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## CURRICULUM VITAE

### Dr. Abednego Alibiri Ongeso

PhD: CHD Reproductive Health - (GLUK), MSc.N; Maternal & Neonatal Health (Moi) - BSc.N (Moi)

*Specialist - Reproductive Health*

#### I Personal Details:

**Gender:**

Male.

**Date of Birth:**

14<sup>th</sup> June 1980.

**Nationality:**

Kenyan.

**Languages:**

English and Swahili

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#### II Profile:

I am a Reproductive Health Specialist with expertise in Maternal Neonatal and Child Health (MNCH) with twelve years progressive experience in Nursing Practice education and consultancy in matters related to Maternal and Neonatal Health Programs ranging from training of skilled birth Attendance, PMTCT projects and research. I have seven years University teaching experience where I have taught in Masinde Muliro University, Daystar University and currently University of Nairobi as a lecturer. I have presented papers in conferences and published a book as well as research papers in peer reviewed journals. I have supervised both masters and PhD students in their researches. With my great multitasking skills have effectively managed also to write competitive proposals that have attracted millions of research funds from both government of Kenya and universities. I have been a Principal Investigator of two research projects in MNCH being implemented in Kakamega, Kisumu and Nairobi for the last five years. I easily adapt to new environments and I am a great team player able to engender positive team dynamics for both staff and target communities. I have unmatched professional level experience in Maternal and Neonatal Health training, practice, project management, and Research. I have also been able to manage projects in Non Governmental Organizations as well as participated in Clinical trials. I also serve as the Chairman Trinity Couples fellowship in All Saints Cathedral Nairobi.

**III Academic Qualifications:**

Year	Discipline	Institution	Qualification
2017	PhD in Community Health and Development - Reproductive Health	Great Lakes University - Kisumu (GLU-K)	Doctor of Philosophy
2011	Master of Science in Nursing - Maternal and Neonatal Health (MSc.N - MNH)	Moi University, School of Medicine Eldoret-Kenya.	Masters degree
2006	Bachelor of Science in Nursing (BSc.N)	Moi University, School of Medicine Eldoret-Kenya.	Bachelors degree
1999	Kenya Certificate of Secondary Education (KCSE) O-level	Friends' School Kamusinga	KCSE certificate

**IV Computer Literacy:**

**Operating Systems:** Windows 2007, 2008, 2010

**Spread sheets:** Ms-Excel, Ms Access, SPSS, Epi-Data, Epi-Info

**Presentation:** Ms-PowerPoint,

**Networking:** Windows, Internet

**Ms-Suite:** Ms-Word, Excel, PowerPoint, SPSS, STATA.

**Data Bases:** Dbase IV, Ms-Access, Electronic Data Capture tool (Inform <sup>TM</sup>) from GlaxoSmithKline Ltd.

**V Professional Association**

- ❖ Member of National Nurses Association of Kenya (NNAK)
- ❖ Member of Midwifery Nursing Chapter (NNAK)

**VI Career and Achievements:****a) University teaching:****1. University of Nairobi School of Nursing Sciences****Lecturer; October 2016 to Date**

I teach Midwifery, Gynaecological nursing, Research Methodology, Neonatology Family Planning and sexual and reproductive health to both undergraduate and post graduate students. I teach and train nursing and midwifery to undergraduate students in class, skills laboratory and on the wards in Reproductive Health. I set exams, invigilate, mark and evaluate students on mastery of knowledge skills and attitudes. I present papers in conferences and publish research information. I write competitive proposals that attracted research funds. I supervise student research and theses. I am in charge of ISO 9001 2015 in Midwifery and Obstetric Nursing thematic Unit. I also coordinate exams in the school of Nursing Sciences whereby I make examination timetables, process mark lists and present them to the school board for ratification. I also stand in as thematic Head in Charge of Midwifery and Obstetric Nursing when called upon by the thematic unit Head.

