

Curriculum Vitae

Personal Information

Name: Dr. Nicholas K. Bailasha

Date of birth: 30/12/1968

ID no: 10147735

Marital Status: Married

Citizen: Kenyan

Language: English, Kiswahili and Kimeru (spoken & written)

Present Address University of Nairobi. Department of Physical Education and Sport
P.O. Box 30197- 00100 Nairobi - Kenya

Home Address: P.O. Box 1445-00232. Ruiru - Kenya

Mobile: +254-729632114

E-mail: bailashan@gmail.com

EDUCATIONAL BACKGROUND

Date	Institution	Award
1. November 2009- August 2013	University of Nairobi	Doctor of Philosophy (PhD) (Specialized in Physical Health Education & Physiology of Exercise)
2. November 1994- October 1999	Kenyatta University	Master of Education (M Ed) Physical Education

(Specialized in: **Match Analysis & psychosocial metrics in Physical activity and Exercise**)

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|--------------------------------|-------------------------------|---|
| 3. September 1990 – April 1994 | Kenyatta University | Bed Arts (Double Physical Education) |
| 4. June- Dec, 2000 | Kenya Institute of Management | Diploma in management Management |
| 5. 1988-1989 | Nkubu Boys High Sch | K.A.C.E |
| 6. 1984-1987 | ST, Cyprian Sec Sch | K.C.E |
| 7. 1977- 1983 | Mituntu Pry Sch | C.P.E |

EMPLOYMENT HISTORY

Date	Title	Employer
1. June 2015 to date	Senior Lecturer	University of Nairobi
2. September 2008 June 2015	Lecturer	University of Nairobi
3. March, 2004- August 2008	Games Tutor	University of Nairobi
4. Feb – March 2004	Acting Dean of Students	Kenya Methodist University
5. Sept- 2003- February 2004	Lecturer	Kenya Methodist University
6. Jan 2000- Sept 2003	Games Tutor	Kenya Methodist University
7. May 1995 - Jan 2000	Tutor KSTC	T.S.C
8. Sept – April 1995	Graduate- Teacher	T.SC
9. April – Aug 1990	General Clerk	Meru Central Farmer's Co-op Society

ACADEMIC PROFILE

1. 2013 – Ph.D. Thesis titled “**Determinants and Pattern of Sport injuries in selected Team-Sports during a Season of the Kenya National Leagues**”
2. 1999- Master of Education- (Physical Education). Thesis titled “**Effectiveness of the Serves used during 12th edition of Africa Feminine Clubs Championships**”
3. 1994- Bachelor of Education (Physical Education) - 2nd Class Honors Upper Division

PUBLICATIONS IN PEER REVIEW JOURNAL

1. **Bailasha, N.K**, Rintaugu, E.G, Mwangi, F.M, Kamau, J, Mucheke, C.M, Otieno, M.D (2020): Institutional Based Reasons for Students Non-participation in Physical Activity and Sport Programs in the Kenyan Public Universities. *Journal of Human Movement and Sport Sciences* 8 (1): 17-23. Doi: 1033189/saj.2020080102: <http://www.hrpub.org>
2. **Bailasha, N.K**, Rintaugu, E.G, Kibera, L. & Andanje, M. (2014): Assessment of the Pattern of Sport injuries in selected Ball Games during a Season of the Kenyan National Leagues. *Journal of Health Sciences*, 2014, 4(2):34-40. D01:10.5923/j.health.20140402.02.
3. Rintaugu,E. G, Mwangi, F. M. & **Bailasha, N. K** (2013): Negotiating Constraints to Sport Participation of University Soccer Players. *Journal of Education and Practice*. Vol.4, No.23, 2013. Pg 146-153. ISSN 2222-1735 (Paper) ISSN 2222-288X (Online)www.iiste.org
4. Gitonga,E.R, Andanje M., Mwangi, P.W and **Bailasha, N.** (2012): Attitudes of Teacher Trainee towards Physical Education in Kenya. *Educational Research and Review* Vol 7 (27), PP. 585- 588, 10 November, 2012.Available at online <http://www.academicjournals.org/ERR>
5. Gitonga, E.R, **Bailasha, N.K** & Toriola, A. L. (2011): Psycho-social attributes of elite African Women Volleyball Players in Africa –*Africa journal for Physical, Health Education, Recreation &Dance (AJPHERED)*.17, 3, p 1-12.
6. Rintaugu, E.G. & **Bailasha, N.K** (2011): Coach-leadership behavior, exhibited by Volleyball players in Africa. *International journal of current research*. 3, 9 pg. 135- 139. Avail, at online <http://www.journalcra.com>
7. Njororai, W.W. S, Gitonga, E. R, **Bailasha, N. K.** and Andanje, M. (2004): Assessment of Injuries in physical education lessons in Kenya science teachers college, Kenya: *West Africa journal of Physical education (WAJOPHE)*, 8, 153- 159.

