

Dr. Ahmed M. R. Laving

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Personal details

Date of Birth	05 December 1969
Marital Status	Married
Nationality	Kenyan

Current Position

Senior Lecturer
Department of Paediatrics and Child Health
School of Medicine, College of Health Sciences
University of Nairobi, Kenya

Honorary Consultant Paediatrician/Paediatric Gastroenterologist
Kenyatta National Hospital
Nairobi, Kenya

Duties and Responsibilities

Program Coordinator for undergraduate students, Department of Paediatrics & Child Health, University of Nairobi. Responsible for making the undergraduate teaching program, from lecture schedule, tutorial topics to clinical teachings in the wards as well as co-ordinating their ward, newborn unit and child health rotations.

Participate in teaching paediatric residents, medical and nursing students, supervising research protocols of residents, development of undergraduate and postgraduate programs and preparing examinations for the Department of Paediatrics and Child Health at the University of Nairobi. Participate in running of the paediatric gastroenterology and general paediatric services at Kenyatta National Hospital. Conduct major teaching ward rounds, a general paediatric outpatient clinic and a paediatric gastroenterology/liver clinic once a week, as well as weekly clinical bedside teaching sessions with fourth year medical students and paediatric residents. Consulted for all paediatric GIT issues at the national referral and teaching hospital. Perform diagnostic and therapeutic upper and lower endoscopies and supervise percutaneous liver biopsies on children.

Professional Qualifications

Fellowship in Paediatric Gastroenterology, Hepatology and Nutrition, University of California, San Diego, 2005

Master of Medicine (MMed) in Paediatrics, University of Nairobi, 2000

Bachelor of Medicine, Bachelor of Surgery (MBChB), University of Nairobi, 1995

Professional Registration

Specialist Recognition in Paediatric Gastroenterology, Kenya Medical Practitioners and Dentists Board

Specialist Recognition in Paediatrics, Kenya Medical Practitioners and Dentists Board

Registered Medical Practitioner, Kenya Medical Practitioners and Dentists Board

Professional Experience

July 2005 to date	Consulting Paediatric Gastroenterologist Kenyatta National Hospital, Aga Khan University Hospital and Gertrude's Children's Hospital
September 2001 to date	Senior Lecturer, Department of Paediatrics and Child Health, Faculty of Medicine, University of Nairobi and Honorary Paediatrician, Kenyatta National Hospital
October 2000 – June 2003	Part-time resident paediatrician, Children's Casualty, Aga Khan Hospital, Nairobi
October 2000 to July 2001	Paediatrician, Embu Provincial Hospital, Embu
November 1996 to September 1997	House Officer, Department of Paediatrics, Aga Khan Hospital Nairobi
October 1995 to October 1996	Intern, Kenyatta National Hospital, Nairobi

Medical Education

April 2004 to June 2005	Fellowship, Pediatric Gastroenterology, Hepatology and Nutrition, University of California, San Diego
January 2004 to March 2004	Elective rotations in Paediatric Gastrointestinal Radiology and Pathology, Children's Hospital and Health Centre, San Diego
October 1997 to September 2000	Post-graduate (residency) in Paediatrics, University of Nairobi.
September 1989 to September 1995	Undergraduate medical studies, University of Nairobi.

Professional Associations

Member, North American Society for Paediatric Gastroenterology, Hepatology and Nutrition

Member, Gastroenterology Society of Kenya

Member, Kenya Paediatric Association

Member, Kenya Medical Association

Treasurer, Kenya Paediatric Research Consortium

Member, Medical Advisory Board, Gertrude's Children's Hospital

Continuing Professional Development Activities

Attended short courses and seminars in various aspects of medical care at different stages of continuing professional development, including courses on advanced paediatric life support, clinical research and various aspects of gastroenterology and nutrition.