**Summary of achievements**

- ❖ Teaching and training MNCH and child survival courses
- ❖ Fund raising and resource mobilization in research
- ❖ Research and thesis supervision for Masters and Doctoral students
- ❖ In charge of ISO 9001 2015 in Midwifery and Obstetric Nursing thematic Unit.
- ❖ Examination coordinator in the School of Nursing Sciences
- ❖ Acting Thematic Unit Head Midwifery and Obstetric Nursing

**2. Daystar University Department of Midwifery**

**Lecturer; - Sept 2012 to Sept, 2016**

I taught Midwifery, Gynaecological nursing, Research Methodology, Neonatology Family Planning and sexual and reproductive health to undergraduate students. I taught and trained nursing and midwifery to undergraduate students in class, skills laboratory and on the wards in Reproductive Health. I set exams, invigilated, marked and evaluated students on mastery of knowledge skills and attitudes. I presented papers in conferences and published research information. I wrote competitive proposals that attracted research funds.

**Summary of achievements**

- ❖ Teaching and training MNCH and child survival courses
- ❖ Fund raising and resource mobilization in research
- ❖ Research and thesis supervision

**3. Masinde Muliro University of Science and Technology, Department of Nursing Sciences****Assistant Lecturer; - April 2012 to Aug 2012.**

I taught and trained nursing and midwifery to undergraduate students in class, skills laboratory and on the wards in Midwifery, basic sciences and Reproductive Health. I set exams, invigilated, marked and evaluated students on mastery of knowledge skills and attitudes. I was a Clinical coordinator and Chairman for Clinical Disciplinary committee. I was Secretary to taskforce for creation of a Model ward in Kakamega PGH. I participated in development of Curriculum for BSc. In Midwifery, Masters of Science in Midwifery. I maintained the inventory for pharmaceutical and non pharmaceutical supplies and equipment to support students for clinical practice.

**Summary of achievements**

- ❖ Teaching and training MNCH and basic science courses
- ❖ Clinical coordinator and Chairman for Clinical Disciplinary committee.
- ❖ Secretary to taskforce for creation of a Model ward in Kakamega PGH.
- ❖ Fund raising and resource mobilization
- ❖ Inventory management

**b) Consultancy and NGO Experience:****1. African Medical Research Foundation - Amref****Consultant; 2010 to date**

I review Comprehensive reproductive health students' checklists for Higher Diploma and Certificate programs. I review comprehensive reproductive health students' learning guides for Higher Diploma and Certificate programs. I review comprehensive reproductive health students' logbooks. I liaise with the course coordinators to ensure the necessary updates are effected. I ensure the products of the task

are submitted to AVTS management by end of reporting period. I adhere to the agreed upon timelines and observe Amref HR rules and policies pertaining contractual work.

#### **Summary of achievements**

- ❖ Up to date checklists, log books
- ❖ Evidence based training of health care workers that has led to the improvement of maternal and neonatal health outcomes KDHS 2014.

### **2. Kenya Red Cross Society - “Okoa Maisha Operation” Mount Elgon District**

#### **July 2008- April 2009: Project Officer (Reproductive Health in Emergencies - Grade 5)**

Team leader for the Basic Emergency Health Unit that undertook patient examination, diagnosing and treatment and compiling daily weekly and monthly report summary. Assisted in tracking patients with chronic diseases (HIV, TB Diabetes, Hypertension etc) and manage accordingly. In charge of immunization of the IDP under fives - Mass campaign of Measles and polio. Championed nutrition screening among the under fives in the camps and distribution of nutritional supplements the malnourished children. Coordinated family planning advocacy among persons in the reproductive age bracket i.e. 16 and 45 years by distributing Family planning contraceptives. Assisted in identification development and dissemination of culturally appropriate IEC materials and messages on safe sexual reproductive health practices in IDP communities. Coordinated health education and health promotion aimed at behavior change in variety of topics among them: HIV AIDS, hygiene and sanitation, prevention of common ailments. Led in administering First aid services to victims of post election violence in and around the campsite.