8. **Bailasha, N. K** and Akpata, D.O (2002): Effectiveness of the serves used during 12th edition of Africa feminine clubs championships: *Journal of International Council for Health, Physical education, Recreation, Sport and Dance (ICHPER,SD)*, volume 38, no 1

ARTICLES IN THE BOOKS OF ABSTRACT AND CONFERENCE PROCEEDINGS

1. Obondo, A. W., & **Bailasha, N.K.**: Deterrent Factors towards Participation in Sport Activities among Kenyan Public Secondary School students. *Paper presented during the 4th International Conference of the African Sport Management Association (ASMA) on 4th-6th April, 2019 In Mount Kenya University, Thika – Kenya.*
2. Gikunda, F.K, Otube, N.A.W, Laichena, E. M, Kumedzro, F. K & **Bailasha, N.K.**: The Place of Students with Disabilities and at Risk in African Universities Sports Program: A Case of Kenyan Universities. *A paper presented during the 7th edition of the Fasu Games Pre- Games Scientific Conference held on 12th July 2014 at the C.C.U Conference Hall University of Nairobi.*
3. Kinoti, J.K, **Bailasha, N.K**, Nteere, J.S and Segei, S. Challenges of Running sport programs in African Public Universities. A Case of the University of Nairobi. *A paper presented during the 7th edition of the Fasu Games Pre-Games Scientific Conference held on 12th July 2014 at the C.C.U Conference Hall University of Nairobi.*
4. Musoke, H. **Bailasha, N.K** and Kinoti, J.K. Evaluation of the Factors Influencing Participation in Fasu Games. *A paper presented during the 7th edition of the Fasu Games Pre-Games Scientific Conference held on 12th July 2014 at the C.C.U Conference Hall University of Nairobi.*
5. **Bailasha, N.K**, Gitonga, E.R, & Odongo, J.O (2010). A survey of the types, nature and pattern of injuries in selected team sports during the 2nd edition of the Kenyan inter-university games - *Books of abstract of the 17th Biennial Conference of the international Society for Comparative Physical education and Sports (ISCPES), Kenyatta University, Nairobi .Kenya, 6th-8th June 2010.*
6. Nteere, J.S., Rintaugu, E. G. Murithi, M. & **Kinyua, N.** (2009): The Grand Coalition Government in Kenya; A recipe for sport development in Kenyan universities. Paper presented in the Fisu conference, Belgrade, Serbia- Book of abstracts pg116 – 139