27 th October 2018	Rational use of probiotics, Double Tree by Hilton, Nairobi
6-7 October, 2018	VIII KVO Update in Paediatric Gastroenterology, Hepatology, Liver Transplant and Nutrition, Indraprastha Apollo Hospitals, New Delhi
4-5 October, 2018	V Hands on Advanced Endoscopy Workshop, Indraprastha Apollo Hospitals, New Delhi
24-27 April, 2018	50 th Kenya Paediatric Association Annual Scientific Conference, Pride Inn Hotel, Mombasa
10-11 March 2018	Kenya Association of Muslim Medical Professionals Annual Scientific Conference. Nairobi Hospital Anderson Convention Centre.
10 November, 2017	European Paediatric Advance Life Support Course at Gertrude's Children's Hospital
10-13 May, 2017	50 th ESPGHAN Annual Meeting in Prague, Czech Republic
25- 28 April, 2017	17 th Kenya Paediatric Association Annual Scientific Conference Beyond Child Survival-Nutrition and Child Development, Acacia Premier Hotel Kisumu, Kenya
20-22 January, 2017	7 th Master Class in Liver Disease- 2017. Liver Diseases & Transplantation-Back to Basics. The Tamil Nadu Dr. MGR Medical University, Chennai, India
22 -23 September, 2016	1 st Rwanda Paediatric Association Scientific Conference, Kigali, Rwanda

20 August, 2016	Infectious Disease Symposium, MP Shah Hospital
29 July 2016	International Gastroenterology & Hepatology Forum, Nairobi Kenya
23- 24 May 2016	ESPGHAN Post Graduate Course on Techniques in Paediatric Gastroenterology and Hepatology, Athens, Greece
25-28 May 2016	ESPGHAN 49 th Annual Meeting, Athen Greece
11-14 February 2016	International Conference on Paediatric Gastroenterology, Hepatology, Transplant & Nutrition, Nims University Jaipur India
12-13 Dec 2015	17 th Egyptian Workshop on Therapeutic Endoscopy, Cairo Egypt
10-13 Dec 2015	Hands On Training Course on GI Endoscopy, Cairo Egypt
10-11 Dec 2015	8 th Hepatology & Gastroenterology Post Graduate Course, Cairo Egypt
14 October 2015	Scientific Symposium- Infant Nutrition and Neurocognitive Development, Serena Hotel, Nairobi
October 2015	Basic Life Support Course, Aga Khan University Hospital
14 November 2015	GAPIO Meeting New Delhi, India
6-9 May 2015	ESPGHAN Annual Meeting, Amsterdam, The Netherlands
27 April, 2015	International Forum on Infectious Diseases, Bangkok, Thailand
15-17 April, 2015	Kenya Paediatric Association Annual Scientific Conference, Sarova White Sands, Mombasa Kenya
9-12 June 2014	ESPGHAN 47 th Annual Meeting, Jerusalem, Israel
7 November 2014	KPA Infant and Child Feeding Symposium, Nairobi Hospital
24- 27 August 2014	10 th International Congress of Tropical Paediatrics, KICC Nairobi
10 August 2014	Infectious Disease Symposium, MP Shah Hospital, Nairobi
14 March 2014	Paediatric GI Symposium, Nairobi, Kenya

03-08 Oct 2013	ESPGHAN training course, Cape Town, SA
03 August 2013	Basic Life Support Course, Nairobi, Kenya
05-08 June 2013	Euro-paediatrics Annual Conference, Glasgow, UK
12 May-04 June 2013	Hepatology Fellowship, King's College, London, UK
08-11 May 2013	ESPGHAN Annual Meeting, London, UK
03-05 Dec 2012	ESPGHAN Goes to Africa Workshop, Nairobi, Kenya
14-18 Nov 2012	World Congress of Pediatric Gastroenterology, Hepatology and Nutrition, Taiwan
25-30 March 2012	ESPGHAN summer school, Cape Town, SA
25-26 Aug 2011	Integrated Management of Malnutrition (IMAM) workshop, Nairobi
22-25 June 2011	Commonwealth Association of Paediatric Gastroenterology and Nutrition (CAPGAN) meeting, London, UK
08-12 June 2011	European Society of Paediatrics meeting, Vienna, Austria
12-16 April 2011	Kenya Paediatric Association Annual Scientific Meeting, Diani
04-07 Jan 2011	Train the Trainers Course (by Medical Education Dept of St. Paul's Hospital, India) at Medical School, University of Nairobi
10-15 Dec 2010	Endoscopy Training Workshop, Cairo, Egypt
03-07 Aug 2010	International Pediatric Association Meeting, South Africa
22-27 June 2010	European Society of Paediatric Gastroenterology Hepatology and Nutrition Annual Conference, Istanbul, Turkey
02-03 Dec 2009	Curriculum Development for Paediatric Residents, Main Campus, University of Nairobi
20-25 Nov 2009	World Gastroenterology Organization Meeting, London, UK
20-21 Aug 2009	World Health Organization Meeting on Essential Medicines for Children, Accra, Ghana
21 March 2009	1 st Paediatric Gastroenterology Symposium, Nairobi Hospital

