



SUMMARY CURRICULUM VITAE

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Personal Statement

A Clinical Nurse Specialist with wide experience in acute and community mental health care, quality professional nursing care, research ethics and education as well as conceptual model development using grounded theory methodology.

I champion quality of nursing care and am currently the lead trainer and advisor to the Director of Nursing services- Kenya on quality of nursing care through “Mainstreaming Kenya- Nursing process in clinical settings”.

I’m currently interested in how I can (through my University and mental health Kenya nurses’ Chapter) take Cancer screening to the patients and clients with mental disorders because it seems to me that they are a forgotten group in the Global fight against Cancer.

Education

PhD (Mental Health Nursing): **University of Cape Town; South Africa**

MScN (Mental Health and Psychiatric Nursing): **University of Nairobi; Kenya.**

PG Dip. International Research Ethics: **University of Cape Town; South Africa.**

BScN: **University of Nairobi; Kenya.**

Dip. Advanced Nursing; **University of Nairobi; Kenya.**

Dip. Midwifery; **Mater School of Midwifery, Nairobi; Kenya.**

Dip. Psychiatric Nursing; **School of Psychiatric Nursing- College of Health Professions Mathari; Kenya.**

Dip. General Nursing; **Kenya Medical Training College; Kenya.**

Professional Development courses completed

Research and Grant proposal writing UNES -University of Nairobi: **Nairobi, Kenya**

Research methods and scientific writing: University of Washington and University of Nairobi: **Nairobi, Kenya**

Strengthening Health systems; Integrating palliative care: KEHPCA: **Nairobi; Kenya**
One health concept and program implementation: **Dar-es-Salaam, Tanzania**
Personal Health Information Act (PHIA) for confidentiality in patient care: University of Manitoba; **Winnipeg, Canada**
Epidemiology and Global Health: University of Dundee; **Dundee, Scotland**
Teaching Palliative care; KEHPCA, **Kenya**
Training of trainers' course on Palliative care: KEHPCA, **Kenya**
Training of Trainers course on gender based Violence: **Arusha, Tanzania**
Advanced International Training Programme on sexual and Reproductive Health Rights for Adolescents: **RFSU and Karolinska Institute; Stockholm, Sweden,**
Research methodology: University of Nairobi, **Nairobi, Kenya**
Emergency Room and Trauma Care: Dina Academic School of Nursing; **Petah Tikva, Israel**
Certificate in Script Writing: VVOB Skills Lab. Project. Kenya Medical Training College, **Nairobi; Kenya**
Clinical Teaching Skills in Reproductive Health: Ministry of Health and AMKENI, **Nairobi, Kenya**
Lactation / Breastfeeding Management: Kenyatta National Hospital, **Nairobi; Kenya**
Child Health Certificate Course, AMREF; **Nairobi, Kenya**
Palliative Care for Health Professionals: The Nairobi Hospice, **Nairobi; Kenya**
Teaching Methodology: AMREF / Ministry of Health, **Bruckenhurst; Kenya**
Control of Diarrheal Diseases: Chullaimbo Rural Training Health Center, Ministry of Health, **Kenya**
Clinical Diagnosis: AMREF/Ministry of Health; **Kenya**

Professional Certification

Clinical Mental Health Nurse Specialist
Kenya Registered Community Health Nurse (BScN)
Kenya Registered Community Health Nurse (Post Basic)
Kenya Registered Midwife
Kenya Registered Psychiatric Nurse
Kenya Registered Nurse

Professional, Alumni and affiliations

Alumni of International Prevention Research Institute (iPRI)
ECSACON-Kenya Chapter
Kenya Mental Health Nurses Chapter
Manitoba Center for Nursing and Health Research affiliate
National Nurses Association of Kenya

Sigma Theta Tau

The Kenya Hospices and Palliative Care Association

University of Cape Town Alumni

University of Nairobi Alumni

Specialty/Clinical/Community activities/Teaching areas

Research Interests: Quality mental and psychosocial health of children, adolescents and special populations at risk of /or with mental disorders and other chronic or life limiting illnesses; Nursing process in professional nursing practice; Knowledge Translation in mental health nursing; Ethics in mental health care and research.

