010/10/Report-on...)

### ***Refereed proceedings***

1. Lisa Avery, Maryanne Crockett, **Anne Kihara**, Florence Murila, Peter Njoroge, **Enhancing maternal health, Global Engagement in action** - Highlights from the Canada-Africa Research Exchange Grants (CAREG): 2010-2012, page 7 ISBN: 978-0-88876-304-2

### ***Manuals***

1. International Planned Parenthood Federation Manual on Comprehensive abortion care,2012
2. International Planned Parenthood Federation Manual on Safe Motherhood,2010

### ***Ministry of Health Guidelines***

1. National training curriculum for the management of unintended, risky and unplanned pregnancies

### ***Abstracts in referred journal and oral presentation***

1. Dr John Nyamu, Prof . Karanja J, **Kihara A.B** **Increasing access to medical abortion drugs and information through pharmacies** Presented at the 1st African Federation of Obstetricians and Gynecologists Congress and the 39<sup>th</sup> KOGS Annual Scientific Conference Abstract Pg 77
2. **Dr Kihara A.B., Benjamin O. Elly, David Gathara, Gacheri Mwenda, Prof. Karanja, Dr Carol Odula : Egg tray approach to comprehensive abortion**



**care** Presented at the 1st African Federation of Obstetricians and Gynecologists Congress and the 39<sup>th</sup> KOGS Annual Scientific Conference Abstract Pg 79

- 3.
4. **Kihara A.B.**, Richard Ayah, Naanyu Ayah et al. ***Journal of Obstetrics and Gynecology of Eastern and Central Africa : Implementing “Health in all Policy” for healthier outcomes and sustainable development. Case report of ecotourism, innovative specialized health care at Aitong- Masai Mara Conservancy*** Abstract pgs 11-12 presented at the 38<sup>th</sup> KOGS Annual Scientific Conference
5. Rose Kosgei, David Gathara, Reuben Koigi Kamau, **Dr Kihara A.B** et al. ***Journal of Obstetrics and Gynecology of Eastern and Central Africa : Quality of comprehensive emergency obstetric care through the lens of clinical documentation, a survey in 22 hospitals, Kenya*** Abstract pg34-35 presented at the 38<sup>th</sup> Annual Scientific Conference
6. **Kihara A.B.**, Kosgei J.R, Medhat Amin, Cheserem J.E, Rogena E, Kiarie J. ***Journal of Obstetrics and Gynecology of Eastern and Central Africa Case report: Buschke Lowenstein tumor in HIV – infected woman at the 37<sup>th</sup> Kenya Obstetrics and Gynecological Annual Scientific Conference, Eldoret***
7. **Presentation made Kihara Anne. B**, Kwaria P, RHCO Thigiti M, Aswani J, Cheserem J. E, Mueke S, Kosgei J. R, Ndavi M. P ***Journal of Obstetrics and Gynecology of Eastern and Central Africa Role of reproductive health clinical officers in provision of safe motherhood at Kangundo District Hospital: at the 37<sup>th</sup> Kenya Obstetrics and Gynecological Annual Scientific Conference, Eldoret***
8. Carol Odula, Nyamu J, Karanja J.G. Mueke S, **Kihara Anne.B.** ***Journal of Obstetrics and Gynecology of Eastern and Central Africa Abortion is legal yet women are still dying in Kenya; at the 37<sup>th</sup> Kenya Obstetrics and Gynecological Annual Scientific Conference, Eldoret***
9. Dr Carol Odula Obonyo, Prof. Karanja J.G, Dr Isaac Bashir, Dr Odawa F, Dr **Kihara A.B** ***Journal of Obstetrics and Gynecology of Eastern and Central Africa - Implications of the constitution in the prevention of unsafe abortion: Legal and Policy reforms for safe abortion Presentation made at the 36<sup>th</sup> Kenya Obstetrics and Gynecological Annual Scientific Conference, Nairobi***

