This book addresses the issue of human rights and its connection with African values and traditions from an interdisciplinary perspective. The ten chapters in this volume interrogate various societal aspects and attempt to examine them in light of the international human rights framework and instruments. At the core of the book are issues of human rights in regard to children, women and youth. The authors have attempted to examine the traditional practices that affect the development and wellbeing of the communities that undertake them. They have also looked at some of the beliefs, attitudes and assumptions that are held by communities and their potential dangers in terms of curtailing the enjoyment of certain fundamental rights and freedoms espoused in various international and regional human rights instruments. This analysis has brought out some of the tensions and contradictions that have seemingly posed a challenge in the interpretation and implementation of the ‘modern/western’ views of human rights in Africa. The book also captures some philosophical explanations of human rights and how they can help understand serious social issues such as corruption, governance and intercultural communication in Africa. It is an important resource for human rights education programmes in universities and other non-academic settings such as NGOs, government agencies and international human rights bodies, particularly the United Nations. As human rights discourse progresses both in theory and practice, students and practitioners of human rights require more broad based resource materials so as to give them a holistic outlook. This book is one such resource material.