01-28 Feb 2009	Refresher Training Course in Paediatric Gastroenterology, with Training in New Endoscopic Techniques, Sanjay Gandhi Postgraduate Institute, Lucknow, India
12-14 Jan 2009	Pedagogy Teaching Course, Main Campus, University of Nairobi
01-03 Oct 2008	Curriculum Development Retreat, Department of Paediatrics and Child Health, University of Nairobi, Kilifi, Kenya
16-20 Aug 2008	3 rd World Congress of Pediatric Gastroenterology, Hepatology and Nutrition, Iguassu Falls, Brazil
08-09 Dec 2007	World Gastroenterology Organisation Post-Graduate Course in Clinical gastroenterology, Sharjah, UAE
14-15 June 2007	International Conference on Paediatric Gastroenterology, Hepatology and Nutrition, Montreal, Canada
25-28 April 2007	Annual Scientific Conference, Kenya Paediatric Association, Mombasa, Kenya
02-05 April 2007	Train the Trainers Course (by Royal College of Paediatrics and Child Health), Nairobi, Kenya
08-11 Jan 2007	Emergency Triage Assessment and Treatment (ETAT) course, Kenyatta National Hospital
January 2005 to June 2005	Clinical Research Enhancement through Supplement Training (CREST) at University of California, San Diego
January 2005	North America Society for Paediatric Gastroenterology, Hepatology and Nutrition (NASPGHAN) Fellows' Conference, Key Biscayne, Florida, USA
October 2004	American Society for Gastrointestinal Endoscopy (ASGE) Fellows' Endoscopy Course, Newport Beach, California, USA
January 2004 to July 2005	Noon lectures and grand rounds for residents/fellows: Children's Hospital and Health Centre, San Diego, California
September 1997 to date	Medical/Paediatric Grand Rounds, Kenyatta National Hospital and Aga Khan Hospital, Nairobi
	Continuing Medical Education meetings held by Kenya Medical Association and Kenya Paediatric Association

Research

Neonatal bacterial meningitis at the newborn unit of Kenyatta National Hospital (Master of Medicine thesis)

Participated in writing the research protocol for a new study to be done at the Children's Hospital and Health Centre entitled: Effect of acetylsalicylic acid on parenteral nutrition associated cholestasis

Effectiveness of sequential therapy in treatment of Helicobacter pylori infection in children, Aga Khan University Hospital

Publications/Poster Presentation

Ahmed R. Laving et al, Syeda Ra'ana Hussain, Daisy O. Otieno. 'Overnutrition: Does Complementary Feeding Play a Role?'. Ann Nutr Metab 2018; 73(suppl 1):15-18 DOI:10.1159/000490088

Catherine Muendo et al., **Ahmed Laving**, Rashmi Kumar, Bonface Osano, Thaddaeus Egaondi and Pamela Njuguna. 'Prevalence of rotavirus infection among children with acute diarrhoea after rotavirus vaccine introduction in Kenya, a hospital cross-sectional study'. BMC Pediatrics (2018)18:23 <https://doi.org/10.1186/s12887-018-1291-8>

Mukokinya Kailemia, Nyambura Kariuki, **Ahmed Laving**, Ambrose Agweyu and Dalton Wamalwa et.al. 'Caregiver oral rehydration solution fluid monitoring charts versus standard care for the management of some dehydration among Kenyan children: a randomized controlled trial'. The Royal Society of Tropical Medicine and Hygiene, doi:10.1093/inthealth/ihy040