#### **Summary of achievements**

- ❖ Provision of curative, preventive and rehabilitative as well as promotive services to the victims in an Emergency situation
- ❖ Coordination of a Basic Health Emergency Unit (BHEU) comprising of doctors, nurses, and public health officers
- ❖ Liaison between the BHEU and the the Ministry of Health in service provision
- ❖ Timely dissemination of reports from the field to the Country office.

### **3. Kenya Red Cross Society - “Post Election Violence Operation” North Rift Region**

#### **January - June 2008: Nursing Officer (Reproductive Health in Emergencies - Grade 5)**

Undertook patient examination, diagnosing and treatment and compiling daily weekly and monthly report summary. Assisted in tracking patients with chronic diseases (HIV, TB Diabetes, Hypertension etc) and manage accordingly. Coordinated immunization of the IDP under fives - Mass campaign of Measles and polio. Championed nutrition screening among the under fives in the camps and distribution of nutritional supplements the malnourished children. Enhanced family planning advocacy among persons in the reproductive age bracket i.e. 16 and 45 years by distributing Family planning

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contraceptives. Assisted in identification development and dissemination of culturally appropriate IEC materials and messages on safe sexual reproductive health practices in IDP communities. Coordinated health education and health promotion aimed at behavior change in variety of topics among them: HIV/AIDS, hygiene and sanitation, prevention of common ailments

### Summary of achievements

- ❖ Provision of curative, preventive and rehabilitative as well as promotive services to the victims in an Emergency situation

### c) Research:

#### 1. HIV Elimination of Mother to Child Study Principal Investigator Jan 2012 to Date:

Lead person for Fund raising and resource mobilization for operation research in which I wrote a proposal that won a grant from government of Kenya and Daystar University in excess of Ksh. 1.2 million. Supervised Research Assistants in data collection, data cleaning, data entry and data analysis. Wrote accurate report and in the process of presenting findings in conferences and publishing in journals. I have authored a book entitled HIV among initially HIV negative pregnant women in Kenya; Lambert Academic Publishers, Saarbrücken, Germany. *ISBN 978-3-659-44198-1*.

#### 2. GlaxoSmithKline in conjunction with Moi Teaching & Referral Hospital

##### Data manager for a Malaria drug (CDA) clinical trial - Jan to December 2007

- ❖ Supervised Data entry on an online database for 155 subjects who were followed for a period of 42 days each during the clinical trial which lasted one year.
- ❖ Timely and accurate response to queries raised in the study.

#### 3. Research Paper presentation:

- ❖ Chaired a session in the 10<sup>th</sup> Anniversary workshop of the Understanding Development Issues in Nurse Educator careers (UDINE-C) network and the health educators East Midlands celebrations conference, 20<sup>th</sup> to 22<sup>nd</sup> June 2017 Lincoln, UK.
- ❖ Presented a paper in the 10<sup>th</sup> Anniversary workshop of the Understanding Development Issues in Nurse Educator carrerrs (UDINE-C) network and the health educators East Midlands celebrations conference, 20<sup>th</sup> to 22<sup>nd</sup> June 2017 Lincoln, UK.
- ❖ Presented a paper in the 4<sup>th</sup> Inernational Conference for college of Health Sciences, University of Nairobi and Kenyatta National Referral and Teaching Hospital, 14<sup>th</sup> to 16<sup>th</sup> June 2017 Nairobi, Kenya.
- ❖ Presented a research paper on *“Focused Antenatal Care at Makunga Health Centre in Mumias District”* in 8<sup>th</sup> Annual International Conference 4<sup>th</sup> to 8<sup>th</sup> of September, 2012 in Moi University main Campus Eldoret.