#### **Editorials in referred Journals**

1. **Kihara A.** Editorial article – ***Journal of Obstetrics and Gynecology of Eastern and Central Africa Non communicable diseases and reproductive health JOGECA, 2012:24(2):36***

## **Thesis**

1. Determination of patterns of early perinatal outcomes associated with augmentation of labor with oxytocin at Nyeri Provincial General Hospital
2. Knowledge, attitude and practice of breast self examination among women seeking family planning at Kenyatta National Hospital

## **Review of Journals and Other Publications**

1. Maternal mortality for 181 countries 1980-2008: A systemic analysis of progress towards Millennium Development Goal 5. Review and presentation made and contextualized to the situation of Kenya at a Journal club meeting in Canada, December 2010

## **POSITION, OCCASIONAL OR DISCUSSION PAPERS**

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- Gender mainstreaming in the achievement of the MDG5 at the 44<sup>TH</sup> Session of IPPF Africa Regional Council , Laico Holtel 4<sup>th</sup> July 2014
- Discussion with the parliamentary senate on the Kenyan Reproductive Health care Bill June 2014
- FIGO/ JHPIEGO Discussion of McHIP Innovating advocacy for better promotion in PPH and PET/ Eclampsia management :Prevention and management of Postpartum hemorrhage and pre- eclampsia/ eclampsia in identified hospitals in six low resource countries : Ethiopia, Mozambique, Nigeria, Uganda, India, Nepal end of project h- Improving the quality of maternal neonatal health care through accelerated implementation of essential interventions by health care professional associations held at The Heron Porticio, 23<sup>rd</sup> June 2014
- Danone Nutricia discussion on Baby nutrition on Early life programming “ The 80-20 Impact” at Crown Plaza, 18<sup>th</sup> June 2014
- Round table discussion on Roundtable discussion: **Innovations in health care delivery in rural Kenya** conducted by Philips International Fabric of Africa , Kimpinski Hotel , Nairobi 18<sup>TH</sup> June 2014
- Consultative meeting on reproductive health guidelines for reducing maternal morbidity and mortality in Kenya held on 14<sup>th</sup> May 2014 at the Medical Practitioners and Dentist Board
- Breakfast roundtable discussion: **Health care innovations in Kenya** conducted by GSK and Save our children at the Intercontinental Hotel, Loita room 4<sup>th</sup> December 2013
- Philips NTV presentation : **The East African Agenda based on free maternity care and Vision 2030 in Kenya** June 2013

- NTV AM show with Shiela Mwanyigi: **Contraceptives**- 19<sup>th</sup> June 2013
- NTV AM show with Shiela Mwanyigi : **Pregnancy losses , causes and diagnosis and dealing with the psychosocial sequelae**, May 2013
- KOGS Tribunal attendance convened by the Kenya Medical Practitioners and Dental Board attended on 23<sup>rd</sup> May 2013
- Taifa Jumapili provided an article titled “ Bajeti haitawzesha ahadi : Madaktari wasema pesa ni haba kumudu uzazi wa bure” by Dr Kihara Anne. B Chairperson of KOGS May 5<sup>th</sup> 2013 page 5
- Citizen television: discussion with the news anchor and the chair KMPDU and KOGS on Prime time news on free maternity care in Kenya May 2013
- Family TV show Doctors on call addressing reproductive health topics 12<sup>th</sup> May 2013
- Fabric of Africa Round table discussion on **Maternal and neonatal health delivery systems** and presentation on NTV show **on non – communicable diseases a looming catastrophe in Africa** 24<sup>th</sup> April 2013
- **Forced sterilization: Doctors face probe** Sunday Nation January 27<sup>th</sup> 2013, nation.co.ke.htm
- **World Health Organization Statement on involuntary sterilization of women living with HIV and other vulnerable groups: In** Technical working Committee, Geneva , 2012
- **The Medical and Dental Practitioners Bill relating to CAP 253 of the Kenyan Constitution** presented to the Kenya Medical Practitioners and Dental Board on behalf of KOGS Council, 2012
- **Development of National Guidelines in the management of Gender Identity disorders** presented on behalf of KOGS Council to the Kenya Medical Practitioners and Dental Board 2012
- **Fee guidelines review for Obstetrician and Gynecologist in Kenya** presentation for Kenya Medical Practitioners and Dental Board on behalf of KOGS, 2012
- **Gender responsiveness of the National Budget 2011/2012**, Hilton Hotel June 2012
- **Termination of Pregnancy Bill and review** on behalf of KOGS Council in Collaboration with Federation of Women Lawyers Kenya, 2011
- **Using the lens of Safe motherhood in the Community at Ruby Medical Centre, Kiambu West: OBA Project** presentation made at the site by the Clinical Director to Germany -kwft and the Ministry of Planning, Kenya
- **Safe Motherhood in a community based facility: lessons learnt and challenges** at the site presentation made to Regional and Global Women Journalist , 2010
- **“ The womb as the tomb”**: Addressing unsafe abortion in Kenya discussion paper presented at a Global health Colloquia by Ushirikiano team in December 2010