7. **Bailasha, N.K** and Gitonga, E. R (2007): Etiological factors, pattern and time of injury occurrence during inter-collegiate soccer competition. *Paper presented during the joint congress 2007 sea games and ASEAN Para games Scientific Congress and the 5th Bangkok ASPASP international congress on sports Psychology, Bangkok, Thailand 1st to 4th Dec 2007 p.727.*
8. **Bailasha, N** (2000): Mechanism, Nature and pattern of Injuries experienced in a Diploma Teacher Training College Physical Education Lesson. *A Paper presented during the 3rd Kenya Conference of the Kenya Association for Health, Physical Education, Recreation, Sport and Dance KAHPER-SD in Kenya National Sports Institute, Moi International Sports Center, Kasarani On 3rd-4th November, 2000.*
9. **Bailasha, N** (2000): Effectiveness of the Serves used during the 12th Edition of the Feminine African Volleyball Club Championship. *A Paper presented during the 3rd Kenya Conference of the Kenya Association for Health, Physical Education, Recreation, Sport and Dance KAHPER-SD at Kenya National Sports Institute in Moi International Sports Center, Kasarani On 3rd-4th November, 2000.*
10. **Bailasha, N** (1999): Effectiveness of the Services used during the 12th Edition of the Feminine African Volleyball Club Championship. *A Paper presented during 7th Postgraduate Seminar at Kenyatta University*

THESIS SUPERVISION COMPLETED

1. Lydia Wambui Mwangi Waiya: Ph.D. titled “*Perception of Selected Stress Factors Influencing Track Performance of Student Athletes in Secondary Schools in Nakuru County- Kenya*”. 2019 Laikipia University
2. Obondo Winnie Adhiambo: M.Ed. (Physical education and Sport option): Titled. “*Determinants of Non-participation in Organized Sport Activities by Students in the Kenyan public Secondary Schools*. University of Nairobi. Awaiting Graduation

ONGOING THESIS SUPERVISION

1. **Mucheke Charles: H18/23947/2015:** Ph.D. Proposal titled. *Coach Education, Competition Experience and Players' Perception of Coach Competence as Predictor of Performance in Selected Kenyan National League Sports.* **Kenyatta University.**
2. **CHERONO SHARON (B.Ed PE) H68/CE/34232/2016** M.Sc. proposal titled; *Influence of Sport Participation on Physical Education Academic performance among Diploma Teacher Trainees in Kenya.* **Kenyatta University**

THESIS EXAMINATION

1. Ph.D. Thesis for Ephrem Tamrat Desalegn titled "*Incidence and Etiology of Volleyball Injuries in Ethiopia. A search for Amhara Regional State Clubs and young Players*" **May 2019:**
External Examiner: Kwazulu University - South Africa
2. M.Sc Thesis for Mugisha Lillian titled "*Demographic and Physical Environmental influences on Participation in Physical Activity among High School Students in Kampala, Uganda*" **17 December 2016: External Examiner: Kenyatta University - Kenya**
3. M.Sc Thesis for Phyllis Kiarain'wa Mwangi titled "*Evaluation of Available Football Resources and their Influence on Performance of Kenya Football Premier League Teams*" **15 November 2016: External Examiner Kenyatta University- Kenya**
4. M.Sc Thesis for Ramara Timothy titled "*Joint Family leisure and recreation pursuits and Family Cohesion among Tutors in Public Teacher Training Colleges in Eastern Kenya.*" **20 September 2016: External Examiner: Kenyatta University- Kenya**
5. Ph.D. Thesis for Mr. Reuben Koima Kenei titled "*Head Teachers' Management of School Resources and Academic Performance in Public Primary Schools in Marigat and Koibatek Sub-Counties in Baringo County, Kenya*" **October, 2014: Internal Examiner:** University of Nairobi- Kenya
6. Ph.D. Thesis for Mr.Muthoni David Mutahi titled "*Effect of Students' Participation in Steeple chase activities on Students' performance in Mechanics in Selected technical Institutions in Kenya*" **August, 2014: Internal Examiner :**University of Nairobi - Kenya