Clinical Interests: Recovery, hospital and community based care for people living with mental disorders/ psychosocial issues; Fundamentals of nursing; psychosocial aspects of people living with chronic, life limiting illnesses.

Community activities:

Lead trainer and technical advisor to the Director of Nursing services (Ministry of Health) in mainstreaming nursing process as a frame work of care in public hospitals in Kenya.

Teaching Areas: Mental health and psychiatric nursing; Medical-Surgical nursing; Palliative care, Advanced nursing practice, Psychology, Clinical and research ethics

Peer reviewed Publications

A: Book Chapters & Monographs

1. A grounded theory of Kenyan Human Interaction Model for Mental Health Nursing Practice (2016).University of Cape Town Repository
2. Karani A. & **Wagoro M.** (2005) Nursing in mental health; in Ndetei et al *Text Book of Clinical psychiatry in African context (Chapter 70)*. Nairobi. AMREF
3. Obondo A. Karani A, **Wagoro M.A.** (2005) Rehabilitation and community mental health; in Ndetei et al *Text Book of Clinical psychiatry in African context*(Chapter 68). Nairobi. AMREF

B: Journals

4. Abdikarim, I., **Wagoro M.C.A.** & Habtu, M. (2017). Prevalence and associated factors of cervical cancer screening among Somali women in Eastleigh, Nairobi, Kenya. *Journal of Community & Public Health Nursing*

5. **Wagoro, M.,** Duma, S. & Mayers, P, (2017). Using grounded theory to develop a conceptual model: The Kenyan experience. *SAGE Research Methods Cases*. DOI: Online ISBN: 9781526403186 URL <http://methods.sagepub.com/case/grounded-theory-develop-conceptual-model-kenyan-experience>
6. Okumu, R.A, Muiva, M., Wagoro, M., Abdallah, F., Oweya, E. (2017). Association between socioeconomic and psychological experiences of parents with children on Leukemia treatment in Kenyatta National Hospital, Kenya. *Asia-Pacific Journal of Oncology Nursing*4(1):38-44
7. Mangare N. L., Omondi A. L., Ayieko O. A., Wakasiaka S. & , **Wagoro M. C. A.**(2016). Implementation of the Nursing Process in Naivasha District Hospital, Kenya. *American Journal of Nursing Science*. 5(4): 152-157 .doi: 10.11648/j.ajns.20160504.15
8. Rakuom, C.P., **Wagoro, M.C.A.**, Mirereh, J.O. & Sudi, Galo S. (2016). Returning nursing to Nightingale: The Bigger Picture of Mainstreaming Kenya-Nursing Process. *Journal of Community & Public Health Nursing* 2: 140. doi:10.4172/2471-9846.1000140
9. Makenna, F., **Wagoro, M.C.A.** & Habtu, M.F. (2015). Socio-Demographic factors associated with advanced stage of Cervical Cancer at Diagnosis in Kenyatta National Hospital, Kenya. *BMC Women's Health* (Under review) MS ID : 5653700881779293
10. Ogugu, E.G. Odero, T., Ong'any, A. & **Wagoro, M.C.A.**, (2015). Nurses and Patients' Perceptions on the Importance of Nurse-Caring Behaviours: A Study at the Surgical Wards of Kenyatta National Hospital Nairobi. *International Journal of Human Caring*19(2) 55-61. doi: <http://dx.doi.org/10.20467/1091-5710-19.2.55>
11. **Wagoro, M.C.A.** & Rakuom, C.P. (2015), Mainstreaming Kenya-Nursing Process in clinical settings: The case of Kenya. *International Journal of Africa Nursing Sciences* 3:31-39 doi:10.1016/j.ijans.2015.07.002
12. **Wagoro, M.C.A.** & Bhatt, K.M. (2012) An Audit of informed consent in post graduate dissertation studies at the College of Health Sciences, University of Nairobi. *South African Journal of Bioethics and Law*, 5(1) 45-50
13. Kimani, S., Kainga, S., Chege, M. & **Wagoro, M.C.A.** (2012). Risk factors for cardiovascular disease in patients with type 2 diabetes at Kenyatta national hospital, Kenya. *Journal of Cardiovascular Nursing*. 27 (5): 369-378
14. **Wagoro M.C.A.**, Othieno C.J., Musandu J. & Karani A. (2008) Structure and Process Factors that Influence Patient's Perception of In-patient Nursing Care at Mathari Hospital. *Journal of Psychiatric and Mental Health Nursing*, 15, 246-252
15. **Wagoro M.C.A** (1998), Community Mental Health Nursing: Application of the nursing process; *Kenya Nursing Journal*

