

RESUME

Address and Personal Data

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Full Names: Carolyne Odula-Obonyo
Place & Date of Birth: Nairobi (Kenya)- 21/06/68
Nationality: Kenyan
Marital Status: Married with two (2) children

WORK EXPERIENCE

November 2012 to date: Specialist Obstetrician Gynaecologist

University of Nairobi Health Services- Senior Staff Clinic. My duties as a Senior Medical officer involves both office consultations as well as follow up of Obstetric and Gynaecology staff admitted to the various hospitals in the city. I am in the HIV sensitization organising committee for the University of Nairobi and as well as the Elimination of Parent to Child Transmission of HIV programme.

August 2010- October 2012: Program Management Fellowship Program.

This was a two-year program where I attended didactics at the University of Nairobi Institute of Tropical and Infectious Diseases for a month every three months. The University of Washington gave support through weekly webcasts on Health Economics, Health Information Systems as well as Program Management. I have completed my sessions on strategic planning and policy development and was hosted at the Ministry of Medical Services in the Division of Obstetrics and Gynaecology till the end of October 2012. Here I completed a project entitled *“Promoting the uptake of maternal health services among peri – urban populations: The case of Kibera, Nairobi”*. This was to put a strong case for the government through the Ministry of Medical Services on the roll out of the output based aid in a bid to promote skilled attendance at birth for women in peri-urban settlements. I have developed guidelines titled *“Effective health communication narrowcast campaign guidelines”* that will be adopted by the same Ministry for future use.

September 2004- July 2010: Specialist Obstetrician Gynaecologist

University of Nairobi Health Services- Senior staff clinic. My greatest achievement here was the integration into the clinic programmes of the Prevention of Mother to Child Transmission of HIV program (PMTCT) which I headed for 6 years. My roles and responsibilities included clinical work in the clinic as well as the hospitals where University of Nairobi staff and students were admitted for obstetric and gynaecological conditions. As part of the HIV sensitization team that included physicians, counselors and nurses we made a schedule where we visited different campuses every month and encouraged both staff and students alike to take the HIV test as a step to know their status- Dubbed the “JIJUE CAMPIAGN”.

August 2008- April 2010: Facilitator- International Training Programme (ITP VII) in Malmo.

Lund University, Sweden. With the assistance of 5 African specialists, we facilitated 30 obstetricians and gynaecologists as well as midwives from 7 African countries for five weeks on Sexual and Reproductive Health and Rights (SRHR). They in-turn completed a project proposal that had to be sustainable in their

home institutions to “make a change” in their work environment as expected. I then inspected the projects from the teams from Ghana, Nigeria and Sierra Leone in their countries in February 2010. We then held a follow up seminar in Uganda in April 2010 where they presented their projects after which they were awarded Diplomas by Lund University and SIDA representatives

May 2003- August 2004: Specialist Obstetrician Gynecologist, Marie Stopes Kenya Ltd. I was based at the Eastleigh Nursing home where I was tasked to mentor the Medical Officers as I conducted ward rounds with them and involved them in major surgeries. During our outreach programs on minilaparotomy, contraceptives as well as vasectomy, we organized mass campaigns in the villages in Eastern and Central province. Marie Stopes Kenya was able to subsidize the costs and many men and women signed up for our procedures.

January 2000- February 2003: Registrar Department of Obstetrics and Gynecology, University of Nairobi attached to the Kenyatta National Referral Hospital. The training was divided into two parts. In Part I, the bulk of the lectures were taught and as we were inducted into the hospital work under the Junior consultants and Part II students. We then took a year’s elective where we rotated in various Surgical disciplines for hands-on experience. Part II was rigorous as we handled both the ward work as well as our thesis on Obstetrics and Gynaecology as a run up to the final written and clinical examinations.

January 2001- November 2001: Postgraduate Diploma in Sexually Transmissible Infections including Human Immunodeficiency Virus (PGD- STI /HIV, University of Nairobi. This was a course fully funded by the Belgian Government that I was able to complete while doing my Masters of Medicine in Obstetrics and Gynaecology.