ARTICLE REVIEWS FOR PUBLICATION

1. February 2020: **Sport and Art** – Review Assignment (ID: 19915139) Horizon Research Publishing Corporation, USA. Titled: “*Computer Simulation Using 3D Motion Capture Data in Training Russian Skiers and Biathletes*”
2. December 2019: **Sport and Art** - Review Assignment (ID: 19991006-SP) Horizon Research Publishing Corporation, USA. Titled: “*Differences in the Level of Children Gross Motor Skills Development in Martial Arts Sports*”.
3. December 2019: **Sport and Art** - Review Assignment (ID: 19512714) Horizon Research Publishing Corporation, USA. Titled: “*The Investigation of Relationship between BMI, PBF Status and performance indicators, Success among National Team’s Adult Male Wrestlers of Different Countries*”.
4. October 2018: **Sport and Art** - Review Assignment (ID19912351) from Horizon Research Publishing Corporation, USA. Titled: “*Prevalence of Work-Related Musculoskeletal Disorders Among Commercial Tricycle Riders in Maiduguri Metropolitan Council of Northeastern Nigeria*”.
5. October 2014: **Sport and Art** - Review Assignment (ID: 19902935) from Horizon Research Publishing Corporation, USA. Titled “*Jordanian Experience in the Application of King Abdullah II Award of Fitness in the Schools of Ministry of Education*”

GRANT APPLICATION AND UNIVERSITY FUND ATTRACTING PROJECTS

1. **Member of the Communication, Publicity and Fund raising Committee** for the *2nd International Conference on research and Innovation in Education: Rethinking Teacher Education and reforms in the 21st century and beyond* held on 23-25 October 2019 in the college of Education and External Studies, University of Nairobi
2. **Member of the Communication, Publicity and Fund raising Committee** for the *1st International Conference on international research and innovation in Education* held on October 24-26,2018 in the college of Education and External Studies, University of Nairobi

3. **Kenya National research fund -Multidisciplinary research Grant programme – 2018/2019 financial year concept note:** *“The Status of Primary School Children Health related Physical Fitness: Towards Developing a National Health Fitness Norms for Kenyan Children.* Processes on going
4. **Chair of the 7th edition of the Fasu Games, Pre-Games Scientific Conference** held on 12th July 2014 at the CCU Conference hall in the University of Nairobi.

PROFESSIONAL APPOINTMENTS & ASSIGNMENTS

1. **School of Education Sub-committee for Sustenance of B.Ed. (ICT) program.** College of Education and External Studies University of Nairobi. February 6, 2020
2. **Benchmarking Workshop for Sport Education programmes.** Inter- University Council for East Africa (IUCEA) 13-17 January 2020: Tanzania
3. **Panel member for the Physical Education and Sport Policy for Early Learning and Basic Education - Ministry of Education:** December 15- 19, 2019
4. **Member of the Communication, Publicity and Fund raising Committee** for the 2nd International Conference on research and Innovation in Education: Rethinking Teacher Education and reforms in the 21st century and beyond held on 23-25 October 2019 in the college of Education and External Studies, University of Nairobi
5. **Publications Verification Committee** College of Education and External studies. University of Nairobi. 3 October 2019
6. **Inspection and Acceptance Committee** for July – September 2019 for the college Of Education and external studies – University of Nairobi. 15 August 2019
7. **Workshop to develop a Joint Working Strategy for Talent Development in the Counties.** Kenya Academy of Sports: *June 3 2018*
8. **Co-Chair Member of the conference organizing committee-** the 4th International Conference of the African Sport Management Organization (ASMA) held in Mount Kenya University between 4th & 6th April 2019.
9. **Ad Hoc Committee to Develop Succession Plan for Staff in the School of Education –** University of Nairobi November 10 2018.