C: Abstracts books

1. **Wagoro, M.C.A.**, Rakuom, C.P., Mirereh, J., Sudi, W.G. (2016).Development of a graphic blood sugar monitoring chart: A unique nursing innovation
2. **Wagoro, M.C.A.**, Duma, S., Mayers. & Chitere, P. (2015, September). *Development of a Kenyan model for Mental Health Nursing Practice: A Grounded theory study*. Presentation at 21st International Network for Psychiatric Nursing Research (NPNR) Conference at Manchester Conference center, Manchester, United Kingdom *Abstract book*
3. Gathaiya, N., Mwaura & **Wagoro, M.C.A.** (2015, September). Factors associated with relapse of schizophrenia. Presentation at 21st International Network for Psychiatric Nursing Research (NPNR) Conference at Manchester Conference center, Manchester, United Kingdom *Abstract book*
4. **Wagoro, M.C.A.** (2015, March). Nurse Educators in partnership with Directorate of nursing bridging the Nursing Process (NP) theory-to-practice gap in a low resource country: The case of Kenya; *Proceedings of RCN Education Forum International conference and exhibition: partners in practice Abstract book*
5. Ogugu, E.G. Odero, T., Ong'any, A. & **Wagoro, M.C.A.** (2014) .Nurses and Patients' Perceptions on the Importance of Nurse-Caring Behaviours: A Study at the Surgical Wards of Kenyatta National Hospital Nairobi. *Proceedings of the 35th International Association for Human Caring Conference Abstract Book*
6. Kainga,S.,Chege,M.,**Wagoro,M.C.A.**& Kimani,S.(2012).Peripheral Neuropathy among Patients with Type 2 Diabetes mellitus attending Kenyatta National Hospital. *Proceedings of 2nd East Africa Neuroscience Conference Abstract Book*
7. Kamotho H, Muiva M, **Wagoro M**, Kimani S.(2012).Practices of Nurses in Management of Pain among Critically Ill Non-Verbal Adult Patients in the Critical Care Unit, KNH. *Proceedings of 5th Kenyatta National Hospital Annual Scientific Conference abstract book*
8. **Wagoro, M.C.A** & Odidi,M.A. (2011).*Job Satisfaction among nurses at Mathari Hospital, Nairobi, Proceedings of 17th International Network for Psychiatric Nursing Research (NPNR) Conference Abstract Book*
9. Gathaiya, N. and **Wagoro M.C.A** (2008). Rapid result initiative; A strategy for improving quality of mental health care in Mathari Hospital, Nairobi; *Proceedings of 12th European Mental Health Nursing conference and exhibition conference Abstract book*

D: National Reference, Procedure, and Training Manuals

10. **Wagoro,M.C.A.**, et al (Eds)(2016).Nursing Council of Kenya manual of clinical procedures ,4th Edition.Naiorbi Nursing Council of Kenya
11. **Wagoro, M.C.A.**, Rakuom, C.P. & Mirereh, J. (Eds) (2015). *Mainstreaming Nursing Process in Kenya: Reference Manual*. Nairobi: Ministry of Health
12. **Wagoro, M.C.A.**, Rakuom, C.P. & Mirereh, J. (Eds) (2015). *Mainstreaming Nursing Process in Kenya: Facilitator's Guide*. Nairobi: Ministry of Health