Peter Wagura, Aggery Wasunna, **Ahmed Laving**, Dalton Wamalwa and Paul Ng'ang'a et al. 'Prevalence and factors associated with preterm birth at Kenyatta National Hospital'. BMC Pregnancy and Childbirth (2018) 18:107 <https://doi.org/10.1186/s12884-018-1740-2>

E Karau, R Musoke, A Laving, E Rogena. 'Attitude and Practice of health care providers towards autopsies in children under five years at Kenyatta National Hospital'. EAMJ Vol 93 No 9 (2016)

Christiana M Russ, Lakshmi Ganapathi, Diana Marangu, Melanie Silverman, Edward Kija, Sabrina Bakeera-Kitaka, **Ahmed Laving** et.al. 'Perspectives of host faculty and trainees on International visiting faculty to paediatric academic departments in East Africa'. BMJ Global Health 2016; 1:e000097. Doi: 10.1136/bmjgh-2016-000097

Jaspreet Ghariyal, **Ahmed Laving**, Fred Were. 'Racecadotril for the treatment of severe acute watery diarrhea in children admitted to a tertiary hospital in Kenya'. BMJ Open Gastro 2017;4:e000124.doi:10.1136/bmjgast-2016-000124

Mwangi Beatrice, Ayugi John. **Laving Ahmed**, Mugwe Peter. 'Prevalence of chronic rhinosinusitis in children with dyspepsia- A cross sectional study'. EJENTAS. <http://dx.doi.org/10.1016/j.ejenta.2016.07.002>

Kelsey DJ Jones, Barbara Hünten-Kirsch, **Ahmed MR Laving** et al. Mesalazine in the initial management of severely acutely malnourished children with environmental enteric dysfunction: a pilot randomized controlled trial. *BMC Medicine* 2014,12:133

Warfa O, Njai D, **Laving A** et al. Evaluating the level of adherence to Ministry of Health guidelines in the management of Severe Acute Malnutrition at Garissa Provincial General Hospital, Kenya. *Pan Afr Med J* 2014;17: 214-6

Laving A, Kamenwa R, Sayed S et al. Effectiveness of sequential v. standard triple therapy for treatment of *Helicobacter pylori* infection in children in Nairobi, Kenya. *S Afr Med J* 2013; 103(12):921-4

Maugo B, **Laving A**, Jowi C et al. Efficacy of *Bacillus clausii* in reducing duration of illness in acute diarrhoea in children - a randomized, double-blind, placebo-controlled trial. Poster, WCPGHAN (distinction poster award), Taiwan 2012

Nalwa G, Laving A, Njai D et al. Outcomes of severely malnourished children aged 6-60 months on outpatient management in Nairobi. Poster, KPA Mombasa 2012

Opwora A, **Laving A**, Nyabola L et al. Who is to blame? Perspectives of caretakers on accessing health care in the under fives in Butere, Kenya. *BMC Public Health* 2011; 11:272-4

Makworo D, **Laving A**. Caring for children with acute treatable and preventable medical conditions. *Afr J Midwifery* 2010;4(1):33-37

Laving A, Ndiritu M. Acute liver failure in a seven week old infant with galactosemia. *East Afr Med J* 2009 Nov; 86(11):526-8

Laving A, Kamenwa R, Sayed S et al. High prevalence of *Helicobacter pylori* gastritis in Kenyan children undergoing upper endoscopy. Poster WCPGHAN3, Iguassu Falls, Brazil 2008

Laving A, Khanna A, Rubin L et al. Successful liver transplantation in a patient with severe portopulmonary hypertension; *J Pediatr Gastroenterol Nutr* 2005 Oct; 41(4):466-8

Laving A, Wasunna A, Musoke R. Neonatal bacterial meningitis at Kenyatta National Hospital. *East Afr Med J* 2003;80(9):456-9

Awaiting Publication

Ng'ang'a Waceke, **Laving Ahmed**. Mbori-Ngacha Dorothy, Okoth Fred. 'Prevalence of Hepatitis B markers among youth aged 13- 18 years within selected public high schools of Kenya- A cross sectional study

Oral Presentations

October 2018: Epidemiology of gastrointestinal infections in Kenya and Unmet medical need for probiotics in Kenya, Microbiota Summit, Double tree by Hilton, Nairobi