January 1998- December 1999: Senior House Officer, Department of Obstetrics and Gynaecology, Aga Khan Hospital, Nairobi. We had 24 hours of “Dr-on-call” every 3rd day and this exposure enabled me to focus on the issues at hand in all the Obstetrics and Gynaecology wards in consultation with my consultants.

October 1997 – December 1997-Medical Officer-Hurlingham Hospital Nairobi, Kenya I was based at Casualty Department where I put into practice all my basic medical knowledge as well as in handling emergencies.

November 1996 – October 1997- Medical Officer –Intern, Kenyatta National and Referral Hospital Nairobi. I rotated in all the clinical areas namely: Paediatrics, Medicine, Surgery, and Obstetrics and Gynaecology. A year of internship is a requirement for registration with the Kenya Medical Practitioners and Dentists’ Board.

Technical expertise

January 2011 to date

As the Focal person for the Kenya Obstetrical and Gynaecological Society (KOGS) to the Reproductive Health and Rights Alliance (RHRA) I am the lead for the “National Training Curriculum for the Management of Risky, Unplanned and Unintended pregnancies”. This has been adopted by the Ministry of Health and plans for its launch and dissemination are underway to all cadres of both pre- as well as in-service providers in the country.

I had an opportunity during the Kenya Constitution making process to work with a select group of pro-choice progressive leaders, lawyers, policy makers and technical experts in the interpretation of legal language with regard to Comprehensive Sexual and Reproductive Health and Rights. This went a long way socially, politically and legally to improve the environment and increase access to abortion in Kenya.

May 2012-ECSA FIGO Initiative: Prevention of unsafe abortion- Johannesburg as the National Focal Person made presentations on the Kenyan situation and the proposed plan of action.

July 2011-Reviewed the Ipas and Venture Strategies Innovations 2011- *“Misoprostol use in post abortion care- A service delivery toolkit.”*

Additional experiences

- Continuous Professional Development Lectures
 - April 2007- Public Lecture on “Uterine Fibroids” at the Aga Khan University Hospital-This was an interactive session with the public on the uterine masses and their management as well as the new trends. Over 200 guests were for registered for this open day.
 - March 2007 – Public lecture on “Updates on the management of a woman in and out of pregnancy in relation to HIV” – University of Nairobi.
 - February 2007- Public lecture on “The Abortion Debate” at the University of Nairobi, Kabete Campus
- **August 1995 AIDS Programme Secretariat** - Nationwide Campaign- HIV Lectures, Counseling and testing.
- **1995 Nursing Home Experience** - Clinical duties including Pharmaceutical duties, Maternal and Child health/Family Planning.
- **1994-Human Papilloma Virus project** - Screening using the Pap smear and counseling on cancer of the Cervix. This was under the Department of Pathology under direct supervision of the Late Prof. Aggrey Nyong'o.
- **1993-AMREF Clinical Department** -Running radio room emergency services.

Educational background

University of Nairobi

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| 2003 | Masters of Medicine in Obstetrics and Gynaecology at the University of Nairobi School of Medicine/Kenyatta National Hospital sponsored by the Aga Khan Foundation. |
| 2001 | Postgraduate Diploma in Sexually Transmissible Infections including HIV/AIDS (PGD: STI HIV/AIDS). I was in the pioneer class- Supported by the Belgian Government as well as the Aga Khan Foundation. |
| 1996 | Bachelor of Medicine and Bachelor of Surgery (M.B.Ch.B.)-University of Nairobi School of Medicine |

January to March 1996 Chris Hani Baragwanath Hospital, Johannesburg, South Africa

Attached to the Obstetrics and Gynaecology as well as Paediatrics Units in part fulfillment of my elective term at the University Of Witwatersrand, South Africa. I gained a lot of experience from the staff and high turnover of clients in the largest informal settlement South of the Sahara in Soweto, where the hospital was located. This was supported by the Association of Commonwealth Universities (ACU). I emerged as the top visiting student in these two subjects.