- ❖ Presented a research paper on **“Linking Resources to clinical training A case of Health Centres”** in 8<sup>th</sup> Annual International Conference 4<sup>th</sup> to 8<sup>th</sup> of September, 2012 in Moi University main Campus Eldoret.
- ❖ Presented a research paper on **“Assessment of uptake and outcome of Prevention of Mother to Child Transmission of HIV”** in Annual Scientific Conference 16<sup>th</sup> to 18<sup>th</sup> of May 2012 in Eldoret Polytechnic.
- ❖ Presented a research paper on **“factors influencing HIV repeat counseling and testing among initially HIV negative pregnant women in Kakamega Provincial General Hospital”** in Midwives Conference held from 1<sup>st</sup> to 4<sup>th</sup> of May 2012 in Golf Hotel Kakamega.
- ❖ Presented a research paper on **“Assisted Reproductive Technology - The Role of the Midwife”** in National Nurses Association of Kenya meeting held from 26<sup>th</sup> to 28<sup>th</sup> of September 2007 in St Andrew’s P.C.E.A hall Nairobi.

#### 4. Conferences attended

- ❖ 10<sup>th</sup> Anniversary workshop of the Understanding Development Issues in Nurse Educator (UDINE-C) network and the health educators East Midlands celebrations conference, 20<sup>th</sup> to 22<sup>nd</sup> June 2017 Lincoln, UK.
- ❖ 4<sup>th</sup> International Conference for college of Health Sciences, University of Nairobi and Kenyatta National Referral and Teaching Hospital, 14<sup>th</sup> to 16<sup>th</sup> June 2017 Nairobi, Kenya.
- ❖ 8<sup>th</sup> Annual International Conference in Moi University main Campus Eldoret 4<sup>th</sup> to 8<sup>th</sup> of September 2012.
- ❖ conference on **abstract and proposal writing and presentation**, at Moi University, School of Medicine -Eldoret (*Facilitator Prof Gene Marsh- Visiting Professor from University of Colorado*) May 24<sup>th</sup> 2011.
- ❖ 2<sup>nd</sup> International Health care conference, at Masinde Muliro University of Science and Technology-Kakamega, February 17<sup>th</sup> to 18<sup>th</sup> 2010
- ❖ **Annual Scientific Conference**, organized by National Nurses Association of Kenya at St. Andrews P.C.E.A Hall in Nairobi, September 2007.
- ❖ **Annual Scientific Conference**, organized by National Nurses Association of Kenya at Kenyatta International Conference Centre Nairobi, October 2003.

#### 5. Publications in refereed journals:

- i. **Ongeso A et.al (2011)** Quality audit on Diagnosis of Pre eclampsia at Moi Teaching and Referral Hospital *Kenya Nursing Journal* Vol 41, No 2, Pp 45-49
- ii. **Ongeso Abednego Alibiri; (2013)**, Incidence of HIV among initially HIV negative pregnant women in Kenya; Lambert Academic Publishers, Saarbrücken, Germany. **ISBN 978-3-659-44198-1.**

