

CURRICULUM VITAE

PERSONAL DETAILS

NAME : Caroline Kathira Mrukunga
GENDER : Female
LANGUAGE : English, Kiswahili, Kimeru
DATE OF BIRTH : 18th October 1970
AGE : 51 Years
RELIGION : Christian
MARITAL STATUS : Single (Religious nun)
COUNTY : Meru
NATIONALITY : Kenyan
ID NUMBER : 10898214
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EDUCATION BACKGROUND

DATE	SCHOOL/COLLEGE	QUALIFICATIONS
Jan 2015 to 2020	Daystar University	PhD Clinical Psychology
May -June 2014	Tangaza College	Certificate in Spirituality
2013 - 2014	Nacada Authority	Addiction Counseling Cert.
Jan 2009-Dec 2010	Mwangaza Retreat Centre	Spiritual Direction Certificate
2006 - 2008	Kenyatta University	MA (Counseling Psychology)
May - June 2008	Catholic University (CUEA)	Leadership and Management Certificate
Feb - April 2007	KAPC College	VCT Counseling Certificate
2001 - 2005	University of Nairobi	BA-Psychology (Counseling)
Aug 1999	Meru District Headquarters	Primary School Management (PRISM)
1993 - 1995	St. Augustine Teachers	P1 Certificate

	Training College	
1988 - 1989	Ukuu High School	KCSE Certificate
1976 - 1985	Giaki Primary School	KCPE Certificate

RESPONSIBILITIES AND WORK EXPERIENCE

DATE	RESPONSIBILITY	PLACE
Sept 2019 to date	Board Chairperson	Amani Counseling and Training Institute
2014 to 2019	Part time Lecturer	University of Nairobi
Sept 2012 to date	Ass. Dean of Students	University of Nairobi
April 2012 to 2015	Board Member	Egoji Teachers College
Jan 2011 to 2012	Student Counselor	Meru University
August 2011-2012	Part-time Lecturer	Meru University
Jan 2011 to 2012	Part- time Lecturer	Africa Nazarene University
Jan 2010 to date	Trustee Member	Kenya Family Charities (KFC)
April- Dec 2010	Part time Lecturer	Mt. Kenya University
April 2010 to 2012	Board Member	Fr. Soldatti TTC-Maua
Jan - May 2009	Part-time Lecturer	Tangaza College -Nairobi
Sept - Dec 2007	Counseling Practicum	Jomo Kenyatta University - Nairobi
Sept - Dec 2004	Counseling Practicum	Mathare Mental Hospital - Nairobi
2000-2006	Education Board Member	Catholic Diocese of Meru
1998-2006	Head Teacher	Consolata Primary School- Meru
1995-1997	Assistant teacher	Consolata Primary School- Meru

RESEARCH EXPERIENCE

2004-2005	Research Project	Effects of Head teacher's Leadership Styles on Academic Performance
2007-2008	Thesis	Relationship between Birth Order and Academic Performance among Form Four Students
2016-2020	Dissertation	Effectiveness of Art Therapy in

Treating Depression and
Anxiety in Children Affected by
HIV-related Loss

PUBLICATIONS

YEAR	ITEM	TITLE	PUBLISHER	STATUS
2020	Journal article	Psychosocial Challenges Experienced by Children Affected by HIV-Related Loss in two Selected Children's Organization in Nairobi County, Kenya	African Journal for Clinical Psychology (AJCP) Authors : Caroline Rukunga ¹ and Alice Munene, Psy D ² , Paul Mbutu, PhD	Published https://www.daystar.ac.ke/ajcp/
2020-2021	Journal Article Manuscript	Factors Associated with Elevated Scores of Depression among Children Affected by HIV-Related Loss: Kenyan Study	South African Journal of Psychology (SAJP) Authors: : Caroline Rukunga ¹ Augustine Nwoye, PhD ² & Alice Munene, Psy D ³	Peer reviewed, revised and forwarded to the publisher awaiting publishing.
2021	Journal Article Manuscript	Prevalence of depression and anxiety among children affected by HIV-related Loss: A Kenyan Study	African Research Journal of Education and Social Sciences (ARJESS) Authors: Caroline Rukunga ¹ and Alice Munene,	Published http://arjess.org/social-sciences-research/prevalence-of-depression-and-anxiety-among-children-affected-by-hiv-related-loss-in-two-selected-childrens-organization-in-nairobi-county-kenya.pdf .

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VISION

Holistic empowerment of individuals, families, communities and organizations in Kenya and beyond

MISSION

To professionally instill quality knowledge and skills through counselling, educational trainings and research work for the wellbeing of individuals, families, communities and organizations.

Theoretical Orientation: Psychodynamic

Games and Sports: Table tennis and walking race

Hobbies: Singing, listening to music, and reading motivational books.

REFEREES

Dr. Alice Munene

PhD Clinical Psychology Coordinator,

Daystar University

P.O Box 44400-00100

Nairobi

Dr. Charles Kimamo

Chairman, Department of Psychology

University of Nairobi

P.O Box 30197-00100

Nairobi

Mr. Johnson Kinyua,

Dean of students,

University of Nairobi

P.O Box 30197-00100

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