13. **Wagoro, M.C.A., Rakuom, C.P. & Mirereh. (Eds)(2015).** *Mainstreaming Nursing Process in Kenya: Training curriculum.* Nairobi: Ministry of Health
14. **Wagoro, M.C.A. & Kuria, L., (Eds) (2009)** *Mental Health for Community Based Workers in Kenya: Reference Manual.* Nairobi: Basic Needs UK in Kenya
15. **Wagoro, M.C.A. & Kuria, L., (Eds) (2009)** *Mental Health for Community Based Workers in Kenya: Facilitator's Guide.* Nairobi: Basic Needs UK in Kenya
16. **Wagoro, M.C.A. & Kuria, L., (Eds) (2009)** *Mental Health for Community Based Workers in Kenya: Training Curriculum.* Nairobi: Basic Needs UK in Kenya
17. **Wagoro M.C.A. & Mutinda, J., (Eds), (2009)** *Nursing Council of Kenya Manual of Clinical Procedures, 3rd Edition.* Nairobi: Nursing Council of Kenya.

Reviewed Books

Basic Needs Basic Rights (2012) *Mental Health Care: An Introductory Manual for Training General Health Personnel.*
(Author) Bangalore: **India**

Presentations at conferences, symposiums and seminars

International fora

1. Gathaiya, N., Mwaura. & **Wagoro, M.C.A.** (2015, September). Factors Associated with relapses in Schizophrenia. Presentation at 21st International Network for Psychiatric Nursing Research (NPNR) Conference at Manchester Conference center, **Manchester, United Kingdom**
2. **Wagoro, M.C.A.,** Duma, S., Mayers. & Chitere, P. (2015, September). Development of a Kenyan model for Mental Health Nursing Practice: A Grounded theory study. Presentation at 21st International Network for Psychiatric Nursing Research (NPNR) Conference on 16th September at Manchester Conference center, **Manchester, United Kingdom**
3. **Wagoro, M.C.A&** Rakuom, C.P (2015, March). Nurse Educators in partnership with Directorate of nursing bridging the Nursing Process (NP) theory-to-practice gap in a low resource country: The case of Kenya. Presentation at the RCN Education Forum National Conference and Exhibition: Partners in practice on 11th March; East Midlands Conference Centre; **Nottingham-United Kingdom.**
4. **Wagoro, M.C.A.** (2013, May). *Development of a Kenyan model for Mental Health Nursing Practice: A Grounded theory study.* Presentation made to nursing faculty during Nursing Research Seminar Series on May, 8, 2013 at the **University of Manitoba, Canada.**

5. **Wagoro, M.C.A.** (2013, May). *Bridging the Nursing process theory –to- practice gap: The role of Nurse Educators*. Presentation made to nursing faculty on May, 14, 2013 Mentor, Munch & Muse series at the **University of Manitoba, Canada**.
6. **Wagoro, M.C.A.** (2013, May). *Knowledge dissemination using Harris et al (2012) Health Promotion Research Center (HPRC) dissemination framework*. Presentation made to Graduate Nurse Practitioners on May, 15, May, at the Faculty of Nursing, **University of Manitoba, Canada**.
7. **Wagoro M.C.A&Odidi M.A** (2011). *Job Satisfaction among nurses at Mathari Hospital, Nairobi*; Presentation at 17th International Network for Psychiatric Nursing Research (NPNR) Conference at **Keble College, Oxford, United Kingdom**
8. Gathaiya, N. and **Wagoro M.C.A** (2008). Rapid result initiative; A strategy for improving quality of mental health care in Mathari Hospital, Nairobi; Presentation at 12th *European Mental Health Nursing conference and exhibition conference* at Mollington Banastre Hotel & Spa, **Chester, England ,United Kingdom**