Basic education - NAIROBI, KENYA

1987- High School: St. Mary's School, Nairobi – 3 principles

1984- Secondary School: Loreto Convent Valley Road – Division 1

1980- Primary School: Our Lady of Mercy South "B" – Triple A

Other trainings

January 2012- August 2012 ICAP Global Health Action, Columbia University, and the Division of Global HIV/AIDS, Centre for Disease Control and Prevention- Kenya

Participated in an ICAP and Centers for Disease Control and Prevention Distance Learning Program in HIV/AIDS Epidemiological Surveillance and received a certificate.

November 2011 Lund University, Sweden

Received a diploma on completion of a week International Training Program seminar "Taking the Next Steps in improving SRHR: Evaluating and Sharing Experiences in Stockholm, Sweden hosted by Lund University under the auspices and sponsorship of SIDA.

August 2010- October 2012 University of Nairobi Institute of Tropical and Infectious Diseases (UNITID)

I completed a Program management certificate course through the collaboration of the University of Washington. My host institution was the Ministry of Medical Services, Division of Obstetrics and Gynaecology with project implementation in Kibera. I hosted 8 weekly one-hour shows to educate the public on topical issues on the community radio "Pamoja FM" studio and developed guidelines for carrying out health campaigns using the Narrowcast method. The main message was skilled attendance at birth to reduce Kibera's high maternal mortality rate.

August 2011 University of Nairobi

I received a certificate on completion of a workshop on Grant Proposal Writing by University of Nairobi Enterprises and Services (UNES).

August 2011 University of Nairobi

Advanced Research Methodology Workshop held on the Courses: Qualitative Methods with Atlas ti, Geographic Information Systems with ArcGIS, Geographic Information Analysis with ArcGIS-University of Nairobi, University of Washington in collaboration with Centre for HIV Prevention and Research and the Kenya Free of Aids (KeFA) Project

October 2010-Through Centre for Disease Control, GAP and Emory University, I completed a two week Basic EPI course (Epidemiology in action) in Nairobi and received certification.

September 2006 – April 2007 Lund University, Sweden

Selected to attend the Advanced International Training Programme Advanced Diploma on Sexual and Reproductive Health and Rights (SRHR) sponsored by Swedish International Development Co-operation Agency (S.I.D.A.) Received certification on my Project of Change entitled *“Male involvement in the management of the childless couple.”*

March 2006

Comprehensive Paediatric HIV care course- Sponsored by the Ministry of Health- National A.I.D.S. and S.T.I. control program (NASCOPI) in collaboration with University of Nairobi, Department of Paediatrics (ACTS program) - March 2006.

August 2001 University of Witwatersrand, Johannesburg, South Africa

Reproductive Health Methodology Course sponsored by the World Health Organisation

CONFERENCES AND SEMINARS ATTENDED

- 1 **May 2013-** VI International Federation of Gynaecologists and Obstetricians (FIGO) Workshop on “Prevention of Unsafe Abortion” Addis Ababa , Ethiopia where made a presentation Of the Progress in the Implementation of the Plan of Action in Kenya as the Focal person for FIGO on this initiative..
- 2 **April 2013-** Participated in a panel discussion at the 41st Kenya Medical Association (KMA) Annual Scientific Conference where the conference theme was “Healthcare Delivery in a Devolved Government System”. Our session theme was “Abortion is Legal Yet Women Continue to Suffer and Die-Advocating for the adoption of the National Training Curriculum for the Management of Unintended, Risky and Unplanned Pregnancies.
- 3 **October 2012-** Kenya Medical Women’s Association 3rd Annual Symposium-Nairobi Presented a paper entitled *“The journey of sexual reproductive health and rights in the Kenya constitution”* in collaboration with the Reproductive Health and Rights Alliance (RHRA).
- 4 **October 2012-**Attended the XX FIGO World Congress of Obstetrics and Gyanecology in Rome Italy. Shared a two-pager developed in conjunction with Planned Parenthood Global entitled *“Expanding access to sexual and reproductive health and rights through advocacy”*.
- 5 **July 2012-** Reproductive Health Network Conference – Presented a paper as the National Focal Person for the Federation Internationale of Gynaecology and Obstetrics (FIGO) initiative on prevention of unsafe abortion Kenya implementation plan.
- 6 **April 2012-**Participated in the 2012 International Microbicides Conference in Sydney Australia whose theme was “From Discovery to Delivery”. I had an opportunity to share in the latest developments in HIV prevention through microbicides and other technologies. I also had a chance to interact with technical experts involved at every level of microbicides development.