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## ARTICLES IN GENERAL AND NON-PROFESSIONAL PUBLICATIONS

- Attended Doctors in private Practice Dinner with the Chief Guest , Cabinet Secretary Hon. James W. Macharia on 21<sup>st</sup> November 2013

Media presentations in reproductive health topics in the following:

- Kenya television Network broadcast on safe motherhood: Reducing maternal and perinatal morbidity and mortality and the Constitution Collaborated by Kenya Medical Women’s Association and Philips International , Crown Plaza (2012)
- Family Media Television since 2007 participation in the monthly televising of Doctor on Call presenting sexual and reproductive health topics and live shows addressing the Publics concerns . Clips are streamed on you- tube, some sampled below
  - <http://www.youtube.com/watch?v=W0QkK228WiU> – excessive bleeding (2011)
  - <http://www.youtube.com/watch?v=W0QkK228WiU> (March 2011)
  - [http://www.youtube.com/watch?v=4c\\_02mRPqA8-](http://www.youtube.com/watch?v=4c_02mRPqA8-) alcohol and breast feeding (2010)
  - <http://www.youtube.com/watch?v=sniYbynjU3o-> Abortion (2009)
  - [http://www.youtube.com/watch?v=wX\\_ee2-8kck-](http://www.youtube.com/watch?v=wX_ee2-8kck-) PAP Smear (2009)
- Kenya television network on the abortion debate and Safe motherhood on breakfast shows at the media house (2011)
- Dakawou Transporters management and training in “drug and alcohol usage sensitization” amongst long distance truck drivers( May 2009)
- Dakawou Transporters management and training in “Occupational Health” (April 2009)
- Doctors News: “**Jack of all trades, mistress of all**” Article April / May edition (2008) Volume 2: pgs 18-19
- “**The longest 11 years of our lives**” The Daily Nation – Living Magazine pgs 6-7 (2008)
- **Angels life of horror: Shocked teacher tells of ordeal:** East African Standard (2007)
- Ladies Reproductive health Conference at Jesus Glory Centre Ministries (2006)
- “**Quadruplets load for grandmother**” East African Standard May 16<sup>th</sup> 1996

## CERTIFIED CONFERENCES/WORKSHOPS ATTENDED

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**2015: The inaugural African Federation of obstetricians and gynecologists in collaboration with the Kenya Obstetrical and Gynecological Society 39<sup>th</sup> Annual Scientific Conference held February 2015, Theme: sustainable strengthened health system delivery beyond 2015**