10. **Communication, publicity and fund raising committee** for the 1st International Conference on international research and innovation in Education – October 24-26, 2018. University of Nairobi:
11. **Evaluation of the proposed Curriculum for Postgraduate Diploma in Physical Education of Kenyatta University.** Commission for University Education: 24 April 2018
12. **Peer reviewers Panelist and Editorial board member** - Horizons Research Publishing Corporation, U.S.A. 2018 to date.
13. **Consultative Workshop on Standards and Regulations for Kenya academy of Sports (KAS) at Sports view Hotel Kasarani.** Kenya Academy of Sports: March 8 2018
14. **External examiner**, Department of Recreation Management and Exercise Sciences. 2017 -2019 Kenyatta University - Kenya
15. **Scripting and Editing TV Programs for Physical Education.** Kenya Institute of Curriculum Development: December 7 2016.
16. **Kenya Academy of Sports Curriculum Development.** Kenya Academy of Sports: 1st November 2016.
17. **Prequalified Peer Reviewer:** Commission for University Education January 11 2016
18. **Vice- Chairman, Board of Management.** Lairang’i Day Secondary School. Ministry of Education Science and Technology: 20 July 2015.
19. **Chairperson.** The 7th All Africa University Games, Pre-Games Scientific Conference Sub-committee. April 2014
20. **Board Member-** School of Education Postgraduate Committee – University of Nairobi. October 2013
21. **Coordinator Zain Challenge.** CEES Students Coordinator during the Inter- University Zain Challenge Africa Quiz Competition. November 20 2008.
22. **Team Manager for the university of Nairobi team to the 2006 East Africa Inter-University Sports Championships in Kigali – Rwanda –** November 14 2006
23. **Revision of Academic Handbook Committee** Kenya Methodist University: November 6 2003

TEACHING/WORK EXPERIENCE

Date	Place of Work	Position
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June 2015 to date

University of Nairobi

Senior Lecturer, Department of
Physical Education and Sport

Areas

- Functional human anatomy & human Physiology
- Exercise physiology
- Research methods & Statistics
- Volleyball,

Postgraduates

- Research Methods
- Management of Sport Injuries
- Applied Statistics
- Supervision of Postgraduate Students

September 2008 to Jun 2015 University of Nairobi

Lecturer-Department of Physical
Education and Sport

Areas

- Functional human anatomy
- Functional human Physiology
- Exercise physiology
- Research methods & Statistics
- Aerobics and dance
- Basketball & Volleyball & Handball

January 2016 to date, Kenyatta University

Part time lecturer

Department of Recreation Management and
Exercise Science

Areas

- Conflict Management in Sport
- Soccer & Handball
- Event Management
- Hydrodynamics & Aquatic Activities
- Test and Measurement in Physical Activity
- Applied Statistics
- Research Methods in Sport
- Supervision of Postgraduate students

April, 2013- 2014 **Mount Kenya University** **Part-time Lecturer-**

Department of Education management and
Curriculum Studies

Areas

- Research methods
- Adapted P.E and sport Management.
- Athletics,
- Scientific Principles of training
- Basketball Soccer & volleyball
- Foundations of physical Activity

Oct, 2006 Jul 2008 **University of Nairobi** **Part-time Lecturer-**

Areas

- Aerobic and dance
- Basketball & Volleyball & Swimming
- Functional human anatomy & Physiology
- Exercise Physiology
- Facility Management

Sept 2003- May, 2004 Kenyatta **University**

Part-time lecturer

Department of Recreation Management and
Exercise Science

Areas

- Foundation of leisure and recreation management
- Foundations of Physical Activity
- Basketball Soccer & volleyball

Feb, 2001-2004,

Kenya Methodist University

Department of Education and
Counseling

Areas

- Basic Health & Nutrition
- Technology & Society
- Research Methods
- Educational Test and Measurement

May 1995- Feb 2000

Kenya Science Teachers College

Dept. of Physical Education

Areas

- Human anatomy & physiology
- Scientific principles of training
- Adapted Physical education
- Subject methods of Physical education
- Athletics, Volleyball, Hockey, Swimming & soccer.

Sept – Nov 1994

Chugu Sec School

Areas

- PE form 1-4

Other Departmental Responsibilities

2019 – Approved of B.sc in Leisure and Recreation Management program at the School Academic Board

2008 to date:

In charge of the department procurement

2014 - 18

- Examinations coordinator
- Conferences and Workshop Coordinator
- Post Graduate Program Coordinator

2011-2013

- Assistant Examinations Coordinator

2008- 2010

- Teaching resources/ facilities
- Library and reading materials

Course/ workshop/ seminars/ professional development courses attended

- May 2019- International conference for the Africa Sport Management Association – Mount Kenya University
- July 2018- American college of sport medicine international physician course workshop Masinde Muliro University
- Sport Science management course 8th-10th may, 2015 Laikipia University

