

# COUNSELLING PSYCHOLOGY LEGAL REGULATORY FRAMEWORK IN KENYA

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## **Abstract**

Counselling psychology in Kenya as well as everywhere in the world must operate within the established legal and policy framework. Specialised counselling psychologists will be increasingly aware that they are required to acquaint themselves with the existing laws and regulations that govern counselling as well as other professions and fields of specialisation. Besides counsellors, clinical psychologists, psychiatrists, psychotherapists and psychologists, other professionals making use of counselling skills in the course of their work will adhere to set standards stipulated in their area of specialisation. Kenya has experienced a period of policy positioning in line with the new Constitution that encompasses democratic changes, health and human rights. These broad policy perspectives will impact on both the public and private sectors to improve quality and increase efficiency to transform the lives of the people in all aspects. This paper discusses some of the pertinent legal policies in Kenya and their implications in counselling psychology.

*Keywords: Counselling Psychology, standards, regulations, legal framework.*

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