- iii. Maalim, H., Omuga, B., **Ongeso, A.**, Okube, T., Determinants of Mode of Delivery Among Postnatal Mothers Admitted in Wajir County Referral Hospital, Kenya. *EC Gynaecology* 6.4 (2017): 128-138.
- iv. **Ongeso, A.**, Omoni, G., Predisposing factors that lead to HIV seropositivity during pregnancy among women in Kakamega and Nairobi county Hospitals. *International Journal for Science and Technology*. ISSN: 2415-6566 Vol. 3 No. 1; January 2018.
- v. **Ongeso, A.**, Chite, M., Kabo, J. *Factors influencing high prevalence of Fresh still births in Mbagathi County Hospital, Nairobi-Kenya. International Journal of Advanced Research*. ISSN: 2320-5407. Vol. 6 No 4; April, 2018.
- vi. **Ongeso, A.**, Okoth, B., *Factors influencing Male involvement on Antenatal Care among clients attending Antenatal clinic; A case of Kenyatta National Hospital, Kenya*. ISSN: 2320-5407. Vol 6 No 5; May, 2018
- vii. **Ongeso, A.**, *Human immunodeficiency virus seroconversion in late pregnancy: Effects on pregnancy and childbirth in Kenya*. . ISSN: 2415-6566. Vol. 3 No 3, May, 2018
- viii. **Ongeso, A.**, *Human immunodeficiency virus seroconversion in late pregnancy: Rate and Retesting uptake. A case A case of Kakamega and Nairobi Counties*. ISSN: 2320-5407. Vol. 6 No 4, May, 2018
- ix. **Wagathu, R., Ongeso, A.** *Effect of giving birth to a child with Congenital anomalies on mothers in Newborn Unit, Kenyatta National Hospital*. *International Journal for Science and Technology*. ISSN: 2415-6566 Vol. 3 No. 6; October, 2018, pp 69-80.
- x. **Ombacho, J., Ongeso, A.**, *Influence of demographic determinants on preconception care preparedness among women seeking postnatal and family planning services at the maternity unit of Coast General Hospital, Mombasa County, Kenya*. *International Journal of Current Aspects*. ISSN 2616-6976, vol 2, issue 5, October, 2018 pp 59-71.
- xi. **Wagathu, R., Ongeso, A.** *Describing Congenital anomalies among newborns in Kenya*. *International Journal of Health Sciences and Research*. ISSN: 2249 - 9571 Vol. 9 No. 4; April, 2019, pp 107-119.

## 6. Masters and PhD researches supervised:

### a) Masters degrees supervised

1. Habiba Ali Maalim. H56/81658/2015. University of Nairobi. (Graduated). Thesis Title: Determinants of Mode of delivery among postnatal mothers admitted in Wajir County Referral Hospital - (Graduated 2017)
2. Ruth Wagathu. H56/88051/2016. University of Nairobi. (Ongoing). Thesis title: Determinants and effects of congenital anomalies among postnatal women in Kenyatta National hospital. (Graduated 2018)
3. Valerie Munyeti. MCHD/12-M/12. Great Lakes University of Kisumu. (Ongoing). Thesis title: Risk factors associated with undignified maternity care in Kakamega County - (Awaiting defense)

4. Yvonne Dullo. H56/87563/2016. University of Nairobi. (Ongoing). Thesis Title: Individual and contextual determinants of exclusive breastfeeding in Kiambu County (Graduated 2018)
5. Edna Kwamboka Ongwae. PHT-3-1634-1/2016. Kenya Methodist University. (Ongoing). Thesis title: An analysis of the financial burden of traumatic spinal injuries on households among patients at the National Spinal Injury Hospital, Nairobi, Kenya (Awaiting defense)
6. Joyce Ombacho. H56/81357/2015. University of Nairobi. (Ongoing). Thesis title: Determinants of Preconception Preparedness among Postnatal Mothers in Coast Provincial General Hospital. (Graduated 2018)
7. Juliana Cheruiyot. MCHD/10-M/09. Great Lakes University of Kisumu. (Awaiting Defense). Thesis title: Predictors Of Cervical Cancer Screening Among Women Of Reproductive Age-(18-49) In Kiambio Informal Settlement Kamkunji Sub County, Nairobi County (Graduated 2017)
8. Caleb William Madara. H56/7430/2017. University of Nairobi. Thesis title; Determinants of outcomes of neonatal resuscitation at Kenyatta National Hospital. (on-going).
9. Lucy Ng'ang'a Ruguru. H56/7068/2017. University of Nairobi. Thesis title; Evaluation of Antenatal Care Visits timing and delivery outcomes among women seeking antenatal care at Kiambu County Hospital. (on-going).
10. Marion Gakuna H56/7453/2017. University of Nairobi. Thesis title; Experiences of Patients on Kangaroo Mother Care in the Neonatal Clinic at Kenyatta National Hospital. (Ongoing)
11. Kimaiyo Jepkosgey. H56/11536/2018. University of Nairobi. Thesis title; Mothers' knowledge on Newborn danger signs in Newborn Unit, Kenyatta National Hospital. (Ongoing)
12. Ann Njeri Nyagah. H56/11278/2018. University of Nairobi. Thesis title; Knowledge and Practice of Chlorhexidine cord care among postpartum mothers of neonates aged 0 to 7 days at Kenyatta National Hospital.

