

COUNSELLING IN THE SCHOOL

A Handbook for Teachers

Geoffrey Wango and Elijah Mungai

This book is an introduction to the practice of counselling pupils and students in the school.

The handbook:

- Equips teachers and counsellors with specific counselling skills illustrated with examples;
- Contains details on how to set up a guidance and counselling department and programme;
- Elaborates on the main components of the school guidance and counselling services;
- Describes in brief the major counselling approaches; and,
- Includes suggestions on a counselling code of conduct and a selection of worksheets to use in the school.

Counselling in the school is a practical guide to providing help and support to young people. It has been designed specifically for use by teachers and counsellors who are engaged in, or wish to connect in counselling young people. The book is an invaluable resource for schools in that it provides useful information on the basics of counselling in the school set up.

Wango, G. M. and Mungai, E. K. (2007). *Counselling in the School: A Handbook for Teachers*. Nairobi: Phoenix Publishers.