April 2018: Updates on Hepatology, KPA Annual Scientific Conference, Mombasa 2018

April 2017: Update on Probiotic use in Children with Diarrhoea, KPA Annual Scientific Conference, Kisumu 2017

October 2016: Case Reports on Eosinophilic Esophagitis, Allergy Society of Kenya (ASOK) Annual Scientific Conference

September 2016: The Triple Burden of Malnutrition, Rwanda Paediatric Association Scientific Conference, Lemigo Hotel, Kigali

August 2016: Management of H-Pylori disease in children, Infectious Disease Symposium, MP Shah Hospital, Nairobi

May 2016: Childhood immunization: Myths and controversies, Kenya Association of Family Physicians & Practitioners, Southern Sun Hotel, Nairobi

May 2016: Malnutrition in childhood: Effects on later life, ESPGHAN 49th Annual Meeting, Athens, Greece

April 2016: Environmental Enteropathy, Kenya Paediatric Association Annual Meeting, Eldoret

February 2016: Antiemetic use in Gastroenteritis, NIMS University, Jaipur, India

May 2016: Childhood immunization: Myths and controversies, Kenya Association of Family Physicians & Practitioners, Southern Sun Hotel Nairobi

May 2016: Chronic Malnutrition in childhood: Effects on later life, ESPGHAN 49th Annual Meeting, Athens, Greece

April 2016: Environmental Enteropathy, Kenya Paediatric Association Annual Meeting, Eldoret

February 2016: Antiemetic use in Gastroenteritis, Jaipur, India

August 2015: The Role of Probiotics in Diarrhoea Management, Kenya Paediatric Association, Panafric Hotel

December 2014: Management of Diarrhea. Kenya Paediatric Association, Silver Springs Hotel, Nairobi

Nov 2014: Non-GIT manifestations of Allergy. KPA CME, Nairobi Hospital

August 2014: Severe Acute malnutrition: Updates on current WHO guidelines. International Congress of Tropical Paediatrics, Nairobi

June 2014: Management of Diarrhoea. CME, Gertrude's Children's Hospital, Nairobi

March 2014: Prolonged Jaundice. Paediatric GI Symposium, Gertrude's Children's Hospital, Nairobi

March 2014: Prolonged Jaundice. Paediatric GI Symposium, Gertrude's Children's Hospital, Nairobi

July 2013: GERD in Infants. CME, Gertrude's Children's Hospital, Nairobi

August 2012: Cholestatic Jaundice. Weekly Clinical Meeting, Aga Khan University Hospital, Nairobi

April 2012: Probiotics: current concepts. KPA CME

September 2011: Viral hepatitis update. CME, Gertrude's Children's Hospital, Nairobi

June 2011: Management of Paediatric Acid Disorders. Addis Ababa, Ethiopia

April 2011: The Ten Steps of Malnutrition Management. Malnutrition Training Workshop, Coast Provincial General Hospital

April 2011: Prolonged Neonatal Jaundice, Management Guidelines. Weekly Clinical Meeting, Aga Khan University Hospital, Nairobi

Jan 2011: Importance of Nutrition in Childhood. Harare, Zimbabwe

Oct 2010: Nutritional Support in Critical Illness. ICU workshop, Gertrude's Children's Hospital, Nairobi

April 2010: Chronic Diarrhoea. Kenya Paediatric Association Conference, Mombasa

April 2009: Micronutrients in Childhood. Nestle Nutrition Institute of Africa Meeting, Nairobi

March 2009: Enteral Nutrition in Children. Paediatric Gastroenterology Symposium, Nairobi Hospital

March 2009: Peptic Ulcer Disease in Children. Paediatric Gastroenterology Symposium, Nairobi Hospital

Nov 2008: Management of Malnutrition: Current WHO Guidelines. Nestle Nutrition Institute of Africa Meeting, Nairobi, Kenya

Oct 2008: Guidelines in Management of Dehydration. Monthly CME Meeting, Gertrude's Children's Hospital, Nairobi

Sep 2007: Gut Immunity. Kenya Clinical Officers Association Meeting, Nairobi

Aug 2007: Management of Diarrhoea in Children. Kenya Medical Association Meeting, Kisumu