National fora

9. **Wagoro, M.C.A.** (2016, November). *Counseling technique & psychosocial Assessment for patients with chronic renal conditions*. Presentation made to renal nurses at the Crown Plaza, **Nairobi, Kenya**
10. **Wagoro, M.C.A.**, Rakuom, C.P., Mirereh, and J. & Sudi, W.G. (2016, September) .*Development of a graphic blood sugar monitoring tool: A unique nursing innovation*. Presentation made at the Moi University International conference in **Eldoret, Kenya**.
11. **Wagoro, M.C.A.** (2016, February). *The Kenyan Human Interaction Model for Mental Health Nursing Practice: A Grounded theory*. Presentation of the theoretical scheme made to Nurses on , 24th February,2016,at Mathari National Training and Referral Hospital,**Nairobi,Kenya**
12. **Wagoro, M.C.A** & Mirereh, O.J. (2016, February). *MNPK,Empowering Nurses for Transformational Nursing Practice and Positive Nursing Image*.Presentation to County Chief Nursing Officers and senior Nurse administrators on 4th Febuary,2016 at Gelian Hotel, **Machakos ,Kenya**
13. **Wagoro, M.C.A**, Odhiambo, E.A., Muiva, M., Gachoki, N. & Mukhana, R. (2015, September). *Power and Empowerment for Transformational Nursing Practice*.Presentation to senior nurse managers of KNH on 28th September;**Nairobi,Kenya**
14. **Wagoro, M.C.A** (2015, July). *Mainstreaming Nursing Process in Kenya(MNPK):Where we have come from and next steps*: Presentation made to Director of Medical Services and Ministry of health senior administrators at Ministry of health headquarters;**Nairobi,Kenya**
15. **Wagoro, M.C.A**(2015,June). *Innovative documentation for quality client care*.Presentation in the Nurses' forum during the 3rd KNH-UoN international conference on 10th June;**Nairobi,Kenya**

16. **Wagoro, M.C.A** (2015, April). Adaptive Behaviors in a patient with schizophrenia: Case presentation with Application of the Roy Adaption Model. Presentation at the Mental health nurses' Chapter on 24th April; **Nakuru, Kenya**
17. **Wagoro, M.C.A.** (2015, March) *University of Nairobi –School of Nursing sciences and Kenyatta National Hospital –Department of Nursing services collaborative agenda- which way do we go?* Presentation made to SONSc faculty and Senior nurse Administrators KNH at the SONSc board room on 5th March,2015 at the **University of Nairobi, Kenya**
18. **Wagoro, M.C.A. & Mirereh.** (2014, August).*Mainstreaming Nursing Process in the County Health Facilities: A strategy to reclaim the lost nursing image;* Presentation made to County Chief Nursing Officers on August,4, 2013 at Kenya Commercial Bank ,Leadership Center; **Nairobi, Kenya**
19. **Wagoro, M.C.A.** (2012, October).*The Nursing Process; a framework for quality nephrology nursing.* Presentation made to Nephrology Nurses on 25th October, 2012 during the Association's scientific Conference, at AMREF international training centre, **Nairobi, Kenya**
20. **Wagoro, M.C.A.** (2012).*Quality Nursing Care through The Nursing Process: The Kenyan Model.*Presetaion made to the Kenya Salvation army health care professionals conference at **Jumia Conference center, Limuru.**
21. **Wagoro, M.C.A.** (2011).*Mainstreaming Nursing Process (NP): Linking Theory and Practice;* Presentation made to Chief Nursing Officers of African countries, ICN representatives and Kenya Nurse leaders during NP symposium on 4th October, at Green Hills Hotel, **Nyeri, Kenya**
22. **Wagoro M.C.A** (2010).*Current issues in mental health nursing assessment.* Presentation at the Mental Health Nurses conference. **Eldoret**
23. **Wagoro M.C.A.** (2009).*Introducing the 3rd Edition of The Nursing Council of Kenya Manual of Clinical Procedures with the Nursing Process Approach to Senior Nurse lectures of mid level training colleges,* **Nairobi.**
24. **Wagoro M.C.A** (2009), *Culture, HIV and Mental Health.* presentation at the Mental Health Nurses conference. **Nairobi**
25. **Wagoro M.C.A.** (2008).*Post Election Violence-Implications for the mental Health Nurse:* presentation at the mental health nurses conference, **Machakos**
26. **Wagoro M.C.A.** (2005). *Building Awareness; Reducing Risks – Mental Illnesses and Suicide.* Key note address at the mental health nurses conference. **Nyeri**
27. **Wagoro M.C.A.** (2003).*Disaster management – Role of the psychiatric nurse; presentation* at the mental health nurses conference. **Nairobi**
28. **Wagoro M.C.A.** (1996).*Community Mental Health – implications for the psychiatric nurse.* Presentation at the mental health nurses conference. **Nairobi**