#### **b) PhD degrees supervised**

- 1) Ruth Maithya. University of Nairobi. (On-going). Thesis title; The effects of mentorship program on respectful maternity care. (First supervisor)
- 2) Eunice Atsali. University of Nairobi. (On-going). Thesis title; Alternative birth positions during child birth for women in Kenya. (First supervisor)
- 3) Eva Mumbi Maina. University of Nairobi. (Ongoing). Thesis title; Effectiveness of clinical training in influencing the outcome of visual inspection with acetic acid for cervical pre cancer screening in selected facilities in Embu County, Kenya. (First supervisor)
- 4) Lily Ngeno. University of Nairobi. (Ongoing). Thesis title; Effectiveness of Continuous Professional Development in improving outcomes in neonatal resuscitation among nurses in Public Hospitals in Nakuru County. (First supervisor)

#### **7. External Examiner:**

- 1) External Examiner For Millicent Weche Ambetsa CDM/H/09/11 Entitled "Obstetric Risks Associated With Pregnancy Outcomes Among Elderly Primigravidas In Kakamega County Kenya." (Graduate with PhD in 2018)



- 2) External Examiner For Georgine Jebet Kemboi CDM/H/09/11 Entitled “Knowledge Attitude and Sociocultural Practices that influence the control of cervical cancer among women in Uasin Gishu County, Kenya.” (Graduate with PhD in 2018)

#### Summary of achievements

- ❖ Competitive proposal writing that won a grant of Ksh. 1.2 million
- ❖ Principal investigator/Project manager of a study
- ❖ Presented numerous papers in many conferences
- ❖ Participated in a clinical trial for a malaria drug by Glaxo Smithkline Company.
- ❖ Published a book on MNCH entitled HIV among initially HIV negative pregnant women in Kenya; Lambert Academic Publishers, Saarbrücken, Germany. ISBN 978-3-659-44198-1.
- ❖ Supervised seven Masters Students and two PhD students.
- ❖ External examiner for two PhD students in Masinde Muliro University of Science and Technology who have since graduated.

#### d) Clinical experience:

##### Kakamega Provincial General Hospital

##### May 2009 to March 2012: Nursing officer in charge maternity unit

I was the leader of Continuous Medical Education (CMEs) in Maternity unit. I organized for Maternal Death Reviews (MDRs). I was in charge of all operational researches conducted in the department. I supervised staff and students undertaking training in the department. I coordinated planning for nursing care of patients with pregnancy related conditions in maternity unit. I taught and trained health care workers in Decentralized training Centre (DTC) Kakamega as a Trainer of Trainers. I conducted staff appraisal.

#### Summary of achievements

- ❖ I was the nurse manager in charge of the maternity unit comprising 6 wards and a theatre with a total of 50 nurses, two obstetricians and three doctors.
- ❖ Coordinated Maternal Death Reviews
- ❖ Trained health care workers in RH packages.

#### VII Hobbies:

- ❖ Reading.
- ❖ Listening to Music
- ❖ Traveling.

#### VIII Church activities

I fellowship at all Saints Cathedral Church and belong to the following fellowships. KAMA and Trinity Couples Fellowship, where I am the Chairman to this Fellowship.

**Summary of achievements**

- ❖ Established Vision Mission and Core values for the fellowship
- ❖ Established a strategic plan for the couples fellowship for the year 2018-08-04
- ❖ Planned for major activities that have involved the church including Couples game drive, Special couples weekend away, Couples hike, Couples breakfast and Yearly MOM conference.

**IX Referees:**

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