- Chair of the 7th edition of the FASU Pre-Games Scientific Conference at the University of Nairobi 12th July 2014.
- Open Journal Publishing System 5th June 2014 Laico Regency Hotel
- Research and grant writing proposal April. 2013 University of Nairobi
- E-learning Workshop 9th – 11th may, 2012 University of Nairobi
- 2007: Proposed a diploma in Coaching and Sports Management curriculum for the University of Nairobi.
- FIVB Level 1 coaching 2nd-9th Aug 2006 Kasarani, Kenya
- Softball coaching clinic 8th-11th Jun 2006 National youth service Kenya
- Turf management 12th-13th mar 2006 Kasarani, Kenya
- U.O.N PE curriculum workshop 5th- 8th April 2006 Naivasha country club
- 2006, Coach University of Nairobi Men Volleyball Team - position 3rd in Kenya Volleyball federation National Division II league.
- Basketball officiating clinic 2nd-6th Aug 2005 Kenyatta University
- Basketball coaching clinic 2nd-8th Feb. 2004 Meru high school
- Volleyball Coaching clinic 4th-8th Aug 2004 Kenyatta University
- 2004, Introduced Inter-Campus Soccer league at the University of Nairobi.
- Basketball Coaching clinic 5th-9th Feb. 2003 Meru high school
- Feb 10th -15th 2003, Organized a Basketball, Handball and Hockey clinic for Teachers and Coaches at Kenya Methodist University.
- Feb 2003, Coach Kenya Methodist University Men basketball team- position 1st during annual Kobia Cup at Kenya Methodist University.
- 2003 Proposed Physical Education, Sports Science and Recreation (PERS) curriculum for Kenya Methodist University.
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- HIV/AIDS Workshop 30th- 1st Oct 2002 Kenya Methodist university
- First-Aid course 2nd- 6th Jul 2002 Kenya Red-cross society- Meru
- 2002, Coach Kenya Methodist University Men basketball team- position 1st during annual Kobia Cup at Meru Teachers College.

- 2002, Coach Kenya Methodist University Men Volleyball Team - position 2nd during Kenyatta University Annual Culture Week Tournament.
- 2002, Coach Kenya Methodist University Men Basketball Team - position 1st during Bishop Luigi Annual basketball tournament at Isiolo.
- 2001, Organized the Inaugural Kenya Methodist University chapter of the Kenya national Cross Country Championship.
- 1999, Coach Kenya Science Teachers College Women Volleyball Team -position 2ndduring Nairobi Province in the Kenya Colleges Sports Championships at Kenya Science Teachers College. Sept, 1992Leadership development course Marania school of outward bound course- Mount Kenya
- 1997, Coach Kenya Science Teachers college Women Volleyball Team - positions 1stduring Nairobi Province of Kenya Colleges Sports Championships at Thogoto Teachers College
- 1996, Coach Kenyatta University men volleyball team - Position 1st During Githunguri Open Volleyball Tournament at Githunguri.
- 1995, Coach Kenyatta University Men Volleyball Team - Position 1stDuring Annual Kiambata Cup at Maua.

Membership

1. Member of the Juja methodist Men Fellowship – Chairman 2019 to date
2. Red-Cross Society of Kenya (life member)
3. Africa Sport Management Association (asma)
4. University of Nairobi Alumni Association (uonaa)

Personal interest

1. Participating and watching sports- soccer, volleyball, handball, basketball, swimming, darts, Athletics.
2. Volunteer in forums for persons with special needs
3. Reading and writing about Physical health education and Sport

Referees

Professor. Mwangi Peter Wanderi

Ag Vice- Chancellor, Mount Kenya University

P.O.Box 342- 01000 Thika - Kenya.

Associate Professor. Rintaugu Elijah. Gitonga.

Dean, School of Hospitality and Recreation Management

Kenyatta University

P.O.Box 43844 -00200 Nairobi - Kenya.