ACHIVEMENTS

1. Organized trainings for under and post graduates

- a) Palliative care for both undergraduate and post graduate students funded by KEHPCA
- b) Psychological debriefing for Faculty and postgraduate students of School of Nursing sciences and KNH clinical nurse practitioners facilitated by IsraAid Kenya

2. Successfully Supervised Thesis and Research Proposals

MScN-Post graduate

- a) Assessment of Association between Perceived Stigma, Social Support and Substance Abuse among Clients at the Comprehensive Care Centre at the Coast Province General Hospital
- b) Outcomes of induction of labor in women who delivered at Kenyatta national hospital
- c) Perception of women with ovarian cancer admitted at Kenyatta National Hospital towards health care service utilization
- d) Barriers in Preventing Long-Term Complications among Patients with Type 2 Diabetes Mellitus at the Kenyatta National Hospital
- e) A Comparative Study on Nurses and Patients Perception of Nurse-Caring Behaviours: A Study at Surgical Wards Kenyatta National Hospital
- f) Practices of Nurses in Management of Pain among Critically ill Non-Verbal adult Patients in the Critical Care Unit, Kenyatta National Hospital
- g) Ethical Dilemmas Experienced By Nurses In Critical Care Units In Kenyatta National Hospital.
- h) Factors Associated With Relapse in Schizophrenia at Mathari Hospital, Nairobi

BScN-Undergraduate

- a) Factors Associated With Delayed Wound Healing In Adults In Surgical Wards, Kenyatta National Hospital.
- b) Determining the Extent of Preparedness to Handle Mass Casualties in Kenyatta National Hospital: A Study of the Accident and Emergency Department
- c) Assessing the Knowledge, Attitude and Practice of Surgical Personnel On Hand Scrubbing In Kenyatta National Hospital, Main Theatre
- d) Assessing Patients' Perception of the Quality of Inpatient Psychiatric Nursing Care at Mathari Hospital
- E) Assessing The Influence Of Alcohol Abuse On The Academic Performance Of Students In The College Of Health Sciences, In The University Of Nairobi.
- f) Factors Associated With Cigarette Smoking Among High School Students in Nairobi
- g) The Attitude of BScN Students at Public Universities in Kenya, Towards Mental Health and Psychiatry Nursing.

- h) Knowledge and Practice of Innovative Learning Methods among the Undergraduate Students in the College Of Health Sciences, University Of Nairobi.

AWARDS

Research Grants				
Year		Funding Institution	Role in project	title if research
1.	2016	Lincoln University	Principal Investigator	Planning activities for Assessment of patient dignity in Mathari NRT hospital
2.	2016	KNH	Co-Investigator	Existence and determinants of task shifting among Doctors and nurses in KNH
Conference presentation and attendance travel				
3.	2011	Nursing Council of Kenya	Travel award	17 th International Network for Psychiatric Nursing Research (NPNR) Conference at Keble College, Oxford, United Kingdom
Educational				
Date		Award Details		Purpose
		Duration	Award and awarding institution	
4.	2013	3 years	USHEPIA fellowship	PhD nursing at the University of cape Town, South Africa
5.	2012	6 months	Canadian, Commonwealth scholarship	Research and Doctoral course work studies at the University of Manitoba, Canada
6.	2012	3 weeks	International Prevention Research Institute(IPRI) & University of Dundee scholarship	Epidemiology and global health-University of Dundee, Scotland
7.	2008	1 year	Fogarty International Center & IRENSA fellowship	Post Graduate Diploma in International Research ethics at university of Cape Town, South Africa
8.	2008	5 weeks	SIDA and Karolinska Institute Scholarship	Sexual and Reproductive Health Rights for Adolescents in Stockholm, Sweden
9.	2003	7 weeks	MASHAV(Israeli Ministry of foreign affairs) scholarship	Emergency and Trauma care course at Rabin medical center and Dina Academic school of nursing- Israel

REFEREES:

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