- 7 February 2012**- Presented a paper on *“Implications of the Constitution in the Prevention of Unsafe Abortion”* as the Focal person for KOGS in the RHRA during the Kenya Obstetrical and Gynaecological Society 36th Annual Scientific Conference-Safari Park Hotel, Nairobi.
- 8 July 2011**-Participated in a Follow-up regional workshop on FIGO Initiative “Prevention of unsafe abortion” for Eastern Central Southern Africa Region held in Mombasa, Kenya
- 9 December 2005**-International Federation of Obstetrics and Gynaecology (FIGO) Task Force. Presented a paper entitled “Prevalence and Factors associated with domestic violence in pregnant women managed at the Kenyatta National Hospital: A Cross-Sectional Survey.”
- 10 February 2003** -East Central and South Africa Obstetrics and Gynecological Society (ECSAOGS) 5th International Scientific Conference, Mombasa Kenya –Presented two papers:
- “Bone mineral Densitometries in women over 40 years of age attending the outpatient clinics at the Aga Khan Hospital Nairobi.”*
- “Gender Based Violence in pregnant women managed at the Kenyatta National Hospital.”*

PERSONAL INFORMATION

Professional Memberships

- Council member of the **Kenya Medical Women’s Association (KMWA)** from 2005 to date.
- **Director of the “Well woman clinic”**- An initiative of The Kenya Medical Women’s Association (KEMWA). This is an affiliate of Medical Women’s International Association (MWIA) whose headquarters are in Germany.
- National Coordinator for the International Federation of Obstetrics and Gynaecology (FIGO) Initiative on the Prevention of Unsafe Abortion from the year 2011 to date.
- Council member of **Kenya Obstetrical and Gynaecological Society** as the Assistant Treasurer since February 2007 to 2013.
- Sub-committee member of **Kenya Obstetrical and Gynaecological Society (KOGS)** on Women’s Sexual and Reproductive Health and Rights Sub-Committee.
- Member of the **Kenya Medical Association** since 1996 and from 2013 council member of KMA Nairobi Division.

Other Activities

As a council member of the Kenya Medical Womens Association (KMWA), I have actively participated in the development of KMWA’s strategic plan. I am the current director of the KMWA “Well Woman Clinics” where we educate and screen women on breast and uterine cervix lesions. In October 2008, we re-launched the Cervical cancer vaccine with a call to our government to reduce the costs of this vaccine so as to make more widely accessible in a bid to “X cervical cancer” out of Kenya.

I am the current focal person for the Kenya Obstetrical and Gynaecological Society to the Reproductive Health and Rights Alliance (RHRA). We advocated for expanded grounds to increase access for safe and legal abortion in Kenya Constitution making process.

I am a trainer of trainers (TOTs) for the mini-laparotomy method of tubal ligation and the “No-scalpel” method of vasectomy using local anaesthesia. This is used now widely used in the permanent/surgical sterilization out-reach programmes.

I have participated in medical camps across the country and enjoy offering free medical services to the disadvantaged in the society during my free time.

REFEREES

1. **Prof. Anibal Faundes**

Emeritus Professor of Obstetrics and Gynaecology
State University of Campinas, Sao Paulo, Brazil
Chair of the International Federation of Gynaecology and Obstetrics (FIGO)
Working Group on the Prevention of Unsafe Abortion

2. **Ms. Pamela Onyango**

Regional Director, Africa
Planned Parenthood Federation of America
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3. **Dr. Jane R. Miano**

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4. **Mr. Kamau Mubuu**

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5. **Dr. Roland Edgar Mhlanga**

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