June 2007: Rota Virus Gastroenteritis. CME Meeting, Mater Hospital, Nairobi

May 2007: Paediatric Laryngo-Pharyngeal Reflux, Annual Kenya ENT Society Conference, Nanyuki

March 2007: Parenteral Nutrition. Gertrude's Children's Hospital Nurses Workshop, Nairobi
Nov 2006: Current Concepts in Management of Dehydration in Children, Rota Virus Board Meeting, Cape Town, South Africa

April 2006: Paediatric Gastro-oesophageal Reflux Disease, Annual Kenya Paediatric Association Conference, Mombasa

Book Chapter

Primary Health Care; A manual for medical students and other health workers. Chapter 4, Child Nutrition.

Guidelines for the Treatment of Chronic Hepatitis B and C viral Infections in Kenya. Chapter on Paediatric Hepatitis B infection. Gastroenterology Society of Kenya.

Log Book for Undergraduate Medical Students, Department of Paediatrics and Child Health, University of Nairobi. June 2008

Supervision of Student Theses

Mashep P. Prevalence of hyperlactataemia in children on NRTI based HAART. 2011

Mucheru N. Nutritional status of paediatric cancer patients admitted at Kenyatta National Hospital. 2011

Tunje D. Prevalence and determinants of malnutrition among primary school children in Kilifi, Kenya. 2011

Dak S. Nutritional status of HIV infected children at Kenyatta National Hospital. 2011

Kibore M. Prevalence of HIV infection in children with severe and very severe pneumonia admitted at Kenyatta National Hospital. 2010

Digollo L. Patterns of bacterial isolation in blood cultures in children admitted with severe and very severe pneumonia. 2010

Muma S. Patterns of pre-admission care seeking behaviour of caretakers of children admitted with severe and very severe pneumonia. 2010

Wacheke N. Prevalence of Hepatitis B infection amongst high school students in Nairobi. 2010

Thuranira L. Seroprevalence of hepatitis B and C co-infection among HIV infected children. 2010

Makworo D. Quality of Nursing Care to Children under 5 years with acute preventable and treatable medical conditions at Kenyatta National Hospital. 2009

Opwora A. Barriers to Health Care for Children <5 years in a Rural Setup In Kenya. 2008

Research Interest

Neonatal Hepatitis; Functional abdominal pain in children; Childhood malnutrition

Consultancy

2013. Wrote current guidelines for management of shock and dehydration for Kenya Paediatric Association that will be widely taught throughout Kenya with the help of the Clinton Foundation.

2011. Lead facilitator in malnutrition training workshop for Coast province. Project by Kenya Paediatric Association with support from Nestle Nutrition Institute.

Community Service

Participated in several free medical camps organized by medical students and other organizations at different regions including Lamu, Ijara, Kwale, Diani etc

April 2008: Participated in Medical Camp organized by Muslim Students Union of University of Nairobi at Ijara, North Eastern Province

April 2007: Participated in Medical Camp organized by Muslim Students Union of University of Nairobi at Garbatulla, Eastern Province

Provide free consultation services for children from low-income families in the Memon Community

Volunteer Experience

September 1996 to date Participated in free medical clinics held by organizations such as Lions Club, Rotary Club of Kenya and Memon Community

January 1997 to October 2003 Volunteer Physician to a vocational training college for boys from impoverished homes

Awards/Accomplishments

Nestle Nutrition Institute of Africa Scholarship, 2004-2005

Gardhi Smirk Nidhi Scholarship for post-graduate studies, 1998-2000.

Best student, MBC class (A-Levels), Alliance High School, 1988.

Joint Overall Top Student (O-Level), Aga Khan High School, 1986.

Various awards for public speaking/debates.

References

Prof. Fred Were

Consultant Neonatologist and Associate Professor

Dept of Paediatrics and Child Health, University of Nairobi

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Nairobi, Kenya

Dr. Rose Kamenwa
Consultant Paediatric Gastroenterologist and Associate Professor
Aga Khan University Hospital
P. O. Box 503 Village Market
Nairobi, Kenya

Dr. Juzar Hooker
Consulting Neurologist
Aga Khan University Hospital
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