**2014:**

- Certificate in structured operational research and training initiative completed the Integrated operational research and training programme – Luxembourg , 6<sup>th</sup> June 2014
- 9<sup>th</sup> Annual Reproductive Health Symposium: Theme- **Major causes of maternal morbidity and mortality** , 15<sup>th</sup> April 2014, Nairobi Hospital
- Emergency Obstetrics and newborn care training open day at the department of obstetrics and Gynecology , UON, 31<sup>st</sup> March 2014
- Kenya Obstetrical and Gynecological Society 38<sup>th</sup> Annual Scientific Conference held between 19<sup>th</sup> and 21<sup>st</sup> February 2014, **Theme: Beyond Millennium Development Goals 2015, lessons learnt, challenges and way forward**
- Pre -Conference Values Clarification by Catholics for Choice held at Outspan Hotel on 18<sup>th</sup> March 2014 Symposium on “ Improving survival of the critically ill mothers and neonates” 7<sup>th</sup> February 2014, Lecture III, CHS
- Maternal and newborn Health Technical Working group meeting held at Panafric Hotel, 30<sup>th</sup> January 2014
- Stakeholders review by various Professional societies of the Health Bill and Health Policy conducted at Jumia Conference, Limuru on 13<sup>th</sup> to 14<sup>th</sup> January 2014

## 2013

- Recognition of valuable contributions in Reproductive Health Department at Kenyatta National Hospital
- SRACHRP meeting held on 21<sup>st</sup> November 2013 on the scoping study: Progress in review of the MNCH research that has been done at KEMRI, UON, AGA KHAN and MTRH towards improving outcomes
- Participated in the proposed Centre of Excellence in Maternal, Newborn and Child Health at the University of Nairobi as envisaged in Linked MNCH held at Manzoni Lodge, 25<sup>th</sup> to 26<sup>th</sup> October 2013
- Kenya Association of Pediatric Surgeons - 2<sup>nd</sup> Pediatric Surgical Symposium on Disorders of sex development (DSD) held at The Nairobi Hospital, 5<sup>th</sup> October 2013
- Workshop for decentralized training – Partnership for Innovative Medical education in Kenya 3<sup>rd</sup> to 5<sup>th</sup> April, Morendat Hotel , Naivasha (PRIME- K)

- Attended the Kenya Obstetrics and Gynecology Annual Scientific Conference, 13 – 15<sup>th</sup> February, Eldoret

## 2012

- Attended a symposium of hemostasis and thrombosis held at Kenyatta national Hospital, 11<sup>th</sup> October 2012 collaboration of Kesho, KNH and UON
- The Kenya Obstetrics and Gynecology Conference: Optimizing reproductive and sexual health through science, technology and innovations towards Kenya's Vision 2030 February at Safari Park Hotel, Nairobi (February)

## 2011

- Youth conference held at the Sarit centre organized by Albastron in conjunction with the Nation Media group – RIKA (November)
- Attended MNCH Symposium at the University of Nairobi under "Ushirikiano" Project a collaboration of the University of Manitoba and the University of Nairobi- Obs/ Gyn, Pediatric, School of Public Health and CHIVPR (January)
- Attended the Kenya Obstetrics and Gynecology Annual Scientific Conference, Merica Hotel, Nakuru
- Attended the pre- conference symposium on a Ultrasonography in Obstetrics and Gynecology

## 2010

- Attendance of the Kenya Obstetrics and Gynecology Conference at Laico in February
- Attended the preconference symposium on Reuptake of family planning

## 2006

- National PMCT Grand round conducted by the University of Nairobi in collaboration with Ministry of Health NASCOP/ DRH ( November)
- The first Nairobi Hospital Annual Reproductive Health Symposium " Impact Beyond" (March)

## INVITED LECTURES

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### 2014:

6<sup>th</sup> AMSUN Scientific Conference at their research dissemination conference Guest speaker, Karen Lighthouse Academy 27<sup>th</sup> April 2014

### 2012:

- Presentation on **Cancer awareness in the reproductive system of women and men** at an International Conference, Deliverance Church Zimmerman, 17<sup>th</sup> December 2012

- Presentation on **Cancer awareness** at the Head office of CIC Insurance, reinsurance plaza on behalf of Division of Reproductive Health, Ministry of Public Health and Sanitation, 29<sup>th</sup> November 2012
- Kenya Association of Family Physicians workshop at MP Shah Lecture Hall, presentation on **Menopausal syndrome**, November 17<sup>th</sup> 2012
- Doctor on call live show on Family Media Television addressing reproductive Health issues in topic format November 2012
- AMSUN career open day facilitated 26<sup>th</sup> May 2012, University of Nairobi College of Health sciences

**2011:**

- Public forum: **“Taking charge of your sexuality”** with Women student welfare Association (WOSWA) , reproductive health day held at the Great Court in collaboration with Clinical Health services, University of Nairobi

**2010:**

- Cancer and the reproductive system in women and men at the Kenya Forestry Research Institute Catholic Church

**2009:**

- Overview of reproductive health presentation made at St Patrick's Secondary school

**2008:**

- Understanding students in their adolescent growth Parental talk at St Mary's School

## **CONSULTANCIES:**

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### **2014:**

- Reduction of Maternal and neonatal mortality : strategy and implementation plan for MOH with Clinton Health Access Initiative, November to December 2014
- Medical outreach camp in Aitong, Masai Mara North Conservancy sponsored by Cheli and Peacock, Elephant Pepper tented camp, June 2014
- Facilitated in the 6<sup>th</sup> Advanced trauma life support course( ATLS) held by the Kenya Orthopaedic Association in conjunction with the University of Nairobi on 7<sup>th</sup> February 2014, KNH- Rahimtulla Trust building
- Facilitated in a workshop on Contraceptive Technology - Mirena Workshop held on 8<sup>th</sup> February 2014 KOGS/ KNH Collaborative

### **2013:**

- Medical outreach camp in Aitong, Masai Mara North Conservancy sponsored by Cheli and Peacock, Elephant Pepper tented camp from 26<sup>th</sup> to 29<sup>th</sup> November 2013
- Facilitated in workshop in Tea Tot Hotel, Machakos : Training middle level service providers in prevention of risky unplanned pregnancy a collaboration of KOGS/MOH/FIGO 25<sup>TH</sup>- 26<sup>TH</sup> June 2013
- Nutrition Conference NAIBERI CAMP AND RESORT, Eldoret 5<sup>th</sup> to 7<sup>th</sup> June. Presentation of a paper on delayed cord clamping 2013 clamping in HIV negative mothers for enhancing iron stores in the infant period
- Facilitated in the Launch of Mediprist by Marie Stopes Keny at the Panafric Hotel 18<sup>th</sup> April 2013

### **2012:**

- Technical meeting at WHO Headquarters Geneva on: WHO Statement on involuntary sterilization of women living with HIV 15<sup>th</sup> -16<sup>th</sup> October 2012
- Consultancy services with IPPF – AFRO staff: Value clarification and attitude transformation, Panafric Hotel 28<sup>th</sup> -31<sup>st</sup> May 2012

### **2010:**

- Facilitated in training of nurses in SRH Departments of KNH and Nursing school in WHO Reproductive Health Library at the University of Nairobi, Obstetrics and Gynecology Department on 27<sup>th</sup> July 2010
- Facilitated in training of postgraduates in the M.Med program in WHO Reproductive Health
- Reproductive Health Library at the University of Nairobi, Obstetrics and Gynecology Department on 20<sup>th</sup> July 2010



- Facilitated at a “**Safe Motherhood workshop**” for Kiambu West Health service providers and community workers, Wida Highway Motel in conjunction with APHIA II/ MOH
- Facilitated at the Karen Hospital in the **Women’s Health Day** on 10<sup>th</sup> April 2010
- Facilitation of Family Health Options of Kenya training in “**Comprehensive Abortion care**” on 15<sup>th</sup> to 19<sup>th</sup> March 2010
- Facilitation of Family Health Options of Kenya training in “**Value clarification and attitude transformation**” on 11 and 12<sup>th</sup> March 2010
- Safe Motherhood workshop in Kiambu West: **Revising the partograph** in abating maternal and perinatal morbidity and mortality
- Doctor on call Family Television live presentations. Addressing public questions in sexual and reproductive Health through IEC and advocacy

#### **2008:**

- PMTCT Grand Round Two, Holiday Inn- Mayfair Hotel, UON
- PMTCT training for nurses from Kenyatta/ Pumwani Hospital, Marble Arch Hotel Nairobi
- Active Management of Third Stage of Labor and immediate newborn care training for midwives at Soi Lodge Baringo, JHPIEGO (March 2008)
- Training of trainers AMTSL (Active management of third stage of labor), Kakamega - JHPIEGO

#### **2007:**

- STI/HIV training at Kakuma Refugee Camp for Clinical Officers, in collaboration with International Rescue Committee
- Workshop on Quality management for health care professionals at Kiambu District Population Council, Ministry of Planning, NHIF (March)
- PMTCT Grand Round One Kenyatta National Hospital, UON
- Part time consultancies: Provision of Private Part time Consultancy service in Reproductive Health in various private hospitals in Nairobi: Nairobi Hospital, Karen Hospital, Avenue Hospital, MP Shah, Mater Hospital, Ruby medical Centre, South C Medical, Royal Hospital and Ruby Medical Centre
- Provision of Consultancy services and training for medical Insurances: AMREF, AAR, CIC, Britam, Jubilee, Aon- Minet

#### **PUBLIC LECTURES ATTENDED**

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**Women voices , women unbowed** by First lady Gracia Michelle held at the National Museum, Kenya, March 2015

Heinrich Böll Stiftung, East / Horn of Africa Gender forum: **The future of Millenium Development Goals beyond 2015** (<http://ke.boell.org/web/444-614.html>) 27th June 2013

Launch of the campaign for elimination of mother to child transmission of HIV organized by National AIDS and STI Control Programme ( NASCOP) , Ministry of Public Health and Sanitation, Laico Regency Hotel(December 2012)

Youth Conference held at the Sarit Centre by Albastron in conjunction with Nation Media Group, **Rika** (2011)

Safe motherhood workshop for health service providers, administrators and advocates in Kiambu West in conjunction with APHIAII/ MOPHS (2011)

The Kenya National Budget with a gender perspective Forum held by Barclays Bank (2011)

Attended the Launch of Kenya Antibiotic Consensus Society, Panafric Hotel, September 2011

Forum on the status of sexual and Reproductive Health in Kenya by the Kenya National Commission on Human Rights, representation of Kenya Obstetrics and Gynecology Society, 23<sup>rd</sup> August 2011

## **PARTICIPATION IN THE ORGANIZATION OF SCIENTIFIC MEETINGS**

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- Inaugural African Federation of Obstetrician and Gynecologist in Collaboration with KOGS 39<sup>TH</sup> Annual Scientific Conference , February 2015
- Curriculum development for the Oncology fellowship at the University of Nairobi, Department of Obstetrics and Gynecology September 2012
- Curriculum development for the Masters Degree program in Obstetrics and Gynecology
- Modular curriculum development for Safe and legal abortion in partnership with KOGS/RHRA August 2012
- Development of Safe abortion standards and guidelines – KOGS/ RHRA Ministry of Medical Services
- Kenya Obstetrics and Gynecology Society hold Annual Scientific conferences of International standard every year in February. I have participated in the organization and implementation logistics from 2009 as a Council member and currently the Chairperson.
- Public Forum on the status of Sexual and Reproductive health in Kenya by Kenya National Commission on Human rights in conjunction with Kenya Obstetrics and Gynecology Society
- Dissemination meeting for SMNH project in clinical audit, KOGS, 16<sup>th</sup> August 2011, at Hotel Intercontinental
- MNCH Symposium at the University of Nairobi under “Ushirikiano” Project a collaboration of the University of Manitoba ( CAREG) and the University of Nairobi- Obs/ Gyn, Pediatric, School of Public Health and CHIVPR( January 2011)

## ADMINISTRATIVE EXPERIENCE

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- Vice – President of African Federation of Obstetrician and Gynecologist, February 2015
- Chairperson of the Kenya Obstetrical and Gynecological Society 2013 to date
- Board member of Cherish our Children Initiative -Kenya Chapter (COCI)– Kisumu Branch
- Nomination into the National Steering Committee of “Beyond Zero campaign” towards elimination of mother to child transmission of HIV and keeping mothers and children alive with the patron- Her Excellency the First lady Mrs. Margaret Kenyatta
- Representation of the College of Health Sciences in various research committees namely:
  - Joined the Mental Health research training team representing the Department of Obstetrics and Gynecology
  - Sexual reproductive and Child Health research programme
  - Centre for HIV prevention and research
  - Gender based violence and recovery Centre Program
- Department:
  - Member of the Task Force addressing issues around maternal morbidity and mortality in the Labor ward Kenyatta National Hospital
  - IT Champion in the department. The principle role has been obtaining training on the ICT policy o standardized use of information and ICT resources to be adopted to enhance the visibility of the Department within the College and beyond
  - Coordinator of M.Med Part One students engaged in coordination of the Masters training and research program in the department for the past six years addressing academic, examinations (preparation, process logistics, administration, and marking) and their social needs.
- Following on the fellowship Canada- Africa Research Exchange Grants (CAREG) “Ushirikiano” :
  - Prof. Margaret Morris as the external examiner for postgraduate students (twice) and for the undergraduate students once. During her examination tenure she was instrumental in participating with members of staff in Objective structured clinical examination (OSCE).
  - Through the same collaboration there was a visiting Don – Dr Andrew Kotaska of Yellow Knife who assisted in teaching and examination in maternal and newborn health, ultrasonography and colposcopy to postgraduate students for two months.

- There were three students from Canada who were able to gain experience in the clinical areas of Obstetrics and Gynecology for one month. The Department also benefited from donation of point of care- Ultrasound in the labor ward and colposcopic equipment at Naivasha District Hospital.
  - In exchange one Faculty member has been able to attend a month of observership in Oncology at the Cancer Centre- Manitoba.
  - From this collaboration I have been included as a Global Partner in the Association of Universities and Colleges of Canada (AUCC) engaged in partnership and in Cooperation and development, student development, strengthening higher education stakeholder relationship in Africa, Canadian Francophonie Scholarship Program, CAREG, LATIN America and the Carribean Research Exchange Grants and AUCC- IDRC Partnership Grants.
- An active member in the Kenya Obstetrics and Gynecology Society for the past eight years. Since 2013 elected as the Council Chairperson. In the previous two years served in the capacity of the Vice chairperson. During my tenure we have been able to review the fee guidelines of the consultation fees served to patients treated and presented to the Kenya Medical Practitioners and Dental Board; develop the strategic plan based on the current constitution and that of the Society; provided consultative guidance raised by the Kenya Medical Practitioners and Dental board in aspects regarding Gender identity Disorders, the medical Bill CAP 253 on the operations of the KMPDB in line with the constitution and reproductive health; attended tribunals linked to malpractice cases by professions in this discipline; generation of the standards and guideline and modular training curriculum for safe and legal abortion services in collaboration with Ministry of Health, Kenya and fostered and enhanced collaborative networks and partnerships; participated in grant applications currently have two projects on – going funded by FIGO
  - Secretary of the African Network on medication abortion – Kenyan Chapter with strategic partners IPPF, K-MET, Pop Council, RHRA. Have been able to draft a strategic plan of how medication abortion services together with other pillars of comprehensive abortion care can be attained in the context of the legal mandate provided by the Kenyan Constitution

## **MEMBERSHIP OF LEARNED PROFESSIONAL BODIES**

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- African Federation of Obstetrician and gynecologists – Vice – President
- University of Nairobi Alumni Association – Gold Member
- Kenya Obstetrics and Gynecology Society – Chairperson
- Kenya Medical Practitioners and Dental Board
- Kenya Medical Association
- Africa Network for medical abortion – Kenya Chapter- Secretary
- Association of Universities and Colleges of Canada (AUCC) - Global Partner

- Kenya Antibiotics Consensus Society
- Kenya Hospital Association – Nairobi Hospital
- Kenya Medical Women’s Association
- Kenya Family Physician Association

## **EXTRA-MURAL ACTIVITIES AND MEMBERSHIP OF NON-PROFESSIONAL ASSOCIATIONS**

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- Participated in the Beyond Zero Campaign half marathon on 8<sup>th</sup> March 2015
- Participated as the guest of honor to address the plight of education amongst rural children – Rotary club Kikuyu, Sigona Club, 2014
- Participated in the Beyond Zero Campaign half marathon run on 9<sup>th</sup> March 2014
- National Steering Committee member “Beyond Zero Campaign” dinner with Her Excellency the First Lady held at State House on 31<sup>st</sup> January 2014
- Launch of the Beyond Zero Campaign , Safari Park Hotel January 2014
- Launch of the Kenya Medical Practitioners and Dentists Board Strategic plan 2013-2018; MBChB Core Curriculum; BDS Core Curriculum 17<sup>th</sup> December 2014
- Launch of the African Coordinating Centre for abandonment of Female Genital Mutilation, University of Nairobi, CHS, Kenyatta National Hospital Campus 10<sup>th</sup> December 2013
- Sigona Golf Club
- Muthiga Welfare Association- development member
- Makuyu Welfare Society
- Kenya National Art and craft Society
- e- patterns Association

## **MEMBERSHIP OF MANAGEMENT BOARDS, COMMITTEES**

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1. African Federation of Obstetrician and Gynecologists- Vice President
2. Kenya Obstetrics and Gynecology – Council Chairperson
3. Department of Obstetrics and Gynecology -Social, entertainment, bereavement and environment- Committee member
4. National Steering Committee member of Beyond Zero Campaign
5. Labor ward Task force – Committee member
6. Curriculum development in Oncology Fellowship- Committee member
7. Curriculum development for Postgraduate program- Committee member
8. Jacaranda Health Services- Board member
9. Output based aid project- Board Project Consultant, Kiambu West
10. Safe motherhood committee member in Kiambu West
11. Waziri Welfare Association- Development committee member
12. Board member of Cherish our Children Initiative, Kenya Chapter

## **SCHOLARSHIPS/FELLOWSHIPS AWARDS**

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1. CAREG – “Ushirikiano” Project University of Manitoba and University of Nairobi Collaboration: Completed a Three month fellowship in the Centre of Global Public Health in Building research capacity to improve maternal and child health outcomes in Kenya and Canada( 2010)
2. National Youth Service Pre- University undergraduate training- Cane of Honor for the best recruit.(1984)

## REFEREES:

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- 1) Prof. Reuben Koigi Kamau, MBChB, MMED (Obs/Gyn)**  
Associate Professor of Obstetrics and Gynaecology, University of Nairobi  
Specialist Obstetrician and Gynaecologist Kenyatta National Hospital  
Tel +254 722 714 402  
Email: [koigikamau@kenyaweb.com](mailto:koigikamau@kenyaweb.com)
- 2) Prof. Karanja Joseph G, MBChB, MMED (Obs/Gyn)**  
Associate Professor of Obstetrics and Gynaecology, University of Nairobi  
Specialist Obstetrician and Gynecologist Kenyatta National Hospital  
Tel +254 722 513 881  
Email: [karanjaig@yahoo.com](mailto:karanjaig@yahoo.com)
- 3) Dr Wanjala Samson, MBChB, MMED (Obs/Gyn), Moran of the burning spear**  
Senior Lecturer, University of Nairobi  
Specialist Obstetrician and Gynaecologist Kenyatta National Hospital  
Tel +254 722 854 753  
Email: [swanjala@yahoo.com](mailto:swanjala@yahoo.com)
- 4) Prof Margarate Morris, M.D**  
Medical Director  
University of Manitoba, Winnipeg Canada  
Chairperson Department of Obstetrics and Gynaecology  
[mlmorris@cc.umanitoba.ca](mailto:mlmorris@cc.